

## Sunday, September 29, 2024

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### MINII ADVENTURES MOUNTAIN BIKE SKILLS CLINICS – Intro to Drops

Date and Time: Sunday, September 29 10:00 am - 12:30 pm

Address: 722 Chalk Lake Rd, Uxbridge

Elevate your mountain biking experience with our focused Minii Mountain Bike Skills Clinics!

Designed for intermediate-level riders aiming to level up their mountain biking skills, each Clinic is an intensive session focused on a specific skill, maneuver, or obstacle. By concentrating on one element at a time, you can effectively learn, refine, practice, and consolidate the necessary techniques to enhance your confidence, safety, and enjoyment on the trails.

Each Clinic begins with a refresher on the fundamental skills essential for the session ahead. This includes addressing and correcting bad habits in areas such as body positioning, bike-body separation, wheel lifts, hops, timing, and coordination. Once the fundamentals are solidified, we'll shift gears to focus on the primary skill area. Using our proven curriculum, we'll roll through step-by-step drills on our portable ramps, obstacles, or applicable trails to ensure comprehensive skill development.

#### What's Included in Each Clinic:

- ✓ Focused Learning. Each Clinic targets a specific skill, maneuver, or obstacle, allowing for in-depth instruction and practice.
- ✓ Learn from experienced and passionate instructors dedicated to helping you progress.
- ✓ Small Group Sizes to ensure a safe, effective, personal learning experience.
- ✓ Personalized Feedback, post-class notes for future practice and continued progression & video analysis.
- ✓ Complimentary drinks and snacks and après

#### The Details:

Sun, Sept. 29 | 10 - 12:30pm | **Intro to Drops**

Available for: Riders ages 19+

Investment: \$124+ HST

Skill Level: [Vanilla Sprinkles](#) | [Boston Cream](#) | [Jelly](#) | [Maple Bacon](#)

[\*\*Learn More & Save Your Seat Here\*\*](#)

## Truth & Reconciliation Day

Date and Time: Sunday, September 29 12:00 pm - 4:00 pm

Address: 1450 Simcoe Street South, Oshawa

The Oshawa Museum commemorates Truth and Reconciliation Day (Orange Shirt Day) on Sunday, September 29, from 12 to 4 pm. Robinson House will only be open on this day.

- Visit A Carrying Place and learn more about the Indigenous history of this area.
- Participate in the Moccasin Identifier Project by painting a moccasin stencil.

## Beginner Sourdough Workshop

Date and Time: Sunday, September 29 2:00 pm - 4:30 pm

Address: 270 Simcoe Street North, Oshawa

Ever been interested in making your own Sourdough bread?

Take the first steps on your sourdough journey as you join Melina, from Sourdough Simplified, in this beginner workshop. You will learn how to maintain your starter as well as make your own loaf, ready to bake the next day!

You will receive a booklet with detailed, step by step instructions and recipes, as well as a fresh sourdough starter, dehydrated starter, bowl, dough, proofing basket, scoring blade and notebook.

You will have an opportunity to sample sourdough bread, chocolate bread and focaccia.

Come join us as you learn a new skill in a fun, relaxed environment.

Ages 13+

## Chilliwack - Canadian Legends

Date and Time: Sunday, September 29 7:30 pm - 9:30 pm

Address: 50 King St E, Oshawa

Presented by: Blackrose Entertainment in Association with Regent Theatre

Rising out of the ashes of psychedelia in 1969, Canada's legendary CHILLIWACK released 12 albums over a 15 year period producing numerous Canadian and international hits including "Lonesome Mary", "Fly At Night", & "California Girl" in the 70's; and "My Girl (gone gone gone)", "Whatcha Gonna Do" in the 80's. All this work led to fifteen gold and platinum certifications, a host of awards, high profile TV appearances and coliseum concert tours. Chilliwack's reputation for consistently powerful shows continue. Bill Henderson and the band are rocking like never before. Hearing the revitalized Chilliwack of today is like hearing those songs for the first time... all over again.

-THE HIT LIST-

My Girl (Gone Gone Gone) • I Believe • Crazy Talk • Lonesome Mary • Watcha Gonna Do Secret Information • Lean On Me • Fly At Night • Baby Blue • Arms Of Mary • Raino • Don't Stop • Something I Like About That •

Come On Over • Something Better • California Girl Never Be The Same • Trial By Fire • Guilty • Don't Want To Live For A Living • On The Road To Paradise • Who's Winnin' • Got You On My Mind • Are You Really Gonna Walk Out

Recommended Age: 14+

Age Restriction: 7+

## **Tuesday, October 1, 2024**

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### **Planning and Economic Development Committee Meeting**

Date and Time: Tuesday, October 1 9:30 am

## **Wednesday, October 2, 2024**

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### **Works Committee Meeting**

Date and Time: Wednesday, October 2 9:30 am

### **Transit Executive Committee Meeting**

Date and Time: Wednesday, October 2 1:30 pm

## **Thursday, October 3, 2024**

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### **Health and Social Services Committee Meeting**

Date and Time: Thursday, October 3 9:30 am

### **Meet Up Mash Up for Autistic Adults**

Date and Time: Thursday, October 3 10:00 am - 3:00 pm

Address: 95 Magill Drive, Ajax

Drop in from 10 - 3pm for games & crafts

Multi-sport in the gym from 12:15 - 1:30

Group swim 1:30 - 2:30

\*For Adults 18 + and your families to get out of the house, active, and connected to a supportive community.

\$100 annual fee

[Become a member by clicking here](#)

## Durham Active Transportation Committee Meeting

Date and Time: Thursday, October 3 7:00 pm

## Friday, October 4, 2024

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### Guided hike with the Oak Ridges Trail Association - Uxbridge

Date and Time: Friday, October 4 9:15 am - 12:30 pm

Address: GPS 44.0394862,-79.0892224

ORTA Map 5; hike distance 10-12 km; 2.5-3 hrs; moderate-fast pace; hilly. Sturdy footwear and poles recommended.

Thirty-two years ago in the [first edition of ORTAs Newsletter \(September, 1992\)](#), there was the following notice 'All members and non-members of Citizens for an Oak Ridges Trail (CORT) are invited to participate in a hike on the Oak Ridges Moraine. The hike will last approximately 3 hours. We will be hiking in the area south of Uxbridge on the site of CORT's first proposed trail section. The area is a good example of the unique moraine environment and should be of interest to all. Interested hikers should meet in a parking area on the 7th Concession, south of Durham Road 21...'

While I won't be able to recreate that exact hike 32 years ago, we will be in the general area. I plan for us to hike on ORTA main and side trails.

Non-members are required to contact the hike leader by 6 pm the day before to discuss the hike in advance.

Meet at the parking lot on west side of Uxbridge Conc. 7, 2 km south of Goodwood Rd./Durham Rd.

Please note that this is a pay parking lot #106. Where possible, hikers are encouraged to carpool from alternate locations with fellow hikers to reduce parking fees. Uxbridge residents are not required to pay for parking but are still required to register for a 'No-Charge Special Permit'. Please read the details in advance of the hike regarding the Uxbridge parking system can be found at [Permit Parking - Trail Sustainability - Township of Uxbridge](#).

Arrive at 9:15 for a 9:30 start

Karen Graham, 289-356-7366 (text or call)

### Virginia to Vegas with Alex Porat

Date and Time: Friday, October 4 7:00 pm - 11:00 pm

Address: 39 King Street East, Oshawa

Virginia to Vegas brings his Greatest Hits tour to Oshawa with special guest Alex Porat.

Presale begins Monday, July 8 @ 10:00 AM local (pw: MODO). General on-sale begins Tuesday, July 9 @ 10:00 AM local: <https://found.ee/VirginaToVegas-OSH>

## Steve Strongman Presented by Music by the Bay Live

Date and Time: Friday, October 4 8:00 pm - 11:00 pm

Address: 301 Watson Street W., Whitby

JUNO Award-winning Canadian bluesman Steve Strongman is a versatile talent. By constantly pushing himself in new directions, he has kept himself vital. His talent is huge and impossible to miss, and it's matched by his staggering musical ambition — as guitar slinger, songwriter or vocalist. Bring your dancing shoes!

## Saturday, October 5, 2024

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### Duffins Trail parkrun

Date and Time: Saturday, October 5 9:00 am - 10:15 am

Address: Kingston Rd W & Elizabeth St, Ajax

A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate – it's up to you!

The event takes place at Duffins Trail (we start near the parking lot), Elizabeth St & Old Kingston Rd, Ajax, ON L1T 2W8

Please follow the website link to register and obtain a barcode (this is VERY easy!)

### History in the Park

Date and Time: Saturday, October 5 11:00 am - 3:00 pm

Address: 900 Brock Street South, Whitby

Artifact exhibits, special guest displays, historic skills demonstrations, hands-on activities, museum tours, and more!

Fun for all ages!

### Durham Craft Beer Festival

Date and Time: Saturday, October 5 1:00 pm - 7:00 pm

Address: Children's Arena, 155 Arena St., Oshawa

Durham's original Craft Beer Festival, since 2013.

Under new local ownership since 2021, the Durham Craft Beer Festival continues the traditions and love of Craft Beer, bringing some of Ontario's best Craft Breweries to a sampling event at Children's Arena, 155 Arena St

., Oshawa.

From local Durham favourites to premium Craft Brewers from across the province, come and sample what's brewing in Ontario. Ontario Ciders and Distillers may also be on the menu for non-beer drinkers.

Local Food Trucks. Local entertainment. Game Zone.

Saturday October 5, 2024

1:00 pm to 7:00 pm

Additional sample tokens available for cash purchase on site, \$3 per token.

4 ounce samples in your collectable souvenir glass.

ATM on site.

Visit our website for a list of attending breweries. Website updates often as brewers are confirmed.

This is a 19+ event.

Supporting Oshawa's 100th anniversary celebrations

## **Chris Saunders and Friends**

Date and Time: Saturday, October 5 7:00 pm - 9:00 pm

Address: 59 Toronto Street S, Uxbridge

St Paul's Anglican Church presents Music At St Paul's, featuring Chris Saunders and Friends, a folk roots quartet featuring original music plus popular songs by other artists. Guitars, bass, harmonica, banjo, lap steel and vocal harmony. Tickets \$ 15 at the door.

## **Battle Rock at the Biltmore Theatre**

Date and Time: Saturday, October 5 7:00 pm

Address: 39 King Street East, Oshawa

Bands! Battles! Beers! Battle Rock is BACK, and coming to The Biltmore Theatre. MOSHAWA, are you ready for a night of no ring/no rules wrestling slammed between awesome live bands (starring M'Grasker, and more TBA!). and an epic drag performance to kick things off? That's basically three shows smashed into one ticket price, how can you pass that up?

Saturday October 5th 2024

Doors 7PM

Show 8PM

General Admission Standing Capacity

Age restrictions: 19+

<https://calendar.durham.ca>