

Sunday, July 28, 2024

Motor City Cat Show & Feline Agility

Date and Time: Sunday, July 28 9:00 am - 4:30 pm

Address: Iroquois Park Sports Centre - 500 Victoria Street West, Whitby

Saturday 9-3:00pm

Sunday 9-4:30pm

Welcome to the Motor City Cat Show & Feline Agility! Get ready for a purr-fect day filled with adorable felines and exciting agility competition. Join us at the Iroquois Park Sports Centre for a day of fun and cuteness overload. Watch as these agile kitties navigate through obstacles with grace and precision. Whether you're a cat lover or just looking for some entertainment, this event is sure to delight. Don't miss out on the chance to witness some incredible felines! We also will have a vendor market place for everything feline!

Tickets are available at the door - CASH ONLY

Tickets can be purchased using debit/credit via the [online tickets](#)

When cashing out select "other" for donation amount and put in \$0 to avoid any fees

<https://www.zeffy.com/en-CA/ticketing/bc371a37-0967-47e7-9d42-1dcf28db4362>

Live History Shows 10th Anniversary Show at Lynde House

Date and Time: Sunday, July 28 1:00 pm - 7:00 pm

Address: 900 Brock Street South, Whitby

We at Live History Shows are very pleased to announce our Special Live History 10th Anniversary Performance, which will take place on July 28th, 2024 at our residency venue of Lynde House Museum (operated by the Whitby Historical Society) located at 900 Brock Street South, Whitby, Ontario L1N 4L6.

Tickets are by donation and seats need to be reserved. To reserve, contact Lynde House (info@lyndehousemuseum.com or 905-665-3131).

The performances will be held at 1:00pm, 4:00PM, and 6:00 PM on July 28, 2024

Show description for Mary's Odyssey:

Attention Gentlefolk! The owner of this Manor wishes to cordially invite you to help solve a long standing mystery, stepping back in time to experience history as it unfolds before your very eyes!

Come join the young assistant, Mary as she takes you on a tour of the historic house. Using Homer's The Odyssey as the cipher, we present you a unique experience, as the audience assists Mary in solving a long-hidden mystery, leading to a treasure. The show is a journey back to a time when the house was alive with the past. The audience will experience much about love, loss and honor while being guided through by the one set of eyes that has seen all in this home.

Stranger Sings! The Parody Musical

Date and Time: Sunday, July 28 2:00 pm - 4:00 pm

Address: 50 King St E, Oshawa

Presented by: Mansfield Entertainment

CANADIAN PREMIERE & PRE-TORONTO RUN

HAVE AN UPSIDE DOWN ADVENTURE WITH US!

Take a trip back to Hawkins, Indiana: 1983... when times were simpler, hair was bigger, and unsupervised children were getting snatched by inter-dimensional creatures. STRANGER SINGS! THE PARODY MUSICAL is a hilarious 'upside down' take on the hit Netflix series - and all its campy 1980s glory.

Join Mike, Eleven, Lucas, Dustin, and the whole Hawkins gang for a night of adventure, thrills, pubescent angst, heavy synth, poor parenting, convoluted love triangles, cheap effects, dancing monsters, and maybe, just maybe... justice for everyone's favorite missing ginger, Barb Holland.

"Go see this screwy, high-camp musical parody of your favorite TV show." - The New York Times

Recommended Age: 10+

Age Restriction: 7+

For More Information On The Canadian Premiere of Stranger Sings! And To Remain Up-To-Date On Future Plans, please visit www.strangersingscanada.ca

Tuesday, July 30, 2024

Chamber Rocks at 5 o'clock (Whitby Chamber)

Date and Time: Tuesday, July 30 5:00 pm - 7:00 pm

Address: The Rumour Mill Bar & Grill! 250 Taunton Rd E, Oshawa

This time we're visiting proud member, The Rumour Mill Bar & Grill!

Grab a beverage and connect with professionals in a casual atmosphere.

Bring your business card for a chance to win a prize!

Wednesday, July 31, 2024

Alzheimer Society of Durham Region Minds in Motion® at Ajax Community Centre

Date and Time: Wednesday, July 31 10:00 am - 12:00 pm

Address: 75 Centennial Rd, Ajax ON

About Minds in Motion®

Minds in Motion® is a social program that incorporates physical and mental stimulation for people with early to mid-stage dementia and their care partners.

Through the Minds in Motion® program, both the person living with dementia and the care partner can benefit from the following:

- Increasing physical activity through gentle group exercise
- Establishing new friendships with others who are living with similar experiences
- Engaging in fun, social activities

How often does the program run and for how long?

These sessions run for two hours, once per week, for eight weeks in locations throughout Durham Region.

Each session combines 45-60 minutes of gentle, easy-to-follow physical activities and 45-60 minutes of fun social activities focused on building personal skills.

Benefits of Participating



The person living with dementia benefits from:

- Improved balance, mobility, flexibility and alertness.
- Increased confidence, and comfort with their own circumstance.
- Mutual support from others facing similar experiences.

"I look forward to attending Minds in motion online every week. You get me moving physically, which has been limited because of the pandemic. I love feeling a part of a group event if it's through a screen. Minds in Motion has helped me turn some lonely days into sunny happy days." — Person living with dementia.

The care partner benefits from:

- An opportunity to focus on their own health and have fun with their partner.
- Seeing the person they are caring for enjoying themselves.
- Mutual support and learning from other care partners.

"I enjoyed participating in both the physical exercise and the social activities. It was wonderful meeting and

getting to know all the participants. A great group! Overall, a great program. We both love coming. Leaders are excellent—always empathetic and great teachers." — Care partner.

"Excelling program—great people, got me out of the house and got a lot of information and communication with other people. I felt more comfortable being here a second time, saw an improvement in my mother—she smiled often!" — Family care partner.

Alzheimer Society of Durham Region Minds in Motion® at Ajax Community Centre

Date and Time: Wednesday, July 31 10:00 am - 12:00 pm

Address: 75 Centennial Rd, Ajax ON

About Minds in Motion®

Minds in Motion® is a social program that incorporates physical and mental stimulation for people with early to mid-stage dementia and their care partners.

Through the Minds in Motion® program, both the person living with dementia and the care partner can benefit from the following:

- Increasing physical activity through gentle group exercise
- Establishing new friendships with others who are living with similar experiences
- Engaging in fun, social activities

How often does the program run and for how long?

These sessions run for two hours, once per week, for eight weeks in locations throughout Durham Region.

Each session combines 45-60 minutes of gentle, easy-to-follow physical activities and 45-60 minutes of fun social activities focused on building personal skills.

Benefits of Participating



The person living with dementia benefits from:

- Improved balance, mobility, flexibility and alertness.
- Increased confidence, and comfort with their own circumstance.
- Mutual support from others facing similar experiences.

"I look forward to attending Minds in motion online every week. You get me moving physically, which has been limited because of the pandemic. I love feeling a part of a group event if it's through a screen. Minds in Motion has helped me turn some lonely days into sunny happy days." — Person living with dementia.

The care partner benefits from:

- An opportunity to focus on their own health and have fun with their partner.
- Seeing the person they are caring for enjoying themselves.
- Mutual support and learning from other care partners.

"I enjoyed participating in both the physical exercise and the social activities. It was wonderful meeting and getting to know all the participants. A great group! Overall, a great program. We both love coming. Leaders are excellent—always empathetic and great teachers." — Care partner.

"Excelling program—great people, got me out of the house and got a lot of information and communication with other people. I felt more comfortable being here a second time, saw an improvement in my mother—she smiled often!" — Family care partner.

Music in the Park

Date and Time: Wednesday, July 31 7:00 pm - 8:00 pm

Address: 800 Brock St S, Whitby

Music in the Park will be returning in 2024 so you can listen live to great music from local musicians. Every Wednesday starting June 26 at 7 p.m. in Rotary Centennial Park until August 14.

Thursday, August 1, 2024

Meet Up Mash Up for Autistic Adults

Date and Time: Thursday, August 1 10:00 am - 3:00 pm

Address: 95 Magill Drive, Ajax

Drop in from 10 - 3pm for games & crafts

Multi-sport in the gym from 12:15 - 1:30

Group swim 1:30 - 2:30

*For Adults 18 + and your families to get out of the house, active, and connected to a supportive community.

\$100 annual fee

[Become a member by clicking here](#)

Family Fun Thursday

Date and Time: Thursday, August 1 10:00 am - 4:00 pm

Address: Scugog Shores Museum Village, 16210 Island Road, Port Perry

Drop in at the Museum every Thursday for some extra fun included with admission. Seek and Find through the village, learn about uses and meanings of flowers and herbs, or play some pioneer games – what will you discover? Programming changes weekly, the Family Fun lineup will be updated shortly before the open season. Pre-registration recommended, visit www.scugog.ca/museum-events for more details.

Music in the Park

Date and Time: Thursday, August 1 7:00 pm - 8:00 pm

Address: 41 Baldwin St, Whitby

Music in the Park will be returning in 2024 so you can listen live to great music from local musicians. Every Thursday starting July 4 at 7 p.m. in Grass Park until August 22.

The Second Wedge Run Club

Date and Time: Thursday, August 1 7:00 pm - 9:00 pm

Address: The Second Wedge Brewing Co., 14 Victoria Street, Uxbridge

Join us every Thursday at 7 pm for an invigorating, friendly run on the roads and trails of Uxbridge, followed by well-earned social time back at the brewery! (Need a little more incentive? Club runners enjoy 15% off beer pours after their run!) FAQ How do I sign up? All participants must sign a waiver before their first outing with the Run Club. SIGN WAIVER HERE. Then, meet out front at the brewery, 14 Victoria Street, Uxbridge, ready to check in and run at 7 pm! How long are the runs? We'll have 5K and 8K routes mapped out, and a leader will head up each group. (We plan to change up the routes about once per month, to keep things interesting and adjust for evening light.) What if the weather's bad? We'll be running rain or shine, in just about every weather! In the rare case that the weather is too hazardous for running, we'll email everyone to let them know. Do I need to be a fast runner? Not at all! Runners of all speeds will be welcome. Can I bring my dog? You're welcome to bring your leashed dog. Please keep your dog by your side at all times so as not to impede other runners, and be prepared with bags to pick up and carry poop until you can discard it in the garbage. Can I run with a jogging stroller? You can, but please note we'll be running on varied terrain in all conditions. If in doubt, please email info@thesecondwedge to confirm the day's route. Can my kid join me? You're welcome to run with your kid, but you'll need to sign a waiver for them, and you must accompany them at all times. No participant under the age of 19 will be permitted to drink alcohol at The Second Wedge Brewing Co., under any circumstances.

Classic Movie Night - Ferris Bueller's Day Off

Date and Time: Thursday, August 1 7:00 pm - 9:00 pm

Address: 50 King St E, Oshawa

CLASSIC MOVIE NIGHTS FIRST THURSDAY OF EACH MONTH

THURSDAY, AUGUST 1, 2024 7:00 PM – FERRIS BUELLER'S DAY OFF (1986)

Starring: Matthew Broderick, Alan Ruck, Mia Sara

PG / 1h 43min / Comedy

Ferris who is a popular high school student decides he wants a day off school and convinces his girlfriend and best friend to accompany him to Chigaco for the day. During their adventure and countless mess ups the high school principal, who is used to his antics, is convinced he is not home sick and is desperate to catch him.

Recommended Age: 10+

Age Restrictions: 6+

*Children must be accompanied by an Adult

*High School, College and University students please show student ID

Door Prizes!

Cash Concession Available

Fill out a ballot for future movies

Friday, August 2, 2024

Yoga in the Garden

Date and Time: Friday, August 2 9:00 am - 10:00 am

Address: 1450 Simcoe Street South, Oshawa

Yoga in the Garden is back! Get your Zen on in the beautiful Henry House Heritage Gardens this summer!

Starting Friday, June 7, at 9 a.m., we're on the mat and ready to flow. Classes are free drop-in one-hour sessions, with donations accepted. All proceeds go to the Oshawa Museum. This series continues every Friday morning, rain or shine, through September (temperatures permitting).

All levels of yogis are welcome! Please bring any props that support your practice. Also, not all yogis enjoy pets and animals during their practice. If you bring a pet, they must always be on a short leash.

To see a complete list of instructors, visit the [Oshawa Museum website](#) or our Facebook page.

About the Oshawa Museum: The Oshawa Museum preserves and promotes awareness and appreciation of Oshawa's history for a diverse audience's education, enrichment and enjoyment. As the only community museum in Oshawa, we take great pride in showcasing our city's history from the earliest First Nation occupation to the end of WWII. The OM is administered by the Oshawa Historical Society, a not-for-profit charitable institution, as an external agency of the City of Oshawa.

Orono Farmers Market

Date and Time: Friday, August 2 2:00 pm - 6:00 pm

Address: End of Centreview Street, Orono

The Orono Farmers Market is back! Opening day is Friday June 14th from 2-6pm. We are located at the north end of the Orono Fairgrounds at the end of Centreview Street. Come visit our truly local farmers market for the best produce, baked goods, handmade items and much more. We will also have special events including; food trucks, entertainment and kid approved fun. See you then.



EVERY FRIDAY | 2-6 PM
NORTH END OF ORONO FAIRGROUNDS

Come visit our truly local farmers market for the best produce, baked goods, handmade items and much more. We will also have special events including; food trucks, entertainment and kid approved fun. See you then



Catch us on Facebook and Instagram

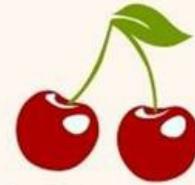


JULY 2024

Orono FARMERS MARKET

Friday July 5 - 2:00pm- 6:00pm

Peameal on a bun + Cherry season begins



Friday July 12 - 2:00pm- 6:00pm

Diana's culinary trailer + lemonaid stand

Friday July 19 - 2:00pm- 6:00pm

Food truck + Animal visitors



Friday July 26 - 2:00pm- 6:00pm

Games, sensory table,
crafts + more!



Located at the end of
Centerview Street at the north
end of the Fairgrounds



Blooms & Brews Sunset Concert ft. The Accolades

Date and Time: Friday, August 2 6:00 pm - 8:30 pm

Address: Beaverton, Ontario

An evening of beautiful sunflower blooms providing a backdrop for some great tunes and locally crafted brews. Tunes provided by the talented funk band The Accolades from Toronto. You will be up on your feet with this band and ready to show off your moves! A selection of beers brewed by Old Flame and tasty snacks from a local food truck vendor will be available to purchase throughout the evening, plus non alcoholic beverages.

To book, visit our website; www.thesunflowerfarm.ca

Saturday, August 3, 2024

Duffins Trail parkrun

Date and Time: Saturday, August 3 9:00 am - 10:15 am

Address: Kingston Rd W & Elizabeth St, Ajax

A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate – it's up to you!

The event takes place at Duffins Trail (we start near the parking lot), Elizabeth St & Old Kingston Rd, Ajax, ON L1T 2W8

Please follow the website link to register and obtain a barcode (this is VERY easy!)

Luxury Picnics & Sunflowers

Date and Time: Saturday, August 3 11:00 am - 4:30 pm

Address: Beaverton, Ontario

What could be more enchanting than a luxury picnic with friends or that special someone, set amongst fields of golden sunflowers? Indulge yourself by booking a table for 2 or join with friends at a table for 4 or 6 people, and let us provide the treats! Each table, situated in our private reserved farm area, may be booked for an hour and a half, with a variety of timeslots and dates available to suit you. Our friendly and discreet farm staff will ensure your table is set ready for you with a variety of savoury and sweet treats, plus non alcoholic beverages, prepared by The Shortiss Cafe, located in Beaverton. We are able to accommodate gluten free and allergy requirements, please note at the time of booking if you have specific dietary requirements. Relax, enjoy, catch up, savour the tastes of the season in luxury style.

More details coming soon.

<https://calendar.durham.ca>