Sunday, August 4, 2024

Market Days

Date and Time: Sunday, August 4 10:00 am - 4:00 pm

Address: Beaverton, Ontario

Immerse yourself in the picturesque beauty of blooming sunflowers as you explore a curated selection of local vendors a nd artisans. You'll discover an array of talented vendors showcasing their unique products; from handmade crafts and jew ellery to locally sourced goods and delicious treats, there will be something for everyone to enjoy! Support local busines ses and find one-of-a-kind treasures while surrounded by the breathtaking scenery of The Sunflower Farm. We only host two Market Days at the farm so make sure to stop by to shop on August 4th and August 18th!

To book, visit our website; www.thesunflowerfarm.ca

Carried Away with Carriages

Date and Time: Sunday, August 4 12:00 pm - 4:00 pm

Address: 1450 Simcoe Street South, Oshawa

We're getting revved up for McLaughlin Day at the Oshawa Museum. Check out our large collection of McLaughlin carriages and cutters that date back to the 1890s. Visitor Hosts will be on hand to answer questions and show you around Henry House!

This is a free event and takes place at the Drive Shed beside Henry House on Sunday August 4, from 12 – 4 pm.

Tuesday, August 6, 2024

Alzheimer Society of Durham Region Support for Care Partners

Date and Time: Tuesday, August 6 1:00 pm - 2:30 pm

Address: 75 Centennial Rd, Ajax, ON L1S 4S4

Support for Care Partners at Ajax Community Centre

An open support group for care partners of individuals living with dementia.

Counsellors help facilitate a supportive environment for participants to learn from each other and connect with others living similar experiences.

Registration is required

Please call or email to register:

905-576-2567 | 1-888-301-1106

intake@alzheimerdurham.com

Kids in the Square - Presented by TD Bank Group

Date and Time: Tuesday, August 6 7:00 pm - 8:00 pm

Address: 55 Bayly St W, Ajax, ON

Pat Bayly Square (55 Bayly Street W.), Ajax's downtown urban hub, will bring a vibrant energy to the community this su mmer with free family-friendly concerts and children's performances.

Kicking off on July 9 and running every other Tuesday evening from 7 to 8 p.m. until August 20, Pat Bayly Square is yo ur kid-friendly Tuesday night free entertainment destination. Kids in the Square features interactive and engaging fun for the whole family.

The snack bar will be open, offering frozen favourites for everyone!

Please Note: Bring a chair. Food is available for purchase. Cash only. Registration is not required.

July 9, 7 - 8 p.m.: Fireside Munsch

July 23, 7 - 8 p.m.: Disney Sing-A-Long - Jessica Towler

August 6, 7 - 8 p.m.: Cuba & Brazil Carnival Experience

August 20, 7 - 8 p.m.: WILDLIFE Detectives - Sopercreek Wildlife

All performances take place rain or shine. Performances will move indoors (Ajax Community Centre - HMS Room) during inclement weather and admission for indoor seating is on a first come, first served basis (180 capacity).

Presenting Sponsor



Java Jolt (Whitby Chamber of Commerce)

Date and Time: Wednesday, August 7 8:30 am - 9:30 am

Address: The Goodberry 55 Baldwin Street, Brooklin

Java Jolts are a great way to connect! Come join us!

Twice a month, join members and non-members for a coffee to discuss business-focused topics which will be posted in advance in the Facebook group.

Alzheimer Society of Durham Region Minds in Motion® at Ajax Community Centre

Date and Time: Wednesday, August 7 10:00 am - 12:00 pm

Address: 75 Centennial Rd, Ajax ON

About Minds in Motion®

Minds in Motion® is a social program that incorporates physical and mental stimulation for people with early to mid-stage dementia and their care partners.

Through the Minds in Motion® program, both the person living with dementia and the care partner can benefit from the f ollowing:

- Increasing physical activity through gentle group exercise
- Establishing new friendships with others who are living with similar experiences
- Engaging in fun, social activities

How often does the program run and for how long?

These sessions run for two hours, once per week, for eight weeks in locations throughout Durham Region.

Each session combines 45-60 minutes of gentle, easy-to-follow physical activities and 45-60 minutes of fun social activities focused on building personal skills.

Benefits of Participating





The person living with dementia benefits from:

- Improved balance, mobility, flexibility and alertness.
- Increased confidence, and comfort with their own circumstance.
- Mutual support from others facing similar experiences.

"I look forward to attending Minds in motion online every week. You get me moving physically, which has be een limited because of the pandemic. I love feeling a part of a group event if it's through a screen. Minds in Motion has helped me turn some lonely days into sunny happy days." — Person living with dementia.

The care partner benefits from:

- An opportunity to focus on their own health and have fun with their partner.
- Seeing the person they are caring for enjoying themselves.
- Mutual support and learning from other care partners.

"I enjoyed participating in both the physical exercise and the social activities. It was wonderful meeting and getting to know all the participants. A great group! Overall, a great program. We both love coming. Leaders are excellent—always empathetic and great teachers." — Care partner.

"Excelling program—great people, got me out of the house and got a lot of information and communication with other people. I felt more comfortable being here a second time, saw an improvement in my mother—she smiled often!" — Family care partner.

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Music in the Park

Date and Time: Wednesday, August 7 7:00 pm - 8:00 pm

Address: 800 Brock St S, Whitby

Music in the Park will be returning in 2024 so you can listen live to great music from local musicians. Every Wednesday starting June 26 at 7 p.m. in Rotary Centennial Park until August 14.

Oshawa Civic Band's Concert in the Park Series

Date and Time: Wednesday, August 7 7:30 pm - 9:00 pm

Address: 110 Simcoe St S, Oshawa

Oshawa Civic Band returns for the summer of 2024 with more delightful concerts at the magnificent R.S. McLaughlin B andshell. We'll be celebrating the 100th Anniversary of the City of Oshawa, life, summer, and more! Come out and enjo y the music with your family and friends, and don't forget to bring your lawn chair!

Movies in the Park

Date and Time: Wednesday, August 7 8:30 pm - 10:30 pm

Address: Palmer Park, 175 Water Street, Port Perry

The Township of Scugog is thrilled to be offering Movies in the Park again this summer.

Join us and enjoy a variety of vendors, play the pre-show trivia with your friends and family and find a cozy spot to snugg le into your chair or blanket for the show.

Where: Palmer Park (175 Water Street)

When: Wednesday, July 24 and Wednesday, August 7, 2024.

Time: Approximately 8:30 p.m. (or when the sun sets!)

Films will be announced in July so stay connected at scugogtourism.ca or follow @twpofscugog on Facebook, Instagra m and X for updates.

Thursday, August 8, 2024

What's Brewing (Oshawa Chamber of Commerce)

Date and Time: Thursday, August 8 9:00 am - 10:00 am

Address: Berry Hill Food Company, 82 KING ST W, Oshawa

Join your Greater Oshawa Chamber of Commerce for an informal coffee and networking event.

Now at Berry Hill (on the back patio)

Meet Up Mash Up for Autistic Adults

Date and Time: Thursday, August 8 10:00 am - 3:00 pm

Address: 95 Magill Drive, Ajax

Drop in from 10 - 3pm for games & crafts

Multi-sport in the gym from 12:15 - 1:30

Group swim 1:30 - 2:30

*For Adults 18 + and your families to get out of the house, active, and connected to a supportive community.

\$100 annual fee

Become a member by clicking here

Family Fun Thursday

Date and Time: Thursday, August 8 10:00 am - 4:00 pm

Address: Scugog Shores Museum Village, 16210 Island Road, Port Perry

Drop in at the Museum every Thursday for some extra fun included with admission. Seek and Find through the village, le arn about uses and meanings of flowers and herbs, or play some pioneer games – what will you discover? Programming changes weekly, the Family Fun lineup will be updated shortly before the open season. Pre-registration recommended, vi sit www.scugog.ca/museum-events for more details.

BACD Start Up Session

Date and Time: Thursday, August 8 2:00 pm - 3:30 pm

Learn the fundamentals of starting a business. Presented by a BACD business advisor.

Herb Harvest at the Uxbridge Historical Centre

Date and Time: Thursday, August 8 5:00 pm - 7:00 pm

Address: 7239 Concession 6, Uxbridge

Come on out to the Uxbridge Historical Centre for an exciting and educational evening! Learn about the local and pionee r herbs that are grown in UHC's Heritage Herb Garden during the herb talk form a local expert, how they can be used in y our own kitchen, and harvest them for yourself!

THE COMPLETE WORKS OF WILLIAM SHAKESPEARE (ABRIDGED) (REVISED) (AGAIN)

Date and Time: Thursday, August 8 7:00 pm

Address: 16210 Island Road, Port Perry

THE COMPLETE WORKS OF WILLIAM SHAKESPEARE (ABRIDGED) (REVISED) (AGAIN)

By Daniel Singer, Adam Long, and Jess Winfield

August 8th – 24th

Director: Andy Massingham

Theatre on the Ridge presents all 37 of Shakespeare's plays – performed in less than two hours! Fast paced, witty, and ph

ysical, it's full of laughter for Shakespeare lovers and haters alike.

Suitable for ages 12+

Music in the Park

Date and Time: Thursday, August 8 7:00 pm - 8:00 pm

Address: 41 Baldwin St, Whitby

Music in the Park will be returning in 2024 so you can listen live to great music from local musicians. Every Thursday st arting July 4 at 7 p.m. in Grass Park until August 22.

The Second Wedge Run Club

Date and Time: Thursday, August 8 7:00 pm - 9:00 pm

Address: The Second Wedge Brewing Co., 14 Victoria Street, Uxbridge

Join us every Thursday at 7 pm for an invigorating, frlendly run on the roads and trails of Uxbridge, followed by well-ear ned social time back at the brewery! (Need a little more incentive? Club runners enjoy 15% off beer pours after their run!) FAQ How do I sign up? All participants must sign a waiver before their first outing with the Run Club. SIGN WAIVE R HERE. Then, meet out front at the brewery, 14 Victoria Street, Uxbridge, ready to check in and run at 7 pm! How long are the runs? We'll have 5K and 8K routes mapped out, and a leader will head up each group. (We plan to change up the r outes about once per month, to keep things interesting and adjust for evening light.) What if the weather's bad? We'll be running rain or shine, in just about every weather! In the rare case that the weather is too hazardous for running, we'll em ail everyone to let them know. Do I need to be a fast runner? Not at all! Runners of all speeds will be welcome. Can I bring my dog? You're welcome to bring your leashed dog. Please keep your dog by your side at all times so as not to imped e other runners, and be prepared with bags to pick up and carry poop until you can discard it in the garbage. Can I run with a jogging stroller? You can, but please note we'll be running on varied terrain in all conditions. If in doubt, please email info@thesecondwedge to confirm the day's route. Can my kid join me? You're welcome to run with your kid, but you'l need to sign a waiver for them, and you must accompany them at all times. No participant under the age of 19 will be permitted to drink alcohol at The Second Wedge Brewing Co., under any circumstances.

Friday, August 9, 2024

Yoga in the Garden

Date and Time: Friday, August 9 9:00 am - 10:00 am

Address: 1450 Simcoe Street South, Oshawa

Yoga in the Garden is back! Get your Zen on in the beautiful Henry House Heritage Gardens this summer!

Starting Friday, June 7, at 9 a.m., we're on the mat and ready to flow. Classes are free drop-in one-hour sessions, with do nations accepted. All proceeds go to the Oshawa Museum. This series continues every Friday morning, rain or shine, thro ugh September (temperatures permitting).

All levels of yogis are welcome! Please bring any props that support your practice. Also, not all yogis enjoy pets and ani mals during their practice. If you bring a pet, they must always be on a short leash.

To see a complete list of instructors, visit the Oshawa Museum website or our Facebook page.

About the Oshawa Museum: The Oshawa Museum preserves and promotes awareness and appreciation of Oshawa's hist ory for a diverse audience's education, enrichment and enjoyment. As the only community museum in Oshawa, we take g reat pride in showcasing our city's history from the earliest First Nation occupation to the end of WWII. The OM is administered by the Oshawa Historical Society, a not-for-profit charitable institution, as an external agency of the City of Oshawa.

Orono Farmers Market

Date and Time: Friday, August 9 2:00 pm - 6:00 pm

Address: End of Centreview Street, Orono

The Orono Farmers Market is back! Opening day is Friday June 14th from 2-6pm. We are located at the north end of the Orono Fairgrounds at the end of Centreview Street. Come visit our truly local farmers market for the best produce, bake d goods, handmade items and much more. We will also have special events including; food trucks, entertainment and kid approved fun. See you then.







JULY 2024 Orono

FARMERS MARKET

Friday July 5 - 2:00pm- 6:00pm

Peameal on a bun +Cherry season begins





Friday July 12 - 2:00pm- 6:00pm

Diana's culinary trailer + lemonaid stand

Friday July 19 - 2:00pm - 6:00pm

Food truck + Animal visitors





Friday July 26 - 2:00pm- 6:00pm

Games, sensory table, crafts + more!



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Located at the end of Centerview Street at the north end of the Fairgrounds



Floral Workshop Sip n' Bite

Date and Time: Friday, August 9 5:00 pm - 7:00 pm

Address: 24430 Side Road 17, Beaverton

Join us at our enchanting Floral Workshop down at The Sunflower Farm for an unforgettable experience where you can create your own beautiful arrangement right from the source. Nestled amidst fields of vibrant sunflowers, our workshop allows you to pick a variety of fresh speciality flowers and materials from our private cutting gardens. Under the expert guidance of our experienced farm florists, you'll learn the art of floral design, gaining valuable tips and techniques to craft stunning arrangements. Whether you're a seasoned floral enthusiast or a complete beginner, our supportive and friendly t eam will help you every step of the way. Enjoy a relaxing and inspiring environment as you immerse yourself in the beaut y of nature, with complimentary snacks and non-alcoholic drinks to keep you refreshed while you work. Take home a uni que arrangement that reflects your personal style and savour the delightful experience of our Sunflower Farm Floral Wo rkshop.

To book, visit our website; www.thesunflowerfarm.ca

Paint Night-Bouquet of Tulips

Date and Time: Friday, August 9 6:00 pm - 8:00 pm

Address: Parkwood Estate

Join us at Parkwood Estate under the arbor for an evening of fun and rejuvenation. During this flower painting worksho p, you will learn how to create a vase of tulips that will never die and memories that will live on for years to come.

Whether you love painting or it is your first time picking up a brush, your instructor, Jasmine, will guide you through each step. You will achieve beautiful composition, colour mixing, and layering using acrylic paint and an 8"x10" canvas.

So, bring someone you love for a special night under the lights.

All supplies are included, but remember to bring an apron!

This event will be held under the arbor OUTSIDE with beautiful Edison bulbs lighting up the night

RMG Friday: Backyard Bliss

Date and Time: Friday, August 9 7:00 pm - 10:00 pm

Address: Civic Centre, 72 Queen St., Oshawa

Come join us in the Backyard for an August retreat. Enjoy the easy vibes with free performances from Moon Fruit and C ale Crow and just hang with some new friends or bring some old ones with you.

THE COMPLETE WORKS OF WILLIAM SHAKESPEARE (ABRIDGED) (REVISED) (AGAIN)

Date and Time: Friday, August 9 7:00 pm

Address: 16210 Island Road, Port Perry

THE COMPLETE WORKS OF WILLIAM SHAKESPEARE (ABRIDGED) (REVISED) (AGAIN)

By Daniel Singer, Adam Long, and Jess Winfield

August 8th – 24th

Director: Andy Massingham

Theatre on the Ridge presents all 37 of Shakespeare's plays – performed in less than two hours! Fast paced, witty, and physical, it's full of laughter for Shakespeare lovers and haters alike.

Suitable for ages 12+

Movies in the Park

Date and Time: Friday, August 9 8:00 pm - 11:00 pm

Address: 30 Bassett Blvd, Whitby

Movies in the Park will be back for four evenings. Join us on July 12 and 26 and August 9 and 30, 2024!

Grab your blankets, lawn chairs and popcorn and join us for an unforgettable evenings under the stars. Movies are shown on a large, outdoor screen with concert quality sound at Whitby Civic Park (behind Town Hall) starting at dusk.

Please note, there is not a definite start time, the movie will begin once it is dark.

Saturday, August 10, 2024

Duffins Trail parkrun

Date and Time: Saturday, August 10 9:00 am - 10:15 am

Address: Kingston Rd W & Elizabeth St, Ajax

A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate – it's up to you!

The event takes place at Duffins Trail (we start near the parking lot), Elizabeth St & Old Kingston Rd, Ajax, ON L1T 2W 8

Please follow the website link to register and obtain a barcode (this is VERY easy!)

15th Annual Orono Antique Street Festival

Date and Time: Saturday, August 10 10:00 am - 4:00 pm

Mark your calendar for Saturday, August 10th, 2024 as the 15th Annual Orono Antique Street Festival will be held on M ain Street, Orono. This is a free admission event and is held between 10am to 4pm, rain or shine.

On August 10th, the Main Street in downtown Orono will be closed to traffic between 10am and 4pm to showcase the 1 5th Annual Orono Antique Street Festival. Residents and visitors alike will be treated to a great selection of antiques, col lectables, vintage finds, furniture, toys, books, jewellery, art, vintage vinyl and so much more in this one day event.

Once again, Orono Antique Market representatives, Allister Macrae and Rebecca Goddard have taken on the responsibilit y of organizing this year's show. Last year's show was a huge success and the event reached record attendance. Ms. God dard was pleased to inform us that this year's Antique Street Festival has attracted 25 plus independent new and returning Antique Dealers, who will be displaying their antiques and collectables on the street that day. She also stated that, in addit ion, the local antique shops of Orono, which include the Orono Antique Market and Main Thru Church Antique Mall, will all be open for business with great in-store specials to celebrate this event. These two independent antique shops collectively represent approximately 11,000 sq ft of antique and vintage items and are host to 25-30 antique dealers year-round

Orono has become quite the destination for Antique and Vintage shoppers.

Once festival goers have worked up an appetite they can grab a bite to eat at one of Orono's local restaurants or outdoor food venues and enjoy music from our live entertainment.

Orono is located just off Hwy115, 7 minutes north of the 401 or 3 minutes south of the 407.

For more information, please contact Rebecca Goddard or Allister Macrae at:

The Orono Antique Market

905-983-1122

info@oronoantiquemarket.ca





For more information or to reserve a booth contact Allister Macrae and Rebecca Goddard at the Orono Antique Market 905-983-1122 or email us at info@oronoantiquemarket.ca



Orono is located just off Highway #115
7 minutes north of the 401 and 3 minutes south of the 407

Luxury Picnics & Sunflowers

Date and Time: Saturday, August 10 11:00 am - 4:30 pm

Address: Beaverton, Ontario

What could be more enchanting than a luxury picnic with friends or that special someone, set amongst fields of golden s unflowers? Indulge yourself by booking a table for 2 or join with friends at a table for 4 or 6 people, and let us provide t he treats! Each table, situated in our private reserved farm area, may be booked for an hour and a half, with a variety of ti meslots and dates available to suit you. Our friendly and discreet farm staff will ensure your table is set ready for you wit h a variety of savoury and sweet treats, plus non alcoholic beverages, prepared by The Shortiss Cafe, located in Beaverto n. We are able to accommodate gluten free and allergy requirements, please note at the time of booking if you have specific dietary requirements. Relax, enjoy, catch up, savour the tastes of the season in luxury style.

More details coming soon.

History in the Hollows Walking Tour

Date and Time: Saturday, August 10 2:00 pm - 4:00 pm

Address: 45 Queen Street, Oshawa

In this NEW tour, Oshawa Museum staff explore the history of the area known as the Hollows. Follow the Oshawa Creek to learn about early industries, and a stop at the Bond Street Pioneer Memorial Gardens showcases an early settler cemetery.

Meet Oshawa Museum staff in front of the Arts Resource Centre (45 Queen Street).

Admission: \$5/person or FREE for OHS members!

Note - this tour is approximately 2km in walking, a tour with moderate difficulty.

Blooms & Brews Sunset Concert ft. Nelson Sobral

Date and Time: Saturday, August 10 5:30 pm - 8:30 pm

Address: Beaverton, Ontario

Join us for an evening where the beautiful sunflower blooms provide a backdrop for some great tunes and locally crafted brews. Nelson Sobral, guitarist and singer-songwriter will take stage with bluesy, R&B country-rock tunes - a night you don't want to miss! Local Brewery Turkey Shoot and featured food truck will provide sustenance to keep you rocking the evening away.

To book, visit our website; www.thesunflowerfarm.ca

Medium at the Museum - Cathy Chafe

Date and Time: Saturday, August 10 6:00 pm - 7:00 pm

Address: Scugog Shores Museum Village, 16210 Island Road, Port Perry, Scugog

Join medium, Cathy Chafe, for a group reading. There is no guarantee all guests will be read. This is a 1 hour reading wh ere Cathy channels the room.

Saturday August 10th, 6:00 pm to 7:00 pm OR 7:30 pm to 8:30 pm

Ages 16+ \$30 plus tax per ticket

6:00-7:00 PM TICKETS: https://bit.ly/48tqmkg

7:30-8:30PM TICKETS: https://bit.ly/49sJkss

THE COMPLETE WORKS OF WILLIAM SHAKESPEARE (ABRIDGED) (REVISED) (AGAIN)

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6:00-7:00 PM TICKETS: https://bit.ly/48tqmkg

7:30-8:30PM TICKETS: https://bit.ly/49sJkss

https://calendar.durham.ca