

## Sunday, March 1, 2020

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### Walk to Remember

Date and Time: Sunday, March 1 9:15 am - 12:00 pm

Address: Whitby Mall, 1615 Dundas St E, Whitby, ON

Let's walk together. Let's walk as one.

Bereaved Families of Ontario – Durham invites Durham Region members to join their annual “Walk to Remember” fundraising event. This year the walk will take place on Sunday, March 1, 2020, from 9.15 a.m. to 12 p.m. at the Whitby Mall.

### Sunday FUNday - Learn Cursive Writing

Date and Time: Sunday, March 1 12:00 pm - 4:00 pm

Address: 1450 Simcoe Street South

Handwriting is becoming something of a lost art, but we can teach you! Learn cursive handwriting just as a Victorian child would have, using pen & ink. Examine handwriting and drawing books that real kids used in the 1900s.

## Tuesday, March 3, 2020

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### Planning and Economic Development Committee Meeting

Date and Time: Tuesday, March 3 9:30 am

## Wednesday, March 4, 2020

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### Export Readiness – Focus on the United States

Date and Time: Wednesday, March 4 9:00 am - 12:30 pm

Address: Region of Durham Headquarters, 605 Rossland Road East, Whitby ON, Meeting Room 5J, Fifth Floor

Did you know that on average, companies that export have sales 18 times greater than non-exporters? **Export Readiness** seminars help you take a strategic approach to growing your business worldwide.

These free seminars will provide a hands-on, practical learning experience from industry experts to show you how to take full advantage of the business opportunities offered by exporting. These seminars will cover:

- key opportunities and cultural aspects of doing business in the **United States**

- how to finance your international business expansion
- how to get your goods and services into market
- support services available to you as an exporter

To sign up, [click here](#).

## **(Course full) Food Safety Training & Certification**

Date and Time: Wednesday, March 4 9:00 am - 4:30 pm

Address: Regional Municipality of Durham Headquarters - Room 1G, 605 Rossland Road East, Whitby

One out of three Canadians will get sick from food this year. The cause is often mistakes made by food industry workers, who are responsible for preventing these illnesses. Education is an effective way to prevent illness.

A one-day course is taught by a public health inspector. A written exam is taken at the end of the course. Participants who pass the exam will get a Food Safety Training Certificate and laminated wallet card.

[Course details, registration and payment details.](#)

## **Works Committee Meeting**

Date and Time: Wednesday, March 4 9:30 am

## **Transit Executive Committee Meeting**

Date and Time: Wednesday, March 4 1:30 pm

## **Hoot and Howl at Altona Forest**

Date and Time: Wednesday, March 4 6:30 pm - 8:30 pm

Address: 470 Kingston Rd, Pickering, ON L1V 1A5

Join us for a night of fun and adventure! Enjoy a short indoor presentation on owls and coyotes followed by a trip into the woods. Together we will call out to these wild creatures in hopes they will hoot or howl back!

Hike Distance: 1 km

Difficulty: Easy

Trail Surface Type: Natural

Age Range: Family Friendly (recommended for children ages 7 and up)

Meeting Place: George Ashe Community Centre

Parking and washrooms are available at the meeting site. This event will take place rain, snow or shine. Please dress for the weather, including layered clothing and winter boots. You will be notified if the hike needs to be cancelled due to extreme weather.

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## **Thursday, March 5, 2020**

## Health and Social Services Committee Meeting

Date and Time: Thursday, March 5 9:30 am

## CLASSIC MOVIE NIGHT - RAIDERS OF THE LOST ARK

Date and Time: Thursday, March 5 7:30 pm - 9:30 pm

Address: 50 KING ST. E OSHAWA

### CLASSIC MOVIE NIGHTS FIRST THURSDAY OF EACH MONTH

THURSDAY, MARCH 5, 2020 7:30 PM - RAIDERS OF THE LOST ARK (1981)

Starring: Harrison Ford, Karen Allen, Paul Freeman

*PG / 1h 55min / Action, Adventure*

In 1936, archaeologist and adventurer Indiana Jones ventures to find the Ark of the Covenant before his enemy Rene Bell oq and a band of Adolf Hitler's Nazis can obtain its awesome powers.

Admission \$5.00 (Cash at Door) All Children & Students **FREE** - Children must be accompanied by an Adult (High School, College and University students please show student ID)

**Recommended Age: 14+**

**Age Restrictions: 7+**

Door Prizes!

Cash Concession Available

Fill out a ballot for future movies

## Friday, March 6, 2020

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## Rainbow Classic Gymnastics Competition

Date and Time: Friday, March 6 8:00 am - 7:00 pm

Address: 1503 Sandy Beach Rd

AIM Gymnastics is proud to welcome over 300 athletes for the 2020 Rainbow Classic Level 1-5, XCEL and showcase competition.

Join us for a weekend of outstanding gymnastics, vendors, awards and more.

Single Day Admission

Adult \$8.00

Student/Senior \$5.00

Child \$3.00

Family \$20.00

\*Discounts available for multi-day passes!

## Oshawa Home Show

Date and Time: Friday, March 6 3:00 pm - 8:00 pm

Address: 99 Athol St E.

Metroland Durham Region Media Group is hosting the 2020 Oshawa Home Show at the Tribute Communities Centre.

Over 80 vendors will be showcasing their products and services, including landscaping, windows and doors, financial services, hot tubs, realtors, contractors, decks, garage doors and much more! Get an early jump on your spring 'to do' list.

Admission is FREE with the donation of a non-perishable food item in support of 'Feed the Need in Durham.' [For more information, visit durhamtradeshows.ca](#).

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## 2020 Spring Home Show

Friday, March 6, 2020      3:00pm - 8:00pm

Saturday, March 7, 2020    10:00am – 5:00pm

Sunday, March 8, 2020    10:00am – 4:00pm

## Saturday, March 7, 2020

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### Rainbow Classic Gymnastics Competition

Date and Time: Saturday, March 7 8:00 am - 6:00 pm

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Saturday, March 7, 2020 10:00am – 5:00pm

Sunday, March 8, 2020 10:00am – 4:00pm

### Durham Youth Orchestra Winter Concert

Date and Time: Saturday, March 7 7:30 pm - 9:30 pm

Address: Salvation Army Temple, 570 Thornton Rd. N., Oshawa

Tickets \$20. Available on the website or at the door.

Children in grades 8 and under are admitted free of charge.

Musicians 21 years of age and under are invited to audition.

John Beaton, Music Director

Featured works:

Mozart's Marriage of Figaro Overture

Vivaldi's Spring Concerto from the 'Seasons' with DYO violinist, Samantha Cardwell, as soloist

Beethoven's Piano Concerto No. 3 in C minor with grade 12 student, Aleksander Kats, as guest soloist

## Sunday, March 8, 2020

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### At the Opera with Durham Chamber Orchestra

Date and Time: Sunday, March 8 2:30 am - 4:15 pm

Address: Forest Brook Community Church

Durham Chamber Orchestra with Music Director Carlos Bastidas presents 'At the Opera.' Enjoy an afternoon of music as your favorite operatic selections explore drama, passion, jealousy and love through the music of history's best loved operas, Carmen, La Boheme, Rigoletto, La Traviata & more. Guest artists, vocalists Kristine Dandavino & Kijong Wi. Music lovers & opera lovers, both, will recognize these popular pieces from film, social media and tv

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Sunday, March 8, 2020    10:00am – 4:00pm

### Snowshoes and Snowclues

Date and Time: Sunday, March 8 1:00 pm - 3:00 pm

Address: Claremont Nature Centre

Discover the wonders of winter wildlife! Join us to track and identify signs of local animals, and learn some of their secrets for surviving chilly winter temperatures. Try out snowshoeing and leave behind tracks of your own!

Snowshoes will be provided. In the event of a snow-free day, join us for a winter walk through the woods.

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Family \$20.00

\*Discounts available for multi-day passes!

## Tuesday, March 10, 2020

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### Canadian Women in Cybersecurity

Date and Time: Tuesday, March 10 7:30 am

Address: The Westin Harbour Castle - 1 Harbour Square, Toronto, ON M5J 1A6



Bringing diversity in the cybersecurity workforce by educating and inspiring women from all walks of life and all generations. Come and learn from the leaders who broke the glass and paved the way for the rest of us to be able to lead and excel in cybersecurity. From career development to inspiring keynotes, from IoT to best practices in cybersecurity and even hacking demos. We look forward to seeing you there!

### **Finance and Administration Committee Meeting**

Date and Time: Tuesday, March 10 9:30 am

### **Durham Agricultural Advisory Committee Meeting**

Date and Time: Tuesday, March 10 7:30 pm

## **Wednesday, March 11, 2020**

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### **Committee of the Whole Meeting**

Date and Time: Wednesday, March 11 9:30 am

## **Thursday, March 12, 2020**

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## Durham Advisory Committee on Homelessness

Date and Time: Thursday, March 12 2:00 pm - 4:00 pm

## Durham Environmental Advisory Committee Meeting

Date and Time: Thursday, March 12 7:00 pm

## Friday, March 13, 2020

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### Hack For Good 2020 - Body Hack Hackathon

Date and Time: Friday, March 13 9:00 am



### Body Hack 2020

This event has been postponed. For more information, visit our [Website](#).

### Manny Blu

Date and Time: Friday, March 13 7:00 pm - 10:00 pm

Address: 394 Simcoe St S, Oshawa, ON L1H 4J4, Canada

Country singer Manny Blu is going on tour and playing at The Whiskey Well!

## Saturday, March 14, 2020

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## Oshawa ComiCon

Date and Time: Saturday, March 14 10:00 am - 4:00 pm

Address: 1661 Harmony Rd. N

Oshawa ComiCon ! \$5 Admission!!

When: Saturday March 14 from 10am to 4pm.  
Saturday December 12 from 10am to 4pm.

Where: Delpark Homes Centre  
1661 Harmony Rd N,  
Oshawa, ON L1H 7K5

Admission : \$5 for Adults . Children 12 and under are Free !!

Caregivers of special needs persons are also free

TICKETS : Online (Eventbrite) & at the door. Cash Only at the door. If you purchase your ticket online you will get a limited edition comic free at the door.

FOOD DONATIONS : Please bring canned food for your local community food bank and get entered to win some fun prizes. One raffle ticket will be given for each can of food.

The following items are in high demand and you will get double tickets for bringing in any of the following : SOAP, TOOTHPASTE, TOOTHBRUSH, SHAMPOO, DIAPERS, BABY FOOD, PET FOOD, CONDIMENTS, PEANUT BUTTER, INSTANT RICE,

VENDORS : A variety of vendors will be selling comic books, new & vintage toys, jewelry, DVD's, anime, manga, prints, and a variety of other awesome geek stuff .. among other things! There will even be some Artists present with their own art and comics. Visit their booths and get some unique items and even some free autographs!! Also ~ some vendors will be buying. Bring your unwanted comic books , toys, video games and anything else you are looking to clear out and go home with some extra cash!!

COSPLAY : Cosplay is always encouraged! (Please check our website for rules & regulations)

Tell your friends and come join us for a day of fun at Oshawa's one and only Comicon!

~~ SHARE THIS WITH YOUR FRIENDS ~~

## SAINT PATRICK'S CELEBRATION • BARRY CANNING SINGS NEIL DIAMOND HITS

Date and Time: Saturday, March 14 8:00 pm - 10:00 pm

Address: Regent Theatre - 50 King Street East, Oshawa ON

Irish reels “Molly on the Shore” and “Temple Hill”, Gems of Ireland and Fantasia on "Greensleeves" are befitting works for the ancient Irish holy celebration. Guest Maestro Greg Hawco commands the stage for a return engagement. Completing this cultural celebration are Canadian Irish descendants: the Barry Canning Band presenting selected hits of Neil Diamond.

A program that is filled with eye-watering, heartfelt and rousing music celebrating the Emerald Island.

Neil DIAMOND	Barry Canning (vocalist) and band with OP strings
Percy Aldridge GRAINGER	Molly on the Shore (Two Irish reels, "Temple Hill" and "Molly on the Shore")
Victor HERBERT	Gems of Ireland
Ralph VAUGHAN WILLIAMS	Fantasia on "Greensleeves"
Neil DIAMOND	Barry Canning (vocalist) and band with OP strings

### Intermission

Gustav HOLST	Saint Paul's Suite
Neil DIAMOND	Barry Canning (vocalist) and band with OP strings

For tickets: [tickets.regenttheatre.ca](https://tickets.regenttheatre.ca) OR 905-721-3399 x2 OR <https://www.ontariophil.ca/program-4.html>

## Monday, March 16, 2020

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### **\*\* CANCELLED\*\* Land Division Committee Meeting**

Date and Time: Monday, March 16 9:00 am - 4:30 pm

## Thursday, March 19, 2020

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### **Durham Storytellers Celebrate World Storytelling Day**

Date and Time: Thursday, March 19 7:00 pm - 9:00 pm

Address: 150 Beatrice St., Oshawa ON

Durham Storytellers Celebrate World Storytelling Day (WSD) with the theme VOYAGES at our monthly gathering on March 19th at 7 pm. Storytelling for Everyone. Come Listen, Come Tell, Catch the Magic!

Adults welcome.

World Storytelling Day is an annual, global celebration of oral storytelling in Canada and around the world near the spring equinox.

Durham Storytellers meet on the third Thursday of each month to share the artform of oral storytelling and hone skills. Check out our website for more WSD events and information, including our 30th anniversary StoryFest festival from April 29 - May 9th. [www.durhamstorytellers.com](http://www.durhamstorytellers.com)

## Friday, March 20, 2020

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## **\*\*CANCELLED\*\* Durham Region Roundtable on Climate Change Meeting**

Date and Time: Friday, March 20 1:00 pm - 3:00 pm

## **Tuesday, March 24, 2020**

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### **\*\*CANCELLED\*\* Accessibility Advisory Committee Meeting**

Date and Time: Tuesday, March 24 1:00 pm

### **\*\*CANCELLED\*\* Transit Advisory Committee Meeting**

Date and Time: Tuesday, March 24 7:00 pm

## **Wednesday, March 25, 2020**

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### **Special Regional Council Meeting**

Date and Time: Wednesday, March 25 9:00 am

### **\*\*CANCELLED\*\* Ready, Set, Grow**

Date and Time: Wednesday, March 25 9:30 am - 1:30 pm

Address: EarlyON CFC Port Perry, R.H. Cornish Public School, 494 Queen Street, Port Perry

## **Do you have questions about your child's development, learning or speech?**

Attend a free drop-in for parents and caregivers of children birth to six years old. Bring your children and ask questions about learning, development and behaviour. Professionals from agencies will be present to answer your questions.

### **Reset Your Mindset & Pandemic Proof Your Business (BACD)**

Date and Time: Wednesday, March 25 9:30 am - 11:00 am

Address: Webinar

Among the chaos and uncertainty there has never been a better time than NOW to RESET YOUR MINDSET. Let's get you REFOCUSED and set a POSITIVE EMOTIONAL TONE for your business and everyone around you.

### **Regional Council Meeting**

Date and Time: Wednesday, March 25 9:30 am

## Free BDC Webinar: How to cope with the impacts of COVID-19 on your business

Date and Time: Wednesday, March 25 12:00 pm

Address: Online

The spread of COVID-19 poses important challenges to Canadian businesses. With the situation constantly evolving, you need to be prepared for any disruptions. Join BDC experts as they share short-term economic perspectives and advice on how to manage through the crisis.

### Who should watch?

- Every Canadian entrepreneur



### Pierre Cl  roux

#### Vice President, Research and Chief Economist

Pierre Cl  roux leads a team of experts who analyze economic data to identify business and sector trends impacting Canadian entrepreneurs. Mr. Cl  roux is also responsible for providing economic analysis and advice to the Bank's senior management team, and supervises all marketing and industry research activities. Over his 25-year career as an economist, he has held several influential positions that had a direct impact on entrepreneurs in Canada and abroad. A seasoned speaker, he regularly travels across the country to help business owners understand the risks and opportunities presented by the economic environment.

[Watch webinar here.](#)

## Cancelled- Durham Water Week Movie Screening - Brave Blue World

Date and Time: Wednesday, March 25 7:00 pm

Please note: this event has been cancelled.

## Thursday, March 26, 2020

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### How to Create Opportunity in Business during Uncertain times (BACD)

Date and Time: Thursday, March 26 12:00 pm - 1:00 pm

Address: Webinar

During this crisis, how can we bulletproof our businesses during these uncertain times, and find opportunity in this challenge? Join this free webinar and learn how to find opportunity in your business and to create a short-term contingency plan.

## Free Virtual Event: Outlook 2020 (Canadian Club Toronto)

Date and Time: Thursday, March 26 12:00 pm - 1:00 pm

Address: Webinar

Every forecast for 2020 has already gone into the shredder. Experts can barely predict a week out, let alone a month. But it remains crucial to keep on top of the latest developments, and to find the right balance between planning for the future, and reacting quickly to the present.

## BDO Webinar: Cash Flow strategies and Government Incentives in the time of COVID-19

Date and Time: Thursday, March 26 12:30 pm - 1:30 pm

Address: Online

The spread of COVID-19 has forced companies to adapt quickly and decisively. Tried-and-true income sources are now at risk, and businesses seek new revenue streams to fund operations. But finding new business remains a challenge in the short term for many companies. How can businesses meet their payroll and other operating expenses?

This webinar offers immediate steps you can take to manage your cash flow during this challenging time. Focusing on tax measures and government programs, it is designed to help you uncover the liquidity options hidden in your business.

You will learn:

- How to choose the right government programs to support your business
- How international tax planning offers immediate relief
- How to recover more sales tax from the CRA
- How to lower your income tax instalments

[Register for the webinar here.](#)

## **\*\*CANCELLED\*\*** Durham Active Transportation Committee Meeting

Date and Time: Thursday, March 26 7:00 pm

## Communicating in Quarantine: Tips to Encourage Mental Wellness in Close Quarters

Date and Time: Thursday, March 26 7:00 pm

Address: Webinar

All over the country, families, communities, schools, and workplaces are facing feelings of isolation and challenges with communicating with others as a result of widespread campus and workplace closures; individuals balancing multiple responsibilities in a shared space with each other and other family members or roommates; colleagues, students, faculty, and administrators continuing their work through online formats; and members of the community working to support their most vulnerable neighbors while practicing physical distancing. This webinar, led by Active Minds, will share easy, practical ways we can start supporting each other better right now through active listening.

## Monday, March 30, 2020

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### Conference for People 55+ in Durham Region

Date and Time: Monday, March 30 9:30 am - 3:00 pm

Address: Audley Recreation Complex-Community Room

This conference, aptly titled 'Let's Get Set to Reconnect,' aims to teach older adults the benefits of maintaining their social and professional connections as they age. An accomplished group of speakers talk on: The Benefits of Social Media for 55+, How to Connect to the Durham Community, SPICE (a program for senior entrepreneurs) and How Staying Socially Connected Could Help You Live Longer. Register for this *free event* by email at [education-projects@ossco.org](mailto:education-projects@ossco.org) or call 416-785-8570. Conference includes a light lunch with registration.

### Information Session on BACD's Programs and Services to help you

Date and Time: Monday, March 30 3:45 pm - 4:30 pm

Address: Webinar

Learn more about Durham Region's Small Business Centre!

BACD is a not-for-profit organization located in Durham Region. We are the Go-To Resource for businesses here! Whether starting up or growing we can help!

We are one of 54 Small Business Centres in Ontario. We provide Business Advisory Services, Business Development Training, Entrepreneurial Funding and Networking Opportunities for Start Up and Existing Businesses.

In this session you will learn:

- BACD programs
- BACD Services
- Resources to support business owners

Important:

Upon registration you will be sent a ZOOM link to join the meeting. Please log on at 3:30pm, so that we can check everyone in and start on time.

## Tuesday, March 31, 2020

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### Driving Traffic Using Social Media

Date and Time: Tuesday, March 31 9:30 am - 12:00 pm

Address: Webinar

Everyone is spending time on social media now more than ever.

It's the hangout spot for people to chat with their family & friends and get the latest updates on their favourite TV shows. It's also a place for you to attract new customers to your brand.

In this workshop you will learn:

1. Creating a buyer journey on social media
2. Aligning your online brand with your offline brand
3. Creative tactics to increase your traffic
4. What type of content to post



About The Presenter:



Orzala Quddusi is the CEO and founder of [Make it Happen Services](#) specializing in social media marketing services. She began her journey earning a post-secondary diploma in Business Administration, followed by earning herself a Bachelors of Commerce degree. Orzala saw the need many entrepreneurs had for a wide range of services. With that in mind she developed Make it Happen Services. Additionally, Orzala is an active member of Ajax Pickering Board of Trade.

## Resource Management: Navigating The Impact On Canadian Businesses

Date and Time: Tuesday, March 31 1:00 pm - 2:00 pm

Address: Webinar

As the world continues to respond and follow the Coronavirus (COVID-19) outbreak, one of the most common questions we're receiving is, "What is the government providing to support Canadian businesses affected by COVID-19?" The government's responsive actions evolve each day and we are watching closely for business funding stimulus in response to COVID-19. Sandbox, in partnership with Mentor Works, invites you to join a FREE webinar that will help you navigate through the available resources and funding opportunities that your business can leverage during these unprecedented times. During this webinar, Mentor Works will share information on resources that are available to support your business and where Mentor Works may be able to assist in terms of accessing available government funding incentives. Webinar Takeaways • Resources and services are available for financial support • Actions Mentor Works is taking to monitor the impact of the virus • What the virus outbreak's impact on the global economy means for Canadian organizations • Government funding programs and organizations accepting applications

## DIY Video Marketing Essentials

Date and Time: Tuesday, March 31 1:00 pm - 2:00 pm

Address: Webinar

Angela is going to walk you through the steps on creating your own short videos for social media, along with some tips and tricks on making your videos connect with your clients and community, not just "communicate" with them.

In a world where we have never been physically so far apart from each other, being able to connect online is more important than ever.

Key takeaways will be:

- 5 Steps to a more professional looking video "Lights, Camera, Sound"
- How to connect with your audience, not just communicate
- How to share your passion without selling
- How to sell without selling

### About the Presenter

As a video producer and content creator for over 15 years, Angela and her team at Video Power Up have turned the video production world upside down, sharing a revealing all the secrets on how to get professional looking video using your smartphone.

<https://calendar.durham.ca>