

## Friday, February 1, 2019

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### Jane Eccles - In These Threads

Date and Time: Friday, February 1 10:00 am - 4:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

### Whitbylicious Winter Edition 2019

Date and Time: Friday, February 1 11:00 am

Address: Whitby and Oshawa

Prepare to indulge in the best mouth-watering dishes local restaurants have to offer! This year's Whitbylicious – Winter Edition will take place January 23, 2019 until February 6, 2019. The success of Whitbylicious has grown to include surrounding areas and residents can visit any or all of the 10 local, independent restaurants found in the Durham Region!

Participating restaurants will present exclusive, three-course, prix fixe lunch and dinner menus showcasing delectable, gourmet dishes at affordable prices in support of Heart & Stroke. Opening their doors for Whitbylicious again this year are; Bella Notte Ristorante, The Brock House Kitchen & Bar, Chatterpaul's, Hot Rocks Creative Diner, KB Foods, Shrimp Cocktail Resto-Lounge, The Lake Grill, Harvest, and joining them this year are Bistro '67 and Berry Hill Food Company.

A portion of the proceeds from each dish sold will be donated to Heart & Stroke's 'Heart Month' campaign, which is dedicated to promoting awareness of heart disease and raising funds for life-saving research.

Additionally, those dining at any of the 10 participating restaurants have an opportunity to win a \$50 gift card from one of the participating restaurants. Using the hashtag #Whitbylicious, snap a photo of your meal and post it to the Heart & Stroke Twitter or Instagram social media accounts to gain entries into the card draw.

Visit [www.whitbylicious.ca](http://www.whitbylicious.ca) for menu selections and a map showing each restaurant's location. Whitbylicious will end on February 6, 2019. Space is limited for this Whitbylicious experience--book reservations directly with a restaurant of your choice, to ensure that you don't miss out!

### Exhibition Opening Reception: Lane, Brown and Mashaya

Date and Time: Friday, February 1 7:00 pm - 9:00 pm

Address: Station Gallery Whitby

Join Station Gallery in opening our newest exhibition featuring works by Catherine Lane, T.J. Brown and Passmore Mashaya.

Wish Them Well is a trilogy that plays out in three galleries. In the Coppa space, the idea of a wish being something that is longed for or desired. Deeper in the heritage space, Lane will conjure them - the two William Stone s involved in a historic cold case murder tale that clings to the station building. The plot thickens further in the far gallery space, centering around a well. Wish Them Well invites viewers to create unique narratives from drawn and constructed fragments offered by Lane.

Deep contrasts and dramatic tension dominates T.J. Brown's work in Occultatum. His psychologically charged pictorial spaces take cues from film noir and cinematic thriller narratives. He takes great interest in what remains obscured, treading into areas which are better left untouched. In exploring these spaces, we are left with wondering who is trespassing upon whom.

As a child, Zimbabwe artist Passmore Mashaya was surrounded by beautiful scenery. His adaption to this great natural beauty of the town of Nyanga significantly influenced his artistic passion for telling stories through stone.

Wish Them Well, Occultatum, and Dreaming Through Stone are on at Station Gallery from February 1 - March 24, 2019.

## Saturday, February 2, 2019

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### Video Game Tournament (14+)

Date and Time: Saturday, February 2 10:00 am - 4:00 pm

Address: Central Library, One The Esplanade Pickering, ON L1V 6K7

It's time for battle royale-verwatch! 1 v 1 or 1 v 12 in our Overwatch and Fortnite tournaments. All day tournaments, prizes, and a bonus dance off. Poggers.

Can't make it? Check out the action on [twitch.tv/pickeringpubliclibrary](https://twitch.tv/pickeringpubliclibrary).

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### Port Perry 22nd Annual Antique & Nostalgia Show & Sale

Date and Time: Saturday, February 2 10:00 am - 4:00 pm

Address: Scugog Community Centre, Port Perry

Port Perry 22nd Annual Antique & Nostalgia Show & Sale sponsored by the Lake Scugog Historical Society. Saturday Feb. 2 & Sunday Feb. 3rd from 10 am - 4 pm at the Scugog Community Centre 1655 Reach St. (beside the arena). 27 quality dealers from across Ontario. Admission \$5 good for both days. Lunch available. Free parking.

## Walk & Talk: For Adults with Autism and Their Families

Date and Time: Saturday, February 2 10:00 am - 11:00 am

Address: Abilities Centre (55 Gordon St, Whitby, ON L1N 0J2)

### Walk & Talk: Saturdays starting January 12 through March 30 @ 10:00 AM in Whitby @ Abilities Centre

Start your weekend off with a leisurely stroll around the sensory-friendly and accessible track at the Abilities Centre and enjoy a chat with families just like yours. **\*Must register with AHBD to receive your FREE Abilities Centre day pass to participate!\***

Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

Autism Home Base Durham is a registered charity that provides social and recreational programs for adults with autism and their family caregivers in Durham Region. Visit our website for more info: <https://www.homebasedurham.com/> Like us on Facebook: <https://www.facebook.com/AutismHomeBase/>

[#autismafter18](#) [#whitby](#) [#DurhamRegion](#) [#walkingclub](#)

## Whitbylicious Winter Edition 2019

Date and Time: Saturday, February 2 11:00 am

Address: Whitby and Oshawa

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A portion of the proceeds from each dish sold will be donated to Heart & Stroke's 'Heart Month' campaign, which is dedicated to promoting awareness of heart disease and raising funds for life-saving research.

Additionally, those dining at any of the 10 participating restaurants have an opportunity to win a \$50 gift card from one of the participating restaurants. Using the hashtag #Whitbylicious, snap a photo of your meal and post to the Heart & Stroke Twitter or Instagram social media accounts to gain entries into the card draw.

Visit [www.whitbylicious.ca](http://www.whitbylicious.ca) for menu selections and a map showing each restaurant's location. Whitbylicious will end on February 6, 2019. Space is limited for this Whitbylicious experience--book reservations directly with a restaurant of your choice, to ensure that you don't miss out!

## Polished Brass

Date and Time: Saturday, February 2 7:30 pm - 9:00 pm

Address: Simcoe St. United Church, 66 Simcoe St. South, Oshawa, ON L1H 4G3

Enjoy a concert of brass band music performed by the Oshawa Civic Band at Simcoe Street United Church. It will be a pot-pourri style concert including some music from Mary Poppins and Phantom of the Opera.

## Sunday, February 3, 2019

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### Jane Eccles - In These Threads

Date and Time: Sunday, February 3 10:00 am - 4:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

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Date and Time: Sunday, February 3 10:00 am - 4:00 pm

Address: Scugog Community Centre, Port Perry

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Date and Time: Sunday, February 3 11:00 am

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## Uninstructed Life Drawing

Date and Time: Sunday, February 3 11:00 am - 2:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON., L1C 3K8

This is a program for artists looking to work with a live model. Come in and draw or paint independently and work alongside other artists from January 13, 2019.

Sundays, 11:00am - 2:00 pm

Price: \$45/4 week (per month) or \$20/week (pay as you go)

## Art & About: For Adults with Autism and Their Families

Date and Time: Sunday, February 3 2:00 pm - 3:00 pm

Address: Arts Resource Centre (45 Queen St, Oshawa, ON L1H 3Z3)

**Art & About: Sundays starting January 6 through March 24 @ 2:00 PM in Oshawa @ [Arts Resource Centre](#)**

Draw, paint and explore your creative potential in this fun filled art program. This program is led by a professional artist instructor and is appropriate for all skill levels and abilities. All art materials provided. For adults with Autism and their families.

Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

Autism Home Base Durham is a registered charity that provides social and recreational programs for adults with autism and their family caregivers in Durham Region. Visit our website for more info: <https://www.homebasedurham.com/> Like us on Facebook: <https://www.facebook.com/AutismHomeBase/>

#autismafter18 #oshawa #DurhamRegion #art

## Monday, February 4, 2019

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### Walk the Dome: For Adults with Autism and Their Families

Date and Time: Monday, February 4 9:00 am - 10:30 am

Address: Pickering Soccer Club (1975 Clements Rd, Pickering, ON L1W 4C2)

### **Walk the Dome: Mondays starting January 7 through March 25 @ 9:00 AM in Pickering @ Pickering Soccer Club**

Start your week off with a leisurely stroll around the gorgeous indoor fields at Pickering Soccer Club and enjoy a chat with families just like yours. Sign in at front desk under "Autism Home Base Durham" to participate!

Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

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[#autismafter18](#) [#pickering](#) [#DurhamRegion](#) [#walkingclub](#)

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## Art Talk: When Our Souls Dream at Night (Part 2)

Date and Time: Monday, February 4 1:00 pm - 4:00 pm

Address: Station Gallery

It's Black History Month and this sequel illustrated art talk will expand and explore the vibrant visual culture of Africa, the Caribbean and their respected diasporic communities around the globe.

Suggested donation of \$5

Lectures run approximately 1 hour

## Tuesday, February 5, 2019

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### Planning and Economic Development Committee Meeting

Date and Time: Tuesday, February 5 9:30 am

### Jane Eccles - In These Threads

Date and Time: Tuesday, February 5 10:00 am - 9:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

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## **Wednesday, February 6, 2019**

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### **(Course Full) Food Safety Training & Certification**

Date and Time: Wednesday, February 6 9:00 am - 4:30 pm

Address: Regional Municipality of Durham Headquarters - Room 1G, 605 Rossland Road East, Whitby

One out of three Canadians will get sick from food this year. The cause is often mistakes made by food industry workers, who are responsible for preventing these illnesses. Education is an effective way to prevent illness.

A one-day course is taught by a public health inspector. A written exam is taken at the end of the course. Participants who pass the exam will get a Food Safety Training Certificate and laminated wallet card.

[Course details, registration and payment details.](#)

### **Gym & Swim Pickering: For Adults with Autism and Their Families**

Date and Time: Wednesday, February 6 9:00 am - 11:00 am

Address: Pickering Recreation Complex (1867 Valley Farm Rd, Pickering, ON L1V 6K7)

**Gym & Swim: Wednesdays, January 9 through March 27 @ 9-11 AM in Pickering @ [Pickering Recreation Complex](#)**

Enjoy an afternoon of fun and fitness! Every Wednesday our families run, jump and swim together. This multi-sport program offers a wide range of activities in the gym and aqua fit/ free swim in the pool. For adults with Autism and their families.

Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

Autism Home Base Durham is a registered charity that provides social and recreational programs for adults with autism and their family caregivers in Durham Region. Visit our website for more info: <https://www.homebas>



#autismafter18 #pickering #clarington #newcastle #DurhamRegion #swimming #gym #fitness #basketball #pickleball #soccer

## Works Committee Meeting

Date and Time: Wednesday, February 6 9:30 am

## Jane Eccles - In These Threads

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## Gym & Swim Newcastle: For Adults with Autism and Their Families

Date and Time: Wednesday, February 6 12:15 pm - 2:00 pm

Address: Diane Hamre Recreation Complex (1780 Rudell Rd, Newcastle, ON L1B 1G8)

### **Gym & Swim: Wednesdays, January 9 through March 27 @12:15 PM in Newcastle @ Diane Hamre Recreation Complex**

Enjoy an afternoon of fun and fitness! Every Wednesday our families run, jump and swim together. This multi-sport program offers a wide range of activities in the gym and aqua fit/ free swim in the pool. For adults with Autism and their families.

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#autismafter18 #pickering #clarington #newcastle #DurhamRegion #swimming #gym #fitness #basketball #pickleball #soccer

### **Transit Executive Committee Meeting**

Date and Time: Wednesday, February 6 1:30 pm

### **®Ace of Escape (16-21)**

Date and Time: Wednesday, February 6 4:30 pm - 5:15 pm

Address: Central Library, One The Esplanade Pickering, ON L1V 6K7

Are you the Ace of Escape?! Can you unlock the clues and escape the room before the clock runs out? Introducing, our first community-run escape room, by **Together We Can, Youth Mentorship Program.**

### **®Ace of Escape (16-21)**

Date and Time: Wednesday, February 6 5:45 pm - 6:30 pm

Address: Central Library, One The Esplanade Pickering, ON L1V 6K7

Are you the Ace of Escape?! Can you unlock the clues and escape the room before the clock runs out? Introducing, our first community-run escape room, by **Together We Can, Youth Mentorship Program.**

### **®Ace of Escape (16-21)**

Date and Time: Wednesday, February 6 7:00 pm - 7:45 pm

Address: Central Library, One The Esplanade Pickering, ON L1V 6K7

Are you the Ace of Escape?! Can you unlock the clues and escape the room before the clock runs out? Introducing

## Thursday, February 7, 2019

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### Health and Social Services Committee Meeting

Date and Time: Thursday, February 7 9:30 am

### Jane Eccles - In These Threads

Date and Time: Thursday, February 7 10:00 am - 9:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

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### ®Art School is Worth It! (9-12)

Date and Time: Thursday, February 7 6:00 pm - 7:00 pm

Address: One The Esplanade Pickering, ON L1V 6K7

Have you ever wondered how some of the most famous art in the world was made? Explore a new artist each week and try your hand at their medium. Attendance for all six weeks is encouraged.

### Independent Adults Meetups: For Adults with Autism

Date and Time: Thursday, February 7 6:30 pm - 7:30 pm

Address: Varies

**Independent Adults Meetups: (monthly) January 10, February 7, March 7, @ 6:30 PM. Location/activity varies.**

Do you like meeting new people while doing the things you enjoy? IAM may be the group for you! This monthly meetup group is all about connecting with your peers. IAM group votes on what activity they want to do and then they go do it! Past activities include: batting cages and mini golf at Pickering Playing Fields, going to the movie theatre, Putting Edge and dessert at Demetres. Best suited for independent adults with Autism.

Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

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#autismafter18 #pickering #clarington #newcastle #DurhamRegion #oshawa #ajax #bowmanville #whitby

## Two on the Aisle, Three in a Van

Date and Time: Thursday, February 7 8:00 pm - 10:00 pm

Address: 416 Centre Street South

The second show of the season at Whitby Courthouse Theatre, is a hilarious comedy about community theatre, and the personalities involved!

## Friday, February 8, 2019

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### Jane Eccles - In These Threads

Date and Time: Friday, February 8 10:00 am - 4:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

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### Sledge Hockey - Durham Region 2019 Ontario Parasport Games

Date and Time: Friday, February 8 12:00 pm - 1:30 pm

Address: Iroquois Park, Pad 3, Whitby

Sledge hockey is an adapted version of ice hockey for athletes with a physical disability. Players use a two-bladed sledge and propel themselves with short sticks spiked at one end. The other end includes curved blades for handling the puck. Rules and gameplay are very similar to able-bodied ice hockey.

For more information on the schedule for this sport, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

### Bi-weekly Bowling: For Adults with Autism and Their Families

Date and Time: Friday, February 8 3:00 pm - 4:00 pm

Address: Newcastle Town Hall (20 King Ave W Clarington, ON L1B 1H7)

**Bi-weekly Bowling: 2nd and 4th Fridays starting January 11 through March 22 @ 3:00 PM in Newcastle**

## e @ Newcastle Town Hall (5-pin bowling)

Come and get your bowl on with AHBD! Join us to connect with new families, make new friends, and have so much fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

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#autismafter18 #newcastle #clarington #DurhamRegion #bowling

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## Saturday, February 9, 2019

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### Sledge Hockey - Durham Region 2019 Ontario Parasport Games

Date and Time: Saturday, February 9 8:30 am - 3:00 pm

Address: Iroquois Park, Pad 3, Whitby

Sledge hockey is an adapted version of ice hockey for athletes with a physical disability. Players use a two-bladed sledge and propel themselves with short sticks spiked at one end. The other end includes curved blades for handling the puck. Rules and gameplay are very similar to able-bodied ice hockey.

For more information on the schedule for this sport, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

### Sitting Volleyball - Durham Region 2019 Ontario Parasport Games

Date and Time: Saturday, February 9 8:30 am - 6:30 pm

Address: Abilities Centre, Whitby

Sitting volleyball was designed for athletes with a physical disability. Athletes play on a lower net and a smaller court, with rules very similar to standing volleyball. Players can move around during play but must remain seated.

For more information on the schedule for this sport, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## **Wheelchair Basketball - Durham Region 2019 Ontario Parasport Games**

Date and Time: Saturday, February 9 9:00 am - 6:15 pm

Address: Durham College and UOIT Gymnasiums, Oshawa

Wheelchair basketball can be played by athletes with varying physical ability. The basic rules of wheelchair basketball are similar to able-bodied basketball. The court dimensions, basket height, and distance to the foul and three-point lines are the same.

Please visit [durhamregion2019.ca](http://durhamregion2019.ca) for a complete schedule of this sport.

## **Boccia - Durham Region 2019 Ontario Parasport Games**

Date and Time: Saturday, February 9 9:00 am - 5:00 pm

Address: Abilities Centre, Whitby

Boccia is a co-ed sport, generally played by athletes with cerebral palsy, muscular dystrophy or related neurological conditions. It is similar to lawn bowling, but is played indoors on a court about the size of a badminton court and lasts six ends.

For more information on the schedule for this sport, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## **Goalball - Durham Region 2019 Ontario Parasport Games**

Date and Time: Saturday, February 9 9:10 am - 5:50 pm

Address: Donald A. Wilson Secondary School, Whitby

Goalball is a sport specifically designed for athletes with a visual impairment; you will not find an able-bodied counterpart. Teams of three play on a volleyball-sized court; alternating throwing/bowling a ball with bells inside of it along the floor. The idea is to score on the opponent's net, which is nine metres wide. Players do not leave their half of the court, but the game moves very quickly as thrown balls can reach speeds of up to 80 km/hour.

For more information on the schedule for this sport, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## **Para-Alpine - Durham Region 2019 Ontario Parasport Games**

Date and Time: Saturday, February 9 10:00 am - 12:00 pm

Address: Brimacombe

Para-Alpine encompasses athletes with varying physical abilities. Athletes compete in three categories: standing, sitting or visually impaired in the same disciplines as able-bodied skiers. Certain adaptations are used to make the sport accessible to its athletes. Some of the most common adaptations that are used are special equipment (sit-skis, outrigger skis, etc.) and a guide.

For more information on the schedule for this sport, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## Wheelchair Rugby - Durham Region 2019 Ontario Parasport Games

Date and Time: Saturday, February 9 10:00 am - 4:30 pm

Address: Brooklin High School, Brooklin

The sport of wheelchair rugby is played indoors on a regulation-sized basketball court using a volleyball instead of a rugby ball. Teams play with four players on the court at a time, while they carry and pass the ball trying to score by crossing the opposition's goal line. Similar to able-bodied rugby, physical contact is an integral part of the game.

For more information the scheduling for this sport, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## Para-Nordic - Durham Region 2019 Ontario Parasport Games

Date and Time: Saturday, February 9 10:00 am - 12:00 pm

Address: Brimacombe

Para-Nordic encompasses athletes with varying physical abilities. Athletes compete in three categories: standing, sitting or visually impaired. Certain adaptations are used to make the sport accessible to its athletes. Some of the most common adaptations that are used are sit-skis and the use of a guide.

For more information on the schedule for this event, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## Jane Eccles - In These Threads

Date and Time: Saturday, February 9 10:00 am - 4:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

## Walk & Talk: For Adults with Autism and Their Families

Date and Time: Saturday, February 9 10:00 am - 11:00 am

Address: Abilities Centre (55 Gordon St, Whitby, ON L1N 0J2)

**Walk & Talk: Saturdays starting January 12 through March 30 @ 10:00 AM in Whitby @ [Abilities Centre](#)**

Start your weekend off with a leisurely stroll around the sensory-friendly and accessible track at the Abilities Centre and enjoy a chat with families just like yours. **\*Must register with AHBD to receive your FREE Abilities Centre day pass to participate!\***

Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

Autism Home Base Durham is a registered charity that provides social and recreational programs for adults with autism and their family caregivers in Durham Region. Visit our website for more info: <https://www.homebasedurham.com/> Like us on Facebook: <https://www.facebook.com/AutismHomeBase/>

[#autismafter18](#) [#whitby](#) [#DurhamRegion](#) [#walkingclub](#)

## **Visually Impaired Curling - Durham Region 2019 Ontario Parasport Games**

Date and Time: Saturday, February 9 10:15 am - 4:30 pm

Address: Oshawa Curling Club

Visually impaired curling is conducted in the same manner as able-bodied curling, except for the addition of a guide. The guide is on the ice with the curlers and assists the thrower in aiming for the skip's broom. The guide will usually position themselves in the house closest to the thrower and helps each curler to the level needed given their visual ability.

For more information on the schedule for this sport, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## **Wheelchair Curling - Durham Region 2019 Ontario Parasport Games**

Date and Time: Saturday, February 9 10:15 am - 4:30 pm

Address: Oshawa Curling Club

Wheelchair curling is co-ed and played in the same manner as able-bodied curling. The adaptations made to the game are that athletes throw the rocks from their chair using a delivery stick and there is no sweeping.

For more information on schedules for this sport please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## **Dance Your Heart Out**

Date and Time: Saturday, February 9 10:30 am - 12:00 pm

Address: LifeTime Athletic (in the basketball court) – Ajax (100 Beck Crescent)

Get ready for a morning of fitness and dancing! On Saturday, February 9<sup>th</sup>, 2019, between 10:30am and 12pm at LifeTime Athletic in Ajax, is hosting a charity dance-a-thon! This annual fundraising event at LifeTime is in support of Heart & Stroke for Heart Month.

Participants will partake in a jam packed morning of Zumba, Dance Jam and “Socacize” to promote healthy and active living, while also fundraising money for Heart & Stroke. This event will grant participants access to six different instructors from all clubs across the Greater Toronto Area (GTA), and Durham Region. The event is open to both members of the fitness club and non-members for a small fee/donation. This is a great opportunity for non-members of the club to experience the LifeTime culture and facilities!



“Heart Month is a crucial time for Heart & Stroke,” Lori Armour, Area Manager for the Durham and Peterborough Region Heart & Stroke office explains. “Community involvement in campaigns like Dance Your Heart Out, really helps us create awareness and generate donations which fund important research to achieve our vision of healthy lives free of heart disease and stroke.”

A primary focus of Heart & Stroke this year is women’s heart health, as heart disease and stroke is the #1 cause of death amongst Canadian Women. The #TimeToSeeRed campaign is a great example of raising awareness for this. Heart & Stroke has fundraised \$1.52 billion for life-saving research since its inception in 1952. Healthy active living is key for Canadians of all ages and Dance Your Heart out is a great opportunity for families to get active while having fun! Proceeds from the event will be donated to Heart & Stroke’s ‘Heart Month’ campaign, which is dedicated to promoting awareness of heart disease and raising funds for life-saving research.

Anyone wishing to participate should contact Alyssa at Life Time Athletic or can register online at [www.myownfundraiser.ca](http://www.myownfundraiser.ca) and search for the Dance Your Heart Out team.

## **5-a-side Soccer - Durham Region 2019 Ontario Parasport Games**

Date and Time: Saturday, February 9 10:30 am - 2:15 pm

Address: Pickering Soccer Centre

5-a-side soccer is played by athletes with a visual impairment. The game is played on a smaller pitch than able-bodied soccer and the pitch is enclosed by boards similar to what you would expect for hockey.

The game is very loud as coaches and sighted goalkeepers shout instructions, players verbally communicate, and the ball makes noise.

For more information on the schedule for this sport, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## **Dylan Wickens & The Grand Naturals**

Date and Time: Saturday, February 9 8:00 pm - 11:30 pm

Address: Avalon Lounge Port Whitby Marina; 301 Watson Street West Whitby ON L1N 1A2

The Grand Naturals are Dylan Wickens (vocals and guitars) Mike Rajna (drums and vocals) and Dennis Napper (bass and vocals). True to the spirit of power trios of the sixties, Dylan Wickens & The Grand Naturals grab the listener by the ears with their unapologetic take on the blues, strongly influenced by psychedelic rock and soul.

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## **Sunday, February 10, 2019**

## **Sledge Hockey - Durham Region 2019 Ontario Parasport Games**

Date and Time: Sunday, February 10 8:00 am - 11:30 am

Address: Iroquois Park, Pad 3, Whitby

Sledge hockey is an adapted version of ice hockey for athletes with a physical disability. Players use a two-bladed sledge and propel themselves with short sticks spiked at one end. The other end includes curved blades for handling the puck. Rules and gameplay are very similar to able-bodied ice hockey.

For more information on the schedule for this sport, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## **Boccia - Durham Region 2019 Ontario Parasport Games**

Date and Time: Sunday, February 10 9:00 am - 12:30 pm

Address: Abilities Centre, Whitby

Boccia is a co-ed sport, generally played by athletes with cerebral palsy, muscular dystrophy or related neurological conditions. It is similar to lawn bowling, but is played indoors on a court about the size of a badminton court and lasts six ends.

For more information on the schedule for this sport, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## **Goalball - Durham Region 2019 Ontario Parasport Games**

Date and Time: Sunday, February 10 9:10 am - 12:30 pm

Address: Donald A. Wilson Secondary School, Whitby

Goalball is a sport specifically designed for athletes with a visual impairment; you will not find an able-bodied counterpart. Teams of three play on a volleyball-sized court; alternating throwing/bowling a ball with bells inside of it along the floor. The idea is to score on the opponent's net, which is nine metres wide. Players do not leave their half of the court, but the game moves very quickly as thrown balls can reach speeds of up to 80 km/hour.

For more information on the schedule for this sport, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## **Visually Impaired Curling - Durham Region 2019 Ontario Parasport Games**

Date and Time: Sunday, February 10 9:15 am - 3:45 pm

Address: Oshawa Curling Club

Visually impaired curling is conducted in the same manner as able-bodied curling, except for the addition of a guide. The guide is on the ice with the curlers and assists the thrower in aiming for the skip's broom. The guide will usually position themselves in the house closest to the thrower and helps each curler to the level needed given their visual ability.

For more information on the schedule for this sport, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## Wheelchair Curling - Durham Region 2019 Ontario Parasport Games

Date and Time: Sunday, February 10 9:15 am - 3:45 pm

Address: Oshawa Curling Club

Wheelchair curling is co-ed and played in the same manner as able-bodied curling. The adaptations made to the game are that athletes throw the rocks from their chair using a delivery stick and there is no sweeping.

For more information on schedules for this sport please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## Para-Nordic - Durham Region 2019 Ontario Parasport Games

Date and Time: Sunday, February 10 10:00 am - 12:00 pm

Address: Brimacombe

Para-Nordic encompasses athletes with varying physical abilities. Athletes compete in three categories: standing, sitting or visually impaired. Certain adaptations are used to make the sport accessible to its athletes. Some of the most common adaptations that are used are sit-skis and the use of a guide.

For more information on the schedule for this event, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## Wheelchair Rugby - Durham Region 2019 Ontario Parasport Games

Date and Time: Sunday, February 10 10:00 am - 2:30 pm

Address: Brooklin High School, Brooklin

The sport of wheelchair rugby is played indoors on a regulation-sized basketball court using a volleyball instead of a rugby ball. Teams play with four players on the court at a time, while they carry and pass the ball trying to score by crossing the opposition's goal line. Similar to able-bodied rugby, physical contact is an integral part of the game.

For more information the scheduling for this sport, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## Jane Eccles - In These Threads

Date and Time: Sunday, February 10 10:00 am - 4:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

## Wheelchair Basketball - Durham Region 2019 Ontario Parasport Games

Date and Time: Sunday, February 10 10:00 am - 1:00 pm

Address: Durham College and UOIT Gymnasiums, Oshawa

Wheelchair basketball can be played by athletes with varying physical ability. The basic rules of wheelchair basketball are similar to able-bodied basketball. The court dimensions, basket height, and distance to the foul and three-point lines are the same.

Please visit [durhamregion2019.ca](http://durhamregion2019.ca) for a complete schedule of this sport.

## **Para-Alpine - Durham Region 2019 Ontario Parasport Games**

Date and Time: Sunday, February 10 10:00 am - 1:00 pm

Address: Brimacombe

Para-Alpine encompasses athletes with varying physical abilities. Athletes compete in three categories: standing, sitting or visually impaired in the same disciplines as able-bodied skiers. Certain adaptations are used to make the sport accessible to its athletes. Some of the most common adaptations that are used are special equipment (sit-skis, outrigger skis, etc.) and a guide.

For more information on the schedule for this sport, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## **5-a-side Soccer - Durham Region 2019 Ontario Parasport Games**

Date and Time: Sunday, February 10 10:30 am - 2:30 pm

Address: Pickering Soccer Centre

5-a-side soccer is played by athletes with a visual impairment. The game is played on a smaller pitch than able-bodied soccer and the pitch is enclosed by boards similar to what you would expect for hockey.

The game is very loud as coaches and sighted goalkeepers shout instructions, players verbally communicate, and the ball makes noise.

For more information on the schedule for this sport, please visit [durhamregion2019.ca](http://durhamregion2019.ca).

## **Uninstructed Life Drawing**

Date and Time: Sunday, February 10 11:00 am - 2:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON., L1C 3K8

This is a program for artists looking to work with a live model. Come in and draw or paint independently and work alongside other artists from January 13, 2019.

Sundays, 11:00am - 2:00 pm

Price:\$45/4 week (per month) or \$20/week (pay as you go)

## Art & About: For Adults with Autism and Their Families

Date and Time: Sunday, February 10 2:00 pm - 3:00 pm

Address: Arts Resource Centre (45 Queen St, Oshawa, ON L1H 3Z3)

**Art & About: Sundays starting January 6 through March 24 @ 2:00 PM in Oshawa @ [Arts Resource Centre](#)**

Draw, paint and explore your creative potential in this fun filled art program. This program is led by a professional artist instructor and is appropriate for all skill levels and abilities. All art materials provided. For adults with Autism and their families.

Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

Autism Home Base Durham is a registered charity that provides social and recreational programs for adults with autism and their family caregivers in Durham Region. Visit our website for more info: <https://www.homebasedurham.com/> Like us on Facebook: <https://www.facebook.com/AutismHomeBase/>

#autismafter18 #oshawa #DurhamRegion #art

## Monday, February 11, 2019

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### Sunderland Lions Music Festival

Date and Time: Monday, February 11 9:00 am - 9:00 pm

Address: Sunderland Town Hall, St. Andrews Church (Sunderland) and Port Perry High School - depending on the designated session schedules

The *Sunderland Lions Music Festival* is intended to promote higher standards of musical awareness and achievement in our community by providing young musicians with opportunities for public performance and professional assessment.

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### About the Festival.....



From its early beginnings 62 years ago, the **Sunderland Lions Music Festival** has grown to the point where it now runs for 2 weeks during which participants are judged in all levels of piano, voice, strings, instrumental and choral in addition to special band clinician sessions and workshops for elementary and secondary level students by highly qualified adjudicators. The winners of each class are then invited back to perform during our "Stars of the Festival" concerts which run during the evenings of the 3rd week at which time they also receive their class awards and other special awards and trophies are presented.

The ***Sunderland Lions Music Festival*** is open to all residents of the Townships of Brock, Scugog, Uxbridge, Eldon, Mariposa and former Georgina as of the entry closure dates listed (ANY requests for extensions of this area must have been submitted in writing to the Festival Committee for consideration.) Contestants, other than those in the Piano, Trained Voice and Trained Instrumental Classes must be residents of the above-mentioned areas. For Piano and Trained Voice/Instrumental Classes, either the pupil or teacher must reside in these areas. Students of the designated adjudicators are not eligible.

**Each year our festival has...** helped to raise the bar of performance as countless aspiring young musicians perform publicly. Additionally, the opportunity to pursue one's dreams and to share /develop one's musical talents in an enjoyable atmosphere is of primary importance to the organizers of this festival. The cultural life of this area has clearly been enriched by the contributions of the Festival as we continue to see many second and third generation participants listed in the program each year. It is our hope that this fine family tradition will continue and that we will endeavour to make the efforts of all our participants a rewarding and educational experience.

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## Venues....

All Music Festival classes are open to the public and are held in 1 of 3 locations: Sunderland Town Hall, St. Andrews United Church (*just around the corner from the Sunderland Town Hall*) and Port Perry High School (*just 20 minutes south of Sunderland*). All locations are wheelchair accessible and parking is available at all locations. Street level parking is usually available near the Sunderland Town Hall on River Street or at the arena, just behind St. Andrews United Church. Parking is readily available in the school parking lot and on the streets in Port Perry. Delicious light lunches including homemade soups, sandwiches and desserts are served daily in the downstairs hall of the church by the ladies of St. Andrews United Church.

The **2019 Festival Program** is available for viewing/download on the Sunderland Lions Music Festival website where the daily schedules for each of the STARS concerts are posted by noon on the day of each concert.

## Walk the Dome: For Adults with Autism and Their Families

Date and Time: Monday, February 11 9:00 am - 10:30 am

Address: Pickering Soccer Club (1975 Clements Rd, Pickering, ON L1W 4C2)

**Walk the Dome: Mondays starting January 7 through March 25 @ 9:00 AM in Pickering @ Pickering Soccer Club**

Start your week off with a leisurely stroll around the gorgeous indoor fields at Pickering Soccer Club and enjoy a chat with families just like yours. Sign in at front desk under "Autism Home Base Durham" to participate!

Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

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[#autismafter18](#) [#pickering](#) [#DurhamRegion](#) [#walkingclub](#)

## Land Division Committee Meeting

Date and Time: Monday, February 11 1:00 pm - 4:30 pm

## Tuesday, February 12, 2019

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### Sunderland Lions Music Festival

Date and Time: Tuesday, February 12 9:00 am - 9:00 pm

Address: Sunderland Town Hall, St. Andrews Church (Sunderland) and Port Perry High School - depending on the designated session schedules

The *Sunderland Lions Music Festival* is intended to promote higher standards of musical awareness and achievement in our community by providing young musicians with opportunities for public performance and professional assessment.

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### About the Festival.....



From its early beginnings 62 years ago, the **Sunderland Lions Music Festival** has grown to the point where it now runs for 2 weeks during which participants are judged in all levels of piano, voice, strings, instrumental and choral in addition to special band clinician sessions and workshops for elementary and secondary level students by highly qualified adjudicators. The winners of each class are then invited back to perform during our "Stars of the Festival" concerts which run during the evenings of the 3rd week at which time they also receive their class awards and other special awards and trophies are presented.

The *Sunderland Lions Music Festival* is open to all residents of the Townships of Brock, Scugog, Uxbridge, Eldon, Mariposa and former Georgina as of the entry closure dates listed (ANY requests for extensions of this area must have been submitted in writing to the Festival Committee for consideration.) Contestants, other than those in the Piano, Trained Voice and Trained Instrumental Classes must be residents of the above-mentioned areas. For Piano and Trained Voice/Instrumental Classes, either the pupil or teacher must reside in these areas. Students of the designated adjudicators are not eligible.

**Each year our festival has...** helped to raise the bar of performance as countless aspiring young musicians perform publicly. Additionally, the opportunity to pursue one's dreams and to share /develop one's musical talents in an enjoyable atmosphere is of primary importance to the organizers of this festival. The cultural life of this area has clearly been enriched by the contributions of the Festival as we continue to see many second and third generation participants listed in the program each year. It is our hope that this fine family tradition will continue and that we will endeavour to make the efforts of all our participants a rewarding and educational experience.

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### Venues....

All Music Festival classes are open to the public and are held in 1 of 3 locations: Sunderland Town Hall, St. Andrews United Church (*just around the corner from the Sunderland Town Hall*) and Port Perry High School (*just 20 minutes south of Sunderland*). All locations are wheelchair accessible and parking is available at all locations. Street level parking is usually available near the Sunderland Town Hall on River Street or at the arena, just behind St. Andrews United Church. Parking is readily available in the school parking lot and on the streets in Port Perry. Delicious light lunches including homemade soups, sandwiches and desserts are served daily in the downstairs hall of the church by the ladies of St. Andrews United Church.

The **2019 Festival Program** is available for viewing/download on the Sunderland Lions Music Festival website where the daily schedules for each of the STARS concerts are posted by noon on the day of each concert.

## Finance and Administration Committee Meeting

Date and Time: Tuesday, February 12 9:30 am

## Jane Eccles - In These Threads

Date and Time: Tuesday, February 12 10:00 am - 9:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

## **\*\*CANCELLED\*\*** Durham Agricultural Advisory Committee Meeting

Date and Time: Tuesday, February 12 7:30 pm

## Wednesday, February 13, 2019

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## Sunderland Lions Music Festival

Date and Time: Wednesday, February 13 9:00 am - 9:00 pm

Address: Sunderland Town Hall, St. Andrews Church (Sunderland) and Port Perry High School - depending on the designated session schedules

The *Sunderland Lions Music Festival* is intended to promote higher standards of musical awareness and achievement in our community by providing young musicians with opportunities for public performance and professional assessment.

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## About the Festival.....







From its early beginnings 62 years ago, the **Sunderland Lions Music Festival** has grown to the point where it now runs for 2 weeks during which participants are judged in all levels of piano, voice, strings, instrumental and choral in addition to special band clinician sessions and workshops for elementary and secondary level students by highly qualified adjudicators. The winners of each class are then invited back to perform during our "Stars of the Festival" concerts which run during the evenings of the 3rd week at which time they also receive their class awards and other special awards and trophies are presented.

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## Venues....

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The **2019 Festival Program** is available for viewing/download on the Sunderland Lions Music Festival website where the daily schedules for each of the STARS concerts are posted by noon on the day of each concert.

## Gym & Swim Pickering: For Adults with Autism and Their Families

Date and Time: Wednesday, February 13 9:00 am - 11:00 am

Address: Pickering Recreation Complex (1867 Valley Farm Rd, Pickering, ON L1V 6K7)

**Gym & Swim: Wednesdays, January 9 through March 27 @ 9-11 AM in Pickering @ Pickering Recreation Complex**

Enjoy an afternoon of fun and fitness! Every Wednesday our families run, jump and swim together. This multi-sport program offers a wide range of activities in the gym and aqua fit/ free swim in the pool. For adults with Au

tism and their families.

Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

Autism Home Base Durham is a registered charity that provides social and recreational programs for adults with autism and their family caregivers in Durham Region. Visit our website for more info: <https://www.homebasedurham.com/> Like us on Facebook: <https://www.facebook.com/AutismHomeBase/>

#autismafter18 #pickering #clarington #newcastle #DurhamRegion #swimming #gym #fitness #basketball #pickleball #soccer

## **(Course Full) Food Safety Training & Certification**

Date and Time: Wednesday, February 13 9:00 am - 4:30 pm

Address: Regional Municipality of Durham Headquarters - Room 1G, 605 Rossland Road East, Whitby

One out of three Canadians will get sick from food this year. The cause is often mistakes made by food industry workers, who are responsible for preventing these illnesses. Education is an effective way to prevent illness.

A one-day course is taught by a public health inspector. A written exam is taken at the end of the course. Participants who pass the exam will get a Food Safety Training Certificate and laminated wallet card.

[Course details, registration and payment details.](#)

## **Ready, Set, Grow Check-Up**

Date and Time: Wednesday, February 13 9:30 am - 1:30 pm

Address: EarlyON CFC Bowmanville , Dr. Ross Tilley Public School, 45 West Side Dr., Bowmanville

## **Do you have questions about your child's development, learning or speech?**

Attend a free drop-in for parents and caregivers of children birth to five years old. Bring your children and ask questions about learning, development and behaviour. Professionals from agencies will be present to answer your questions.

## **Jane Eccles - In These Threads**

Date and Time: Wednesday, February 13 10:00 am - 9:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen

## Gym & Swim Newcastle: For Adults with Autism and Their Families

Date and Time: Wednesday, February 13 12:15 pm - 2:00 pm

Address: Diane Hamre Recreation Complex (1780 Rudell Rd, Newcastle, ON L1B 1G8)

### **Gym & Swim: Wednesdays, January 9 through March 27 @12:15 PM in Newcastle @ Diane Hamre Recreation Complex**

Enjoy an afternoon of fun and fitness! Every Wednesday our families run, jump and swim together. This multi-sport program offers a wide range of activities in the gym and aqua fit/ free swim in the pool. For adults with Autism and their families.

Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

Autism Home Base Durham is a registered charity that provides social and recreational programs for adults with autism and their family caregivers in Durham Region. Visit our website for more info: <https://www.homebasedurham.com/> Like us on Facebook: <https://www.facebook.com/AutismHomeBase/>

#autismafter18 #pickering #clarington #newcastle #DurhamRegion #swimming #gym #fitness #basketball #pickleball #soccer

## Budget Open House

Date and Time: Wednesday, February 13 7:00 pm - 9:00 pm

Address: Regional Headquarters, 605 Rossland Road East, Whitby Ontario, Lower Level Boardroom (LL-C)

### **Community invited to Budget Open House**

**Whitby, Ontario** – The Regional Municipality of Durham is hosting an open house to provide community members an opportunity to:

- Learn about the Region's Property Tax Supported Business Plans and Budgets, including the process for reviewing the 2019 budget.
- Gain an increased understanding of Regional programs and services.
- Give input on priorities for the 2019 and future budgets.

**When:** Wednesday, February 13, 2019 starting at 7 p.m. (presentation at 7:10 p.m.).

**Where:** Durham Regional Headquarters, 605 Rossland Road East, Whitby, Room LL-C. A live broadcast of the open house will also be available online at [durham.ca/Budget](http://durham.ca/Budget) and on [The Regional Municipality of Durham's Facebook page](#). A recorded broadcast of the open house will be available online on Thursday, February 14, 2019.

**Note:** The proposed 2019 Regional Property Tax Supported Business Plans and Budgets will be available online at [durham.ca/Budget](http://durham.ca/Budget) on Friday, March 15, 2019. To view the documents in-person at Durham Regional Headquarters, contact the Finance Department by email at [budgets@durham.ca](mailto:budgets@durham.ca), or by telephone at 905-668-7711, ex

tension 2304 or 1-800-372-1102 (Toll-Free).

The proposed 2019 Regional Property Tax Supported Business Plans and Budgets will be presented for consideration to the Finance and Administration Committee on Tuesday, March 19 and Wednesday, March 20, 2019 (if required) and Durham Regional Council on Wednesday, March 27, 2019. Those who would like to provide feedback on the proposed budgets at the meetings can make a written request, by noon on the Wednesday prior to the meetings, to ensure their delegation is added to the agenda. For more information on speaking at council and committee meetings, visit [durham.ca/delegations](http://durham.ca/delegations).

## Thursday, February 14, 2019

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### Sunderland Lions Music Festival

Date and Time: Thursday, February 14 9:00 am - 9:00 pm

Address: Sunderland Town Hall, St. Andrews Church (Sunderland) and Port Perry High School - depending on the designated session schedules

The *Sunderland Lions Music Festival* is intended to promote higher standards of musical awareness and achievement in our community by providing young musicians with opportunities for public performance and professional assessment.

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### About the Festival.....



From its early beginnings 62 years ago, the **Sunderland Lions Music Festival** has grown to the point where it now runs for 2 weeks during which participants are judged in all levels of piano, voice, strings, instrumental and choral in addition to special band clinician sessions and workshops for elementary and secondary level students by highly qualified adjudicators. The winners of each class are then invited back to perform during our "Stars of the Festival" concerts which run during the evenings of the 3rd week at which time they also receive their class awards and other special awards and trophies are presented.

The *Sunderland Lions Music Festival* is open to all residents of the Townships of Brock, Scugog, Uxbridge, Eldon, Mariposa and former Georgina as of the entry closure dates listed (ANY requests for extensions of this area must have been submitted in writing to the Festival Committee for consideration.) Contestants, other than those in the Piano, Trained Voice and Trained Instrumental Classes must be residents of the above-mentioned areas. For Piano and Trained Voice/Instrumental Classes, either the pupil or teacher must reside in these areas.

Students of the designated adjudicators are not eligible.

**Each year our festival has...** helped to raise the bar of performance as countless aspiring young musicians perform publicly. Additionally, the opportunity to pursue one's dreams and to share /develop one's musical talents in an enjoyable atmosphere is of primary importance to the organizers of this festival. The cultural life of this area has clearly been enriched by the contributions of the Festival as we continue to see many second and third generation participants listed in the program each year. It is our hope that this fine family tradition will continue and that we will endeavour to make the efforts of all our participants a rewarding and educational experience.

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## Venues....

All Music Festival classes are open to the public and are held in 1 of 3 locations: Sunderland Town Hall, St. Andrews United Church (*just around the corner from the Sunderland Town Hall*) and Port Perry High School (*just 20 minutes south of Sunderland*). All locations are wheelchair accessible and parking is available at all locations. Street level parking is usually available near the Sunderland Town Hall on River Street or at the arena, just behind St. Andrews United Church. Parking is readily available in the school parking lot and on the streets in Port Perry. Delicious light lunches including homemade soups, sandwiches and desserts are served daily in the downstairs hall of the church by the ladies of St. Andrews United Church.

The [2019 Festival Program](#) is available for viewing/download on the Sunderland Lions Music Festival website where the daily schedules for each of the STARS concerts are posted by noon on the day of each concert.

## Special 9-1-1 Management Board

Date and Time: Thursday, February 14 9:30 am

## Jane Eccles - In These Threads

Date and Time: Thursday, February 14 10:00 am - 9:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

## ®Art School is Worth It! (9-12)

Date and Time: Thursday, February 14 6:00 pm - 7:00 pm

Address: One The Esplanade Pickering, ON L1V 6K7

Have you ever wondered how some of the most famous art in the world was made? Explore a new artist each week and try your hand at their medium. Attendance for all six weeks is encouraged.

## **PALMER PARK: a new play about Port Perry**

Date and Time: Thursday, February 14 8:00 pm

Address: Town Hall 1873 Centre for the Performance Arts

### **PALMER PARK**

#### **A new play about Port Perry**

**Presented by Borelians Community Theatre**

#### ***Performances:***

***February 14, 15, 16, 21, 22, 23 (starts at 8pm)***

***February 16, 23 (2pm matinees)***

It's been a long time since Kathryn De Lancie has set foot in Port Perry. Her decades spent in Hollywood have been a whirlwind of leading roles and rave reviews; but even with all the fame and adoration, try as she may, Kathryn has never been able to fully forget her rural roots.

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Tickets:

Adults: \$24

Students (18 and under): \$12 with valid student ID

Groups: \$20 for 6 or more Adults at the same performance.

Thursdays: Buy one Adult ticket, get another at half off.

[CLICK HERE TO VISIT THE BOX OFFICE](#)

[CLICK HERE FOR MORE INFO ABOUT THE PLAY](#)

## **Two on the Aisle, Three in a Van**

Date and Time: Thursday, February 14 8:00 pm - 10:00 pm

Address: 416 Centre Street South

The second show of the season at Whitby Courthouse Theatre, is a hilarious comedy about community theatre, and the personalities involved!

## Sunderland Lions Music Festival

Date and Time: Friday, February 15 9:00 am - 4:00 pm

Address: Sunderland Town Hall, St. Andrews Church (Sunderland) and Port Perry High School - depending on the designated session schedules

The *Sunderland Lions Music Festival* is intended to promote higher standards of musical awareness and achievement in our community by providing young musicians with opportunities for public performance and professional assessment.

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## About the Festival.....



From its early beginnings 62 years ago, the **Sunderland Lions Music Festival** has grown to the point where it now runs for 2 weeks during which participants are judged in all levels of piano, voice, strings, instrumental and choral in addition to special band clinician sessions and workshops for elementary and secondary level students by highly qualified adjudicators. The winners of each class are then invited back to perform during our "Stars of the Festival" concerts which run during the evenings of the 3rd week at which time they also receive their class awards and other special awards and trophies are presented.

The *Sunderland Lions Music Festival* is open to all residents of the Townships of Brock, Scugog, Uxbridge, Eldon, Mariposa and former Georgina as of the entry closure dates listed (ANY requests for extensions of this area must have been submitted in writing to the Festival Committee for consideration.) Contestants, other than those in the Piano, Trained Voice and Trained Instrumental Classes must be residents of the above-mentioned areas. For Piano and Trained Voice/Instrumental Classes, either the pupil or teacher must reside in these areas. Students of the designated adjudicators are not eligible.

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daily in the downstairs hall of the church by the ladies of St. Andrews United Church.

The **2019 Festival Program** is available for viewing/download on the Sunderland Lions Music Festival website where the daily schedules for each of the STARS concerts are posted by noon on the day of each concert.

## **Jane Eccles - In These Threads**

Date and Time: Friday, February 15 10:00 am - 4:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

## **\*\* CANCELLED\*\* Durham Region Roundtable on Climate Change Meeting**

Date and Time: Friday, February 15 1:00 pm

## **Little Big Town - Breakers Tour**

Date and Time: Friday, February 15 7:00 pm - 11:00 pm

Address: Tribute Communities Centre

After a 20-plus city, sold out U.S. tour, Grammy-award winning foursome Little Big Town will extend The Breakers Tour into Canada including Oshawa's Tribute Communities Centre on Friday, February 15, 2019. All shows will feature special guests, Midland and Ashley McBryde.

Tickets for The Breakers Canada Tour in Oshawa go on-sale Friday, October 12th at 10:00am at [tributecommunitiescentre.com](http://tributecommunitiescentre.com), by phone at 1-877-436-8811 and in person at the ticket office.

Pre-sale tickets and a special VIP package launch NOW on [www.littlebigtown.com](http://www.littlebigtown.com) (password: BETTERMAN). The VIP experience, offered throughout the tour, will include a private, pre-show acoustic performance from the band, limited edition merchandise, and more.

GRAMMY, ACM, CMA, and AMA Award-winning group, Little Big Town -- consisting of members Karen Fairchild, Phillip Sweet, Kimberly Schlapman, and Jimi Westbrook -- first entered the music scene over 20 years ago with hit songs "Boondocks," "Bring It On Home," "Good As Gone" and the GRAMMY-nominated "Little White Church." Their breakthrough albums *Tornado* and *Pain Killer* produced multiple #1 singles, including "Pontoon," "Tornado," and "Day Drinking," as well as the history-making, best-selling country single of the year (2015) "Girl Crush." Released February 24, 2017, Little Big Town's last studio album, *The Breaker*, debuted #1 on the Billboard Country Charts and Top 10 (No.4) on the Billboard 200 to critical acclaim, marking the group's fourth Top 10 debut on the Billboard 200 chart. The album features their GRAMMY-winning, multi-week #1 single, "Better Man," as well as "When Someone Stops Loving You."

Little Big Town has earned more than 40 award show nominations and in the past five years has taken home nearly 20 awards, including multiple GRAMMY, AMA, People's Choice, CMA, ACM awards, and an Emmy award. Currently the reigning CMA and ACM Vocal Group of the Year, the Country Music Hall of Fame inductees (



2014) went onto receive their star on the Nashville Walk of Fame in 2017. Also in 2017, Little Big Town hosted a sold-out, year-long artist residency at the famed Ryman Auditorium in Nashville -- marking the venue's first-ever, year-long residency in its 125-year history. The band also recently launched 4 Cellars wine, their first non-musical project as a band, with Browne Family Vineyards. On July 26th The Country Music Hall of Fame and Museum in Nashville launched their new, yearlong exhibit called LITTLE BIG TOWN: THE POWER OF FOUR showcasing the bands powerful and storied 20-year history within the country music community.

Join us in the Whiskey Lounge Pre-Show Experience before the concert. Call for details.

## **PALMER PARK: a new play about Port Perry**

Date and Time: Friday, February 15 8:00 pm

Address: Town Hall 1873 Centre for the Performance Arts

### **PALMER PARK**

#### **A new play about Port Perry**

**Presented by Borelians Community Theatre**

#### ***Performances:***

***February 14, 15, 16, 21, 22, 23 (starts at 8pm)***

***February 16, 23 (2pm matinees)***

It's been a long time since Kathryn De Lancie has set foot in Port Perry. Her decades spent in Hollywood have been a whirlwind of leading roles and rave reviews; but even with all the fame and adoration, try as she may, Kathryn has never been able to fully forget her rural roots.

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Tickets:

Adults: \$24

Students (18 and under): \$12 with valid student ID

Groups: \$20 for 6 or more Adults at the same performance.

Thursdays: Buy one Adult ticket, get another at half off.

[CLICK HERE TO VISIT THE BOX OFFICE](#)

[CLICK HERE FOR MORE INFO ABOUT THE PLAY](#)

## Two on the Aisle, Three in a Van

Date and Time: Friday, February 15 8:00 pm - 10:00 pm

Address: 416 Centre Street South

The second show of the season at Whitby Courthouse Theatre, is a hilarious comedy about community theatre, and the personalities involved!

## Saturday, February 16, 2019

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### Beaverton Legion - 2019 Ice Fishing Derby

Date and Time: Saturday, February 16 7:00 am - 5:00 pm

Address: Beaverton / Lake Simcoe

We are pleased to announce the 2019 edition of our Ice Fishing Derby and Fish Fry to coincide with Family Day on February 16th.

This marks the second running of an event that has been extremely popular in our community in the past. These events have raised funds to support our Veterans programs and to fund Youth Sports activities within the community.

Tickets \$20.00 per person which includes a Fish Fry Dinner at the Legion.

- Kids under 5 Free
- Kids 5 – 10 only \$5.00
- Take Out Fish Dinner \$10.00

Rules:

- Fish must be caught in Lake Simcoe on the day of the event.
- Fish must be weighed in officially to qualify.
- Catch limits must be respected.
- Verify ice and weather conditions before you go.

Tickets Available At:

- Simcoe Outdoors
- Kyle's Bait & Tackle
- Dave's Fish Huts
- Mitchell's Fish Huts
- Tim Hales Fish Huts
- D W & Sons Bait & Tackle
- Floyd Hales Fish Huts
- Casey's Fish Huts
- Beaver River Bait Shop
- True Canadian Outdoors - Vaughn
- Beaverton Legion

Derby runs from 7 a.m. to 5 p.m. - Dinner starts at 6 p.m.

Website: [www.beavertonlegion.com](http://www.beavertonlegion.com)

Email: [contact@beavertonlegion.com](mailto:contact@beavertonlegion.com)

## Jane Eccles - In These Threads

Date and Time: Saturday, February 16 10:00 am - 4:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

## Walk & Talk: For Adults with Autism and Their Families

Date and Time: Saturday, February 16 10:00 am - 11:00 am

Address: Abilities Centre (55 Gordon St, Whitby, ON L1N 0J2)

**Walk & Talk: Saturdays starting January 12 through March 30 @ 10:00 AM in Whitby @ [Abilities Centre](#)**

Start your weekend off with a leisurely stroll around the sensory-friendly and accessible track at the Abilities Centre and enjoy a chat with families just like yours. **\*Must register with AHBD to receive your FREE Abilities Centre day pass to participate!\***

Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

Autism Home Base Durham is a registered charity that provides social and recreational programs for adults with autism and their family caregivers in Durham Region. Visit our website for more info: <https://www.homebasedurham.com/> Like us on Facebook: <https://www.facebook.com/AutismHomeBase/>

[#autismafter18](#) [#whitby](#) [#DurhamRegion](#) [#walkingclub](#)

## Two on the Aisle, Three in a Van

Date and Time: Saturday, February 16 2:00 pm - 4:00 pm

Address: 416 Centre Street South

The second show of the season at Whitby Courthouse Theatre, is a hilarious comedy about community theatre, and the personalities involved!

## **PALMER PARK: a new play about Port Perry**

Date and Time: Saturday, February 16 2:00 pm

Address: Town Hall 1873 Centre for the Performance Arts

### **PALMER PARK**

**A new play about Port Perry**

**Presented by Borelians Community Theatre**

#### ***Performances:***

***February 14, 15, 16, 21, 22, 23 (starts at 8pm)***

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[CLICK HERE TO VISIT THE BOX OFFICE](#)

[CLICK HERE FOR MORE INFO ABOUT THE PLAY](#)

## **SIMCOE STREET MARKET Grand Opening Celebration**

Date and Time: Saturday, February 16 5:00 pm - 7:00 pm

Address: 359 Simcoe Street, Beaverton, Ontario, L0K 1A0

We are so excited to be opening our NEW market in Beaverton featuring many local amazing artisans! Come celebrate with us and enjoy some refreshments, meet the makers, do a little shopping, and take a walk around to

SIMCOE STREET MARKET is a curated marketplace in the heart of BEAVERTON, ONTARIO. Taking place throughout the year, we bring together contemporary and traditional makers, artisans and traders from your neighborhood and the GTA to our communal space located on Beaverton's Historical Main Street. A designed market like no other.

SIMCOE STREET MARKET offers a diverse, quality, shopping experience. But more than that, it's about people and place; meeting the makers, conversation with friends, and embedding the social back into shopping.

SIMCOE STREET MARKET presents a unique selection of jewellery, ceramics, glassware, textiles, homewares, illustration and beauty products. This year-round market is consumer oriented and offers visitors the opportunity to meet the designers and view, buy or commission products.

## **PALMER PARK: a new play about Port Perry**

Date and Time: Saturday, February 16 8:00 pm

Address: Town Hall 1873 Centre for the Performance Arts

### **PALMER PARK A new play about Port Perry**

**Presented by Borelians Community Theatre**

#### ***Performances:***

***February 14, 15, 16, 21, 22, 23 (starts at 8pm)***

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Address: 416 Centre Street South

The second show of the season at Whitby Courthouse Theatre, is a hilarious comedy about community theatre, and the personalities involved!

## **Sunday, February 17, 2019**

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### **Jane Eccles - In These Threads**

Date and Time: Sunday, February 17 10:00 am - 4:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

### **Uninstructed Life Drawing at the VAC**

Date and Time: Sunday, February 17 11:00 am - 2:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Avenue, Bowmanville, L1C 3K8

This is a time slot for artists looking to work with a model. Come in and draw or paint independently and work alongside other artists. Sundays, 11 a.m. to 2 p.m., \$45/4 week (per month) or \$20/week (at the door). Weekly up until June 30, 2019.

### **Art & About: For Adults with Autism and Their Families**

Date and Time: Sunday, February 17 2:00 pm - 3:00 pm

Address: Arts Resource Centre (45 Queen St, Oshawa, ON L1H 3Z3)

**Art & About: Sundays starting January 6 through March 24 @ 2:00 PM in Oshawa @ [Arts Resource Centre](#)**

Draw, paint and explore your creative potential in this fun filled art program. This program is led by a professional artist instructor and is appropriate for all skill levels and abilities. All art materials provided. For adults with Autism and their families.

Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

Autism Home Base Durham is a registered charity that provides social and recreational programs for adults with autism and their family caregivers in Durham Region. Visit our website for more info: <https://www.homebasedurham.com/> Like us on Facebook: <https://www.facebook.com/AutismHomeBase/>

#autismafter18 #oshawa #DurhamRegion #art

## **Monday, February 18, 2019**

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### **Family Fun Day**

Date and Time: Monday, February 18 9:00 am - 4:00 pm

Address: Downtown Oshawa

Pancake breakfast

Civic Square (50 Centre St S)

9 am to noon

Xtreme RC and Raceways

57 Simcoe St S, Unit A

2 for 1 on all rentals plus sale specials

Community Church

71 Simcoe St S

12 pm to 4:30 pm

free movie, goodies and fun for the entire family

Skye's Clothing

16 King St E

11 am to 3 pm

In-store specials in honour of Family Day

Ice Bar Dessert Café

10 Simcoe St N

Kids under 12 eat free with each paying adult, students and seniors 10% off

Robert McLaughlin Gallery

72 Queen St

1 pm to 3 pm

Enjoy Sound rebound - rock and roll with mixed media art creation

Subway

10 Simcoe St S

any 6 inch sub \$5.00 and any 12 inch sub for \$8.00

Lava Yoga

1 Simcoe St N

3 pm to 4:30 pm

Free family yoga

Canadian Automotive Museum

99 Simcoe St S

10 am to 3 pm

Crafts, activities and guided tour, Lightning McQueen, balloons with a twist

Regent Theatre

50 King St E

3 pm



Bruno Mars tribute

Tribute Communities Centre

99 Athol St E

10 am to 11:50 am

Free skating - ice cleaning at 10:50, no boots on the ice, no rentals available

Durham Automotive and Brakes

73 Bond St W

Feb 18- 4 March

In honour of Family Day, free mechanical inspection, free engine light check, \$300 for brakes (contacts only taxes extra), free oil change with and brake job

Other locations in the downtown that are open:

Edge of Oz

4 Bond St W

B. Co. Discount Shoppie

21 Bond St E

Archery 2 You

60 Celina St

Smokes Pouterie Oshawa

75 King St E

Eggcellent Eatery

15 King St W

Crepe Culture

2-35 King St E

Top Corner Gill and BBQ

28 King St E

T2 Café and Lounge

29 Simcoe St S

Berry Hill

82 King St W

## GRCA's Therapy Through Nature

Date and Time: Monday, February 18 9:00 am - 12:00 pm

Address: Ganaraska Forest Centre, 10585 Cold Springs Camp Road, Campbellcroft

The Ganaraska Region Conservation Authority (GRCA) is pleased to welcome Blue Bark and Co. to the Ganaraska Forest!

Join Guide Jessica on a morning of cleansing the soul with nature. This 1.5km gentle walk in the woods, with activities along the way, is appropriate for those who are looking for a deeper connection to nature.

The fee to participate in this experience is \$45.00. Spaces are limited. Please call the GRCA to pre-register at 905.885.8173 or email [info@grca.on.ca](mailto:info@grca.on.ca) for further information.

## Family Fun Day

Date and Time: Monday, February 18 9:00 am - 12:00 pm

Address: Oshawa - Civic Square & Tribute Communities Centre

Community Builders Network of Hope presents a FREE Family Fun Day Event in downtown Oshawa. Kick off Family Day with a **FREE PANCAKE BREAKFAST** with Paw Patrol & Minion along with family participation games, line dancing, & a petting zoo all out doors at Oshawa Civic Square from 9am-12pm. We will also be hosting a FREE Family Skate at Tribute Communities Centre from 10-10:50am; 11-11:50am (no Skate rental available). Enter at Rink 2 (entrance off of Bruce St. at back of Tribute Communities Centre). Come skate with Paw Patrol & Olaf. Free hot chocolate will be served at this location.

## Walk the Dome: For Adults with Autism and Their Families

Date and Time: Monday, February 18 9:00 am - 10:30 am

Address: Pickering Soccer Club (1975 Clements Rd, Pickering, ON L1W 4C2)

## **Walk the Dome: Mondays starting January 7 through March 25 @ 9:00 AM in Pickering @ Pickering Soccer Club**

Start your week off with a leisurely stroll around the gorgeous indoor fields at Pickering Soccer Club and enjoy a chat with families just like yours. Sign in at front desk under "Autism Home Base Durham" to participate!

Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

Autism Home Base Durham is a registered charity that provides social and recreational programs for adults with autism and their family caregivers in Durham Region. Visit our website for more info: <https://www.homebasedurham.com/> Like us on Facebook: <https://www.facebook.com/AutismHomeBase/>

[#autismafter18](#) [#pickering](#) [#DurhamRegion](#) [#walkingclub](#)

## **Pickering Celebrates Family Day**

Date and Time: Monday, February 18 10:00 am - 4:00 pm

Address: Pickering Recreation Complex, 1867 Valley Farm Road, Pickering, ON

**Full day of active family fun!** Your Family day pass including Arts, crafts, dance, fitness, games, swimming, skating and more. **Pass required.** Passes are \$18.25 and go on sale at the Rec Complex in January.

**Skating is free for everyone on Family Day.** No pass required. Sponsored by Dr.Zigler from Green Door Dental.

**Clay Works Family Day Workshop** with Pickering Arts Studio. Families will make their own keepsake book covers to hold photos in this creative workshop. Cost for workshop is \$8.00 per child. Studio Times are 10:00 am, 11:30 am, 1:00 pm, and 2:30 pm. Spaces are limited. Sign up at the Rec Complex, Front Desk now while activities last. (this workshop is not included in Family Day Pass)

## **Winter WonderLearn**

Date and Time: Monday, February 18 10:00 am - 2:00 pm

Address: Courtice

Clarington Public Library in Courtice is hosting Winter Wonder Learn.

Enjoy a free day of family fun at a festival designed to get you active, learn something new, and enjoy time together!

Get STEAMED this Family Day holiday! Your family can discover amazing science, technology, engineering, arts, and math fun and activities! Take in an interactive science show with special guest, Mad Science! No registration is required.

## **Family Day in Whitby**

Date and Time: Monday, February 18 10:00 am - 4:00 pm

Address: Various Locations - Please see website

Celebrate Family Day in Whitby with free activities including skating, swimming, movies, live music, crafts, ice carvings, fitness classes and more! Activities will take place at five sites in Whitby including: Iroquois Park Sports Centre, Whitby Community Recreation Complex, McKinney Arena, Luther Vipond Arena and Brooklin Community Centre and Library

**Please visit our website for the full schedule of events and their locations, as start and end times vary.**

## Ajax WinterFest

Date and Time: Monday, February 18 11:00 am - 4:00 pm

Address: McLean Community Centre, 95 Magill Drive, Ajax, L1T 4M5

Free admission! Enjoy the winter season with your family at the Town of Ajax's Family Day Winterfest! Located at the McLean Community Centre, families will enjoy winter themed activities including:

- The Great Canadian Lumberjacks have three outdoor shows at 11:30 a.m., 1 and 3 p.m.
- Free Swims from 11 a.m. - 1 p.m. AND 1:30 - 3:30 p.m. graciously sponsored by [Printhini Nagaratnam, Broker, RE/MAX Hallmark First Group Realty Ltd.](#)
- Free Family Fitness Zumba class at 11:30 a.m. \*Indoor Shoes required
- Horse and carriage rides in the snow from 12 - 4 p.m.
- Apple Cider provided by Longo's \*while supplies last
- and more!!

Nominal fees apply for food.

## Artefact Exploration

Date and Time: Monday, February 18 12:00 pm - 4:00 pm

Address: Oshawa Museum

On Family Day, join our Visitor Hosts from 12 – 4 pm, who will show you genuine Victorian and Edwardian era artefacts! Test out our new carpet sweeper, or hand pump butter churn, try photographing your friend with a vintage Kodak! Browse through Oshawa newspapers from Canada's Centennial and Oshawa's Semicentennial or 50th Anniversary as a City.

Artefact Explosion is taking place in the Guy House and is free to explore! Museums tours are offered through the afternoon, and admission is by donation. On display in the Robinson House Galleries is Community Health in the 20th Century and A Carrying Place: Oshawa's Indigenous Story.

## Free Family Skate

Date and Time: Monday, February 18 1:00 pm - 3:00 pm

Address: Pickering Recreation Complex, 1867 Valley Farm Road, Pickering, ON

Free family skate sponsored by Dr. Zigler of Green Door Dental. Bring the family, and lace up those skates for a fun afternoon of skating at the Pickering Recreation Complex Arenas. Please bring your own skates/helmets.

## Tuesday, February 19, 2019

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### Sunderland Lions Music Festival

Date and Time: Tuesday, February 19 9:00 am - 9:00 pm

Address: Sunderland Town Hall, St. Andrews Church (Sunderland) and Port Perry High School - depending on the designated session schedules

The *Sunderland Lions Music Festival* is intended to promote higher standards of musical awareness and achievement in our community by providing young musicians with opportunities for public performance and professional assessment.

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### About the Festival.....



From its early beginnings 62 years ago, the **Sunderland Lions Music Festival** has grown to the point where it now runs for 2 weeks during which participants are judged in all levels of piano, voice, strings, instrumental and choral in addition to special band clinician sessions and workshops for elementary and secondary level students by highly qualified adjudicators. The winners of each class are then invited back to perform during our "Stars of the Festival" concerts which run during the evenings of the 3rd week at which time they also receive their class awards and other special awards and trophies are presented.

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**Each year our festival has...** helped to raise the bar of performance as countless aspiring young musicians perform publicly. Additionally, the opportunity to pursue one's dreams and to share /develop one's musical talents in an enjoyable atmosphere is of primary importance to the organizers of this festival. The cultural life of this area has clearly been enriched by the contributions of the Festival as we continue to see many second and third generation participants listed in the program each year. It is our hope that this fine family tradition will continue and that we will endeavour to make the efforts of all our participants a rewarding and educational experience.

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### Venues....

All Music Festival classes are open to the public and are held in 1 of 3 locations: Sunderland Town Hall, St. Andrews United Church (*just around the corner from the Sunderland Town Hall*) and Port Perry High School (*just 20 minutes south of Sunderland*). All locations are wheelchair accessible and parking is available at all locations. Street level parking is usually available near the Sunderland Town Hall on River Street or at the arena, just behind St. Andrews United Church. Parking is readily available in the school parking lot and on the streets in Port Perry. Delicious light lunches including homemade soups, sandwiches and desserts are served daily in the downstairs hall of the church by the ladies of St. Andrews United Church.

The **2019 Festival Program** is available for viewing/download on the Sunderland Lions Music Festival website where the daily schedules for each of the STARS concerts are posted by noon on the day of each concert.

## Jane Eccles - In These Threads

Date and Time: Tuesday, February 19 10:00 am - 9:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

## Regional Councillors visit Durham York Energy Centre

Date and Time: Tuesday, February 19 10:00 am - 2:30 pm

Address: Durham York Energy Centre, 1835 Energy Drive, Courtice, ON, L1E 2R2

Regional Councillors only are invited to attend a tour of the Durham York Energy Centre (DYEC).

Regional Councillors have expressed an interest in touring the Durham York Energy Centre to gain a better understanding on resource recovery recognizing waste as a resource.

Several different tour dates and times are being offered to Regional Councillors to accommodate their schedules. Safety protocols will be followed during the tour. This event is by invitation only.

## Guys Nite Out: for Adults with Autism and Their Families

Date and Time: Tuesday, February 19 6:30 pm - 7:30 pm

Address: Castle John's Pub & Restaurant (789 King Ave E, Newcastle, ON L1B 1K8)

**Guys Nite Out: (every 3rd Tuesday) January 15, February 19, March 19 @ 6:30PM Newcastle @ Castle John's**

Kick back and enjoy a monthly night out with the guys. On the 3rd Tuesday of every month our guys meet to enjoy a couple rounds of pool and a laugh at the local pub. For adults with Autism and their families.

Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

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#autismafter18 #clarington #newcastle #DurhamRegion #guysnight #pool #billiards

## Paul Brandt and High Valley

Date and Time: Tuesday, February 19 7:30 pm - 11:00 pm

Address: Tribute Communities Centre

Canadian country music superstar Paul Brandt and multi-CCMA Group or Duo of the Year winners High Valley are thrilled to announce the launch of The Journey Tour 2019. The tour brings together an epic lineup that includes special guest Jess Moskaluke and features the Hunter Brothers. All four acts will come together on stage at this year's Canadian Country Music Awards for a special live performance and will be stopping in Oshawa at the Tribute Communities Centre on February 19, 2019.

Bringing together the best of Canadian Country Music, The Journey Tour 2019 will kick off in Abbotsford, British Columbia on January 25th, and wrap up 21 stops later in Sudbury, Ontario February 24th. Fans purchasing tickets for the Oshawa show will also receive a digital download copy of Paul Brandt's new album The Journey BNA: Vol. 2.

Artist pre-sale runs Thursday, September 6 at 10am until Friday, September 7th at 10pm local time or while supplies last. AMERICAN EXPRESS pre-sale begins Thursday September 6 at 10am until Friday, September 7th at 10pm local time.

The Canadian public has never been offered such a complete country music touring spectacle in one national tour, and on one stage.

In conjunction with the tour announcement, Paul Brandt has announced that his newest collection of songs, The Journey BNA: Vol. 2 will be released on Friday, November 9, 2018. The release of the EP is preceded by the single "Bittersweet" co-written by High Valley's Brad Rempel and featuring guitarist Lindsay Ell.

## Wednesday, February 20, 2019

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### Sunderland Lions Music Festival

Date and Time: Wednesday, February 20 9:00 am - 9:00 pm

Address: Sunderland Town Hall, St. Andrews Church (Sunderland) and Port Perry High School - depending on the designated session schedules

The *Sunderland Lions Music Festival* is intended to promote higher standards of musical awareness and achievement in our community by providing young musicians with opportunities for public performance and professional assessment.

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## Venues....

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The **2019 Festival Program** is available for viewing/download on the Sunderland Lions Music Festival website where the daily schedules for each of the STARS concerts are posted by noon on the day of each concert.

## **Gym & Swim Pickering: For Adults with Autism and Their Families**

Date and Time: Wednesday, February 20 9:00 am - 11:00 am

Address: Pickering Recreation Complex (1867 Valley Farm Rd, Pickering, ON L1V 6K7)

**Gym & Swim: Wednesdays, January 9 through March 27 @ 9-11 AM in Pickering @ Pickering Recreation Complex**



Enjoy an afternoon of fun and fitness! Every Wednesday our families run, jump and swim together. This multi-sport program offers a wide range of activities in the gym and aqua fit/ free swim in the pool. For adults with Autism and their families.

Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

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#autismafter18 #pickering #clarington #newcastle #DurhamRegion #swimming #gym #fitness #basketball #pickleball #soccer

## Jane Eccles - In These Threads

Date and Time: Wednesday, February 20 10:00 am - 9:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

## Gym & Swim Newcastle: For Adults with Autism and Their Families

Date and Time: Wednesday, February 20 12:15 pm - 2:00 pm

Address: Diane Hamre Recreation Complex (1780 Rudell Rd, Newcastle, ON L1B 1G8)

**Gym & Swim: Wednesdays, January 9 through March 27 @12:15 PM in Newcastle @ Diane Hamre Recreation Complex**

Enjoy an afternoon of fun and fitness! Every Wednesday our families run, jump and swim together. This multi-sport program offers a wide range of activities in the gym and aqua fit/ free swim in the pool. For adults with Autism and their families.

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#autismafter18 #pickering #clarington #newcastle #DurhamRegion #swimming #gym #fitness #basketball #pickleball #soccer

## Regional Councillors visit Durham York Energy Centre

Date and Time: Wednesday, February 20 1:00 pm - 2:30 pm

Address: Durham York Energy Centre, 1835 Energy Drive, Courtice, ON, L1E 2R2

Regional Councillors only are invited to attend a tour of the Durham York Energy Centre (DYEC).

Regional Councillors have expressed an interest in touring the Durham York Energy Centre to gain a better understanding on resource recovery recognizing waste as a resource.

Several different tour dates and times are being offered to Regional Councillors to accommodate their schedules. Safety protocols will be followed during the tour. This event is by invitation only.

## Mocktails, Makeup and a Movie

Date and Time: Wednesday, February 20 6:00 pm - 9:00 pm

Address: Landmark Cinemas 24 Whitby

Bring your mom, your daughter, and all your BFF's to Mocktails, Makeup and a Movie on February 20th, 2019 at Landmark Cinemas in Whitby benefitting the Ontario Shores Foundation for Mental Health.

Enjoy savory snacks, signature mocktails, a candy bar and more! After that sit back and relax while watching the evening's feature "Isn't it Romantic" starring Rebel Wilson and Liam Hemsworth. #FeelGoodGreatCause

## Thursday, February 21, 2019

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### Sunderland Lions Music Festival

Date and Time: Thursday, February 21 9:00 am - 9:00 pm

Address: Sunderland Town Hall, St. Andrews Church (Sunderland) and Port Perry High School - depending on the designated session schedules

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### About the Festival.....



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## Jane Eccles - In These Threads

Date and Time: Thursday, February 21 10:00 am - 9:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

## ®Art School is Worth It! (9-12)

Date and Time: Thursday, February 21 6:00 pm - 7:00 pm

Address: One The Esplanade Pickering, ON L1V 6K7

Have you ever wondered how some of the most famous art in the world was made? Explore a new artist each week and try your hand at their medium. Attendance for all six weeks is encouraged.

## Games Group: For Adults with Autism and Their Families

Date and Time: Thursday, February 21 6:30 pm - 7:30 pm

Address: Critical Hit Gaming Lounge (1540 Durham Regional Hwy 2, Courtice, ON L1E 2R)

**Games Group: (monthly) January 17, February 21, March 21, @ 6:30 PM in Cortice @ Critical Hit Gaming Lounge**

New program! Do you enjoy video games, board games, table top games or card games? Come join us every 3rd Thursday for our Games Group! For adults with autism and their families.

Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

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#autismafter18 #boardgames #tabletopgames #videogames #DurhamRegion #courtice

## Cinechats Film Festival

Date and Time: Thursday, February 21 6:30 pm - 9:00 pm

Address: Room C-113, G. Willey Bld., UOIT/DC Campus, 2000 Simcoe St. N.

The Cinechats Film Festival is an acclaimed weekly (and year-round!) series of the best motion pictures from around the world. It's like TIFF, but right here in suburbia -- and without all the immodest hype. Instead, we have lively conversations after each film. To date, over 28,000 people have attended Cinechats, which is a not-for-profit community educational collaboration between Artsforum, the University of Ontario Institute of Technology (UOIT), Durham College, and the Durham Council for the Arts. (Trent University in Durham has also been a recent partner.) Cinechats was twice nominated for the region's Art of Transition Creative Award. Come see movies that will stir your emotions and make you think -- movies with award-caliber performances, movies for the artist in all of us. We've even had a world-premiere and some exclusive presentations of films before they were released commercially in North America. For more information, contact John at (905) 576-0359 or by email at : [artsforum\\_magazine@yahoo.ca](mailto:artsforum_magazine@yahoo.ca)

## Durham Environmental Advisory Committee Meeting

Date and Time: Thursday, February 21 7:00 pm

## Art Talk: Naughty Bits: Censorship in the Arts

Date and Time: Thursday, February 21 7:00 pm - 8:00 pm

Address: Station Gallery

Censorship has been a part of the arts for centuries. Join SG Curator Olex Wlasenko in an hour-long illustrated

discussion of controversial artworks that were restricted or suppressed throughout history and in Canada.

Suggested donation of \$5

## **PALMER PARK: a new play about Port Perry**

Date and Time: Thursday, February 21 8:00 pm

Address: Town Hall 1873 Centre for the Performance Arts

### **PALMER PARK A new play about Port Perry**

**Presented by Borelians Community Theatre**

#### ***Performances:***

***February 14, 15, 16, 21, 22, 23 (starts at 8pm)***

***February 16, 23 (2pm matinees)***

It's been a long time since Kathryn De Lancie has set foot in Port Perry. Her decades spent in Hollywood have been a whirlwind of leading roles and rave reviews; but even with all the fame and adoration, try as she may, Kathryn has never been able to fully forget her rural roots.

Now here she is, on location, in Port Perry, and the town is vibrating with excitement. Everywhere you go, the only thing being talked about is how Hollywood has come to town with lights and cameras and the hometown girl who followed her dreams. Will local folk catch a glimpse of the town's prodigal daughter, or will Kathryn manage to hide from her past, the same way she has for years?

This brand new comedy from Port Perry's own playwright, Graeme Powell, is a fresh look at what makes small towns such fantastic places to live. Mixing huge laughs with local history, familiar names, and instantly recognizable characters, Palmer Park reminds us that there is a feeling in our hearts which we all have in common... home.

Tickets:

Adults: \$24

Students (18 and under): \$12 with valid student ID

Groups: \$20 for 6 or more Adults at the same performance.

Thursdays: Buy one Adult ticket, get another at half off.

[CLICK HERE TO VISIT THE BOX OFFICE](#)

[CLICK HERE FOR MORE INFO ABOUT THE PLAY](#)

## **Two on the Aisle, Three in a Van**

Date and Time: Thursday, February 21 8:00 pm - 10:00 pm

Address: 416 Centre Street South

The second show of the season at Whitby Courthouse Theatre, is a hilarious comedy about community theatre, and the personalities involved!

## Friday, February 22, 2019

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### Sunderland Lions Music Festival

Date and Time: Friday, February 22 9:00 am - 9:00 pm

Address: Sunderland Town Hall, St. Andrews Church (Sunderland) and Port Perry High School - depending on the designated session schedules

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## Bi-weekly Bowling: For Adults with Autism and Their Families

Date and Time: Friday, February 22 3:00 pm - 4:00 pm

Address: Newcastle Town Hall (20 King Ave W Clarington, ON L1B 1H7)

**Bi-weekly Bowling: 2nd and 4th Fridays starting January 11 through March 22 @ 3:00 PM in Newcastle @ Newcastle Town Hall (5-pin bowling)**

Come and get your bowl on with AHBD! Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

Autism Home Base Durham is a registered charity that provides social and recreational programs for adults with autism and their family caregivers in Durham Region. Visit our website for more info: <https://www.homebasedurham.com>

#autismafter18 #newcastle #clarington #DurhamRegion #bowling

## Y/Z Open Mic

Date and Time: Friday, February 22 7:00 pm - 9:00 pm

Address: Pickering Town Centre, Library Lounge, 1355 Kingston Rd, Pickering ON L1V 1B8

Swing by our open mic to get something off your chest, express yourself, meet new people, or just enjoy the environment. As February is Black History Month, we will be opening the floor to those voices.

## PALMER PARK: a new play about Port Perry

Date and Time: Friday, February 22 8:00 pm

Address: Town Hall 1873 Centre for the Performance Arts

### **PALMER PARK**

#### **A new play about Port Perry**

**Presented by Borelians Community Theatre**

#### *Performances:*

*February 14, 15, 16, 21, 22, 23 (starts at 8pm)*

*February 16, 23 (2pm matinees)*

It's been a long time since Kathryn De Lancie has set foot in Port Perry. Her decades spent in Hollywood have been a whirlwind of leading roles and rave reviews; but even with all the fame and adoration, try as she may, Kathryn has never been able to fully forget her rural roots.

Now here she is, on location, in Port Perry, and the town is vibrating with excitement. Everywhere you go, the only thing being talked about is how Hollywood has come to town with lights and cameras and the hometown girl who followed her dreams. Will local folk catch a glimpse of the town's prodigal daughter, or will Kathryn manage to hide from her past, the same way she has for years?

This brand new comedy from Port Perry's own playwright, Graeme Powell, is a fresh look at what makes small towns such fantastic places to live. Mixing huge laughs with local history, familiar names, and instantly recognizable characters, Palmer Park reminds us that there is a feeling in our hearts which we all have in common... home.

Tickets:

Adults: \$24

Students (18 and under): \$12 with valid student ID

Groups: \$20 for 6 or more Adults at the same performance.



Thursdays: Buy one Adult ticket, get another at half off.

[CLICK HERE TO VISIT THE BOX OFFICE](#)

[CLICK HERE FOR MORE INFO ABOUT THE PLAY](#)

## Two on the Aisle, Three in a Van

Date and Time: Friday, February 22 8:00 pm - 10:00 pm

Address: 416 Centre Street South

The second show of the season at Whitby Courthouse Theatre, is a hilarious comedy about community theatre, and the personalities involved!

## Saturday, February 23, 2019

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### ®Escape the Dollhouse (13+)

Date and Time: Saturday, February 23 9:00 am - 5:00 pm

Address: Central Library, One The Esplanade Pickering, ON L1V 6K7

Are you able to break out of this escape room with all these eyes watching...?

Level: High Difficulty

All Day | Four sessions - **Please register to choose your preferred time**

### ®Escape the Red Wedding (13+)

Date and Time: Saturday, February 23 9:00 am - 5:00 pm

Address: Central Library, One The Esplanade Pickering, ON L1V 6K7

Can you escape the mess of it all? Prove it by beating the clock in this escape room.

Level: Medium Difficulty Saturday

All Day | Four sessions - **Please register to choose your preferred time**

## Recreational Summer Soccer In-Person Registration

Date and Time: Saturday, February 23 9:30 am - 12:30 pm

Address: 99 Thorton Road South, Oshawa

Is your child born between 2003-2016? Join us for our in person Recreation Summer Soccer registration to lea

in more about Oshawa Kicks Soccer Club and what programs we will be offering this summer. We will be giving away a pair of Oshawa Generals Tickets and Parking pass to a lucky registrant.

For more information please contact: [houseleague@oshawakicks.com](mailto:houseleague@oshawakicks.com)

## ®EscBlox (9-13)

Date and Time: Saturday, February 23 10:00 am - 10:45 am

Address: Central Library, One The Esplanade Pickering, ON L1V 6K7

Calling all Roblox fans: Do you have what it takes to unlock the clues and escape this room? Sign up to find out.

## Jane Eccles - In These Threads

Date and Time: Saturday, February 23 10:00 am - 4:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

## Seedy Saturday

Date and Time: Saturday, February 23 10:00 am - 3:00 pm

Address: St. Paul's Anglican Church Hall - 383 Osborne Street, Beaverton, ON

Drop-in to share and learn what you can grow in your garden! The event will include: guest speakers, seed vendors, kids table and more!

Bring and swap your heritage and open pollinated seeds.

The event is free for all to attend and co-hosted by: Beaverton, Cannington and Georgina-Brock Horticultural Societies.

## Walk & Talk: For Adults with Autism and Their Families

Date and Time: Saturday, February 23 10:00 am - 11:00 am

Address: Abilities Centre (55 Gordon St, Whitby, ON L1N 0J2)

**Walk & Talk: Saturdays starting January 12 through March 30 @ 10:00 AM in Whitby @ [Abilities Centre](#)**

Start your weekend off with a leisurely stroll around the sensory-friendly and accessible track at the Abilities C

entre and enjoy a chat with families just like yours. **\*Must register with AHBD to receive your FREE Abilities Centre day pass to participate!\***

Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

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[#autismafter18](#) [#whitby](#) [#DurhamRegion](#) [#walkingclub](#)

### ®EscBlox (9-13)

Date and Time: Saturday, February 23 11:15 am - 12:00 pm

Address: Central Library, One The Esplanade Pickering, ON L1V 6K7

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Address: Central Library, One The Esplanade Pickering, ON L1V 6K7

Calling all Roblox fans: Do you have what it takes to unlock the clues and escape this room? Sign up to find out.

## What's Your Style? Exploring Oshawa's Residential Architecture

Date and Time: Saturday, February 23 1:30 pm - 3:30 pm

Address: Oshawa Public Library, McLaughlin Branch, 65 Bagot St., Oshawa

Not sure whether your house is Neo-classical or Neo-Gothic? Puzzled by pilasters? Wondering about the difference between a dormer and a gable?

Wonder no more! Join us on **Saturday, Feb. 23<sup>rd</sup> at 1:30 pm** to learn all about Oshawa's key residential architectural styles and their features over the last 200 years.

From Regency to Victory, Mid-Century Modern to Post-Modern and beyond, this colourful and wide-ranging talk and Q & A, presented by heritage consultant Bob Martindale and Oshawa-born architect John Moses, will answer all your questions. Be sure to bring along photos of your own architectural "baby"!

## PALMER PARK: a new play about Port Perry

Date and Time: Saturday, February 23 2:00 pm

Address: Town Hall 1873 Centre for the Performance Arts

## **PALMER PARK**

### **A new play about Port Perry**

**Presented by Borelians Community Theatre**

#### *Performances:*

*February 14, 15, 16, 21, 22, 23 (starts at 8pm)*

*February 16, 23 (2pm matinees)*

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Thursdays: Buy one Adult ticket, get another at half off.

[CLICK HERE TO VISIT THE BOX OFFICE](#)

[CLICK HERE FOR MORE INFO ABOUT THE PLAY](#)

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**Lynn McDonald presents Legendary Guitarist DON ROSS with Special Guest Pipo**

## Romero

Date and Time: Saturday, February 23 7:00 pm - 10:30 pm

Address: Church of the Ascension, 266 North Street, Port Perry, ON L9L 1B4

***Legendary Guitarist DON ROSS with Special Guest Pipo Romero from Ancient Cadiz, Andalusia, Spain (piporomero.com). Don's coast to coast Canadian Tour 2019 includes us!***

Don't miss Don Ross' unique sound, coupled with Flamenco and Spanish guitar in an intimate concert hall on a frosty February night.

For further information [lynn@lynnmcdonaldjazz.com](mailto:lynn@lynnmcdonaldjazz.com)

Tickets \$25.00 available at [brownpapertickets.com](http://brownpapertickets.com), Eco Port, 180 Queen St., Port Perry or at the door.

## Marriner Caddell & O'Brien

Date and Time: Saturday, February 23 8:00 pm - 11:30 pm

Address: Avalon Lounge Port Whitby Marina; 301 Watson Street West Whitby ON L1N 1A2

Steve Marriner, Chris Caddell & Jesse O'Brien come together for an unforgettable evening of blues. Be sure to bring your dancing shoes.

Steve Marriner is a dynamic and powerful performer. His incorporation of various styles of blues, roots and soul come together to form an original sound that is both deep and genuine. While he currently dedicates most of his time to fronting the acclaimed roots sensation "MonkeyJunk", Steve can often be found performing intimate solo shows and joining other artists as a dynamic sideman.

Chris Caddell: Who would've thought that Belleville, Ontario could produce a musician with the southern vibe and bluesy reverence of a Stevie Ray Vaughan or Doyle Bramhall II? His primary current gig is as the other guitar player in Colin James' band, and Chris also tours theatres in the fall acoustically as the other half of Colin's duo.

Jesse O'Brien: played his first gig, with his father, at the age of 12. A few years later, he was playing piano for Ronnie Hawkins, and the teenager launched into an award-winning career as a keyboardist.

## PALMER PARK: a new play about Port Perry

Date and Time: Saturday, February 23 8:00 pm

Address: Town Hall 1873 Centre for the Performance Arts

### **PALMER PARK**

**A new play about Port Perry**

**Presented by Borelians Community Theatre**

### **Performances:**

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Groups: \$20 for 6 or more Adults at the same performance.

Thursdays: Buy one Adult ticket, get another at half off.

[CLICK HERE TO VISIT THE BOX OFFICE](#)

[CLICK HERE FOR MORE INFO ABOUT THE PLAY](#)

## **Sunday, February 24, 2019**

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### **Jane Eccles - In These Threads**

Date and Time: Sunday, February 24 10:00 am - 4:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

### **Uninstructed Life Drawing at the VAC**

Date and Time: Sunday, February 24 11:00 am - 2:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Avenue, Bowmanville, L1C 3K8

This is a time slot for artists looking to work with a model. Come in and draw or paint independently and work

alongside other artists. Sundays, 11 a.m. to 2 p.m., \$45/4 week (per month) or \$20/week (at the door). Weekly up until June 30, 2019.

## Tea & Talk - Romance and Weddings: Oshawa's Sweethearts and Scandals

Date and Time: Sunday, February 24 1:00 pm - 2:30 pm

Address: Oshawa Museum

Delve into Oshawa's earliest romantic relationships, marriages that took place at the Museum and some of stories that some felt were too scandalous to tell in the past! Learn about the convoluted Henry genealogy, Oshawa's first love story and see some of the Museum's wedding dress collection.

This Tea & Talk takes place at 1 pm on Sunday, February 24, 2019 – just in time for Valentine's Day! Enjoy tea, scones and the lecture for only \$10 per person and \$5 for members of the Oshawa Historical Society. Reservations are required. Please call Jill at 905-436-7624 ext. 106.

## Art & About: For Adults with Autism and Their Families

Date and Time: Sunday, February 24 2:00 pm - 3:00 pm

Address: Arts Resource Centre (45 Queen St, Oshawa, ON L1H 3Z3)

**Art & About: Sundays starting January 6 through March 24 @ 2:00 PM in Oshawa @ Arts Resource Centre**

Draw, paint and explore your creative potential in this fun filled art program. This program is led by a professional artist instructor and is appropriate for all skill levels and abilities. All art materials provided. For adults with Autism and their families.

Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

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#autismafter18 #oshawa #DurhamRegion #art

## Monday, February 25, 2019

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### Walk the Dome: For Adults with Autism and Their Families

Date and Time: Monday, February 25 9:00 am - 10:30 am

Address: Pickering Soccer Club (1975 Clements Rd, Pickering, ON L1W 4C2)

**Walk the Dome: Mondays starting January 7 through March 25 @ 9:00 AM in Pickering @ Pickering Soccer Club**

Start your week off with a leisurely stroll around the gorgeous indoor fields at Pickering Soccer Club and enjoy a chat with families just like yours. Sign in at front desk under "Autism Home Base Durham" to participate!

Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

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[#autismafter18](#) [#pickering](#) [#DurhamRegion](#) [#walkingclub](#)

## Regional Councillors visit Durham York Energy Centre

Date and Time: Monday, February 25 1:00 pm - 2:30 pm

Address: Durham York Energy Centre, 1835 Energy Drive, Courtice, ON, L1E 2R2

Regional Councillors only are invited to attend a tour of the Durham York Energy Centre (DYEC).

Regional Councillors have expressed an interest in touring the Durham York Energy Centre to gain a better understanding on resource recovery recognizing waste as a resource.

Several different tour dates and times are being offered to Regional Councillors to accommodate their schedules. Safety protocols will be followed during the tour. This event is by invitation only.

## Sunderland Lions Music Festival

Date and Time: Monday, February 25 6:30 pm - 9:30 pm

Address: Sunderland Town Hall, St. Andrews Church (Sunderland) and Port Perry High School - depending on the designated session schedules

The *Sunderland Lions Music Festival* is intended to promote higher standards of musical awareness and achievement in our community by providing young musicians with opportunities for public performance and professional assessment.

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## About the Festival.....



From its early beginnings 62 years ago, the **Sunderland Lions Music Festival** has grown to the point where it now runs for 2 weeks during which participants are judged in all levels of piano, voice, strings, instrumental and choral in addition to special band clinician sessions and workshops for elementary and secondary level students by highly qualified adjudicators. The winners of each class are then invited back to perform during our



"Stars of the Festival" concerts which run during the evenings of the 3rd week at which time they also receive their class awards and other special awards and trophies are presented.

The ***Sunderland Lions Music Festival*** is open to all residents of the Townships of Brock, Scugog, Uxbridge, Eldon, Mariposa and former Georgina as of the entry closure dates listed (ANY requests for extensions of this area must have been submitted in writing to the Festival Committee for consideration.) Contestants, other than those in the Piano, Trained Voice and Trained Instrumental Classes must be residents of the above-mentioned areas. For Piano and Trained Voice/Instrumental Classes, either the pupil or teacher must reside in these areas. Students of the designated adjudicators are not eligible.

**Each year our festival has...** helped to raise the bar of performance as countless aspiring young musicians perform publicly. Additionally, the opportunity to pursue one's dreams and to share /develop one's musical talents in an enjoyable atmosphere is of primary importance to the organizers of this festival. The cultural life of this area has clearly been enriched by the contributions of the Festival as we continue to see many second and third generation participants listed in the program each year. It is our hope that this fine family tradition will continue and that we will endeavour to make the efforts of all our participants a rewarding and educational experience.

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## Venues....

All Music Festival classes are open to the public and are held in 1 of 3 locations: Sunderland Town Hall, St. Andrews United Church (*just around the corner from the Sunderland Town Hall*) and Port Perry High School (*just 20 minutes south of Sunderland*). All locations are wheelchair accessible and parking is available at all locations. Street level parking is usually available near the Sunderland Town Hall on River Street or at the arena, just behind St. Andrews United Church. Parking is readily available in the school parking lot and on the streets in Port Perry. Delicious light lunches including homemade soups, sandwiches and desserts are served daily in the downstairs hall of the church by the ladies of St. Andrews United Church.

The **2019 Festival Program** is available for viewing/download on the Sunderland Lions Music Festival website where the daily schedules for each of the STARS concerts are posted by noon on the day of each concert.

## Paint Nite Fundraiser: Durham College Public Relations Program

Date and Time: Monday, February 25 7:00 pm - 8:00 pm

Address: Tartan Tavern, 555 Rossland Road East, Oshawa, Ont. L1K 1K8

Join us as we raise funds for this worthy cause! When you buy a ticket to this event, \$15 will be donated to the Public Relations program at Durham College. Feel good about giving as our local artist guides you and your friends through two hours of painting and laughing 'til your cheeks hurt. The best part? You don't have to be an artist to have an amazing time.

Must be 19+ to attend.

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## Tuesday, February 26, 2019

### Jane Eccles - In These Threads

Date and Time: Tuesday, February 26 10:00 am - 9:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

## **Sensory-Friendly Trampolining: Tuesday, February 26 @ 2:00 PM in Whitby @ Sky Zone**

Date and Time: Tuesday, February 26 2:00 pm - 3:00 pm

Address: Sky Zone Whitby

### **Sensory-Friendly Trampolining: Tuesday, February 26 @ 2:00 PM in Whitby @ Sky Zone**

Jump to your heart's content with a sensory-friendly trampoline experience at Sky Zone Whitby. Join us to connect with new families, make new friends, and have some fun all in your community!

Program for Autism Home Base Durham members. Not a member and want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

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#autismafter18 #whitby #DurhamRegion #trampolines #skyzone

## **Sunderland Lions Music Festival**

Date and Time: Tuesday, February 26 6:30 pm - 9:30 pm

Address: Sunderland Town Hall, St. Andrews Church (Sunderland) and Port Perry High School - depending on the designated session schedules

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The ***Sunderland Lions Music Festival*** is open to all residents of the Townships of Brock, Scugog, Uxbridge, Eldon, Mariposa and former Georgina as of the entry closure dates listed (ANY requests for extensions of this area must have been submitted in writing to the Festival Committee for consideration.) Contestants, other than those in the Piano, Trained Voice and Trained Instrumental Classes must be residents of the above-mentioned areas. For Piano and Trained Voice/Instrumental Classes, either the pupil or teacher must reside in these areas. Students of the designated adjudicators are not eligible.

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## Venues....

All Music Festival classes are open to the public and are held in 1 of 3 locations: Sunderland Town Hall, St. Andrews United Church (*just around the corner from the Sunderland Town Hall*) and Port Perry High School (*just 20 minutes south of Sunderland*). All locations are wheelchair accessible and parking is available at all locations. Street level parking is usually available near the Sunderland Town Hall on River Street or at the arena, just behind St. Andrews United Church. Parking is readily available in the school parking lot and on the streets in Port Perry. Delicious light lunches including homemade soups, sandwiches and desserts are served daily in the downstairs hall of the church by the ladies of St. Andrews United Church.

The **2019 Festival Program** is available for viewing/download on the Sunderland Lions Music Festival website where the daily schedules for each of the STARS concerts are posted by noon on the day of each concert.

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## Wednesday, February 27, 2019

### Gym & Swim Pickering: For Adults with Autism and Their Families

Date and Time: Wednesday, February 27 9:00 am - 11:00 am

Address: Pickering Recreation Complex (1867 Valley Farm Rd, Pickering, ON L1V 6K7)

**Gym & Swim: Wednesdays, January 9 through March 27 @ 9-11 AM in Pickering @ Pickering Recreation Complex**

Enjoy an afternoon of fun and fitness! Every Wednesday our families run, jump and swim together. This multi-sport program offers a wide range of activities in the gym and aqua fit/ free swim in the pool. For adults with Autism and their families.

Join us to connect with new families, make new friends, and have some fun all in your community! Not a member or want to register? Contact us: 289-278-3489 ext. 2 [kristina@homebasedurham.com](mailto:kristina@homebasedurham.com)

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#autismafter18 #pickering #clarington #newcastle #DurhamRegion #swimming #gym #fitness #basketball #pickleball #soccer

## Regional Council Meeting

Date and Time: Wednesday, February 27 9:30 am

## Jane Eccles - In These Threads

Date and Time: Wednesday, February 27 10:00 am - 9:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

## Gym & Swim Newcastle: For Adults with Autism and Their Families

Date and Time: Wednesday, February 27 12:15 pm - 2:00 pm

Address: Diane Hamre Recreation Complex (1780 Rudell Rd, Newcastle, ON L1B 1G8)

**Gym & Swim: Wednesdays, January 9 through March 27 @12:15 PM in Newcastle @ [Diane Hamre Recreation Complex](#)**

Enjoy an afternoon of fun and fitness! Every Wednesday our families run, jump and swim together. This multi-sport program offers a wide range of activities in the gym and aqua fit/ free swim in the pool. For adults with Autism and their families.

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#autismafter18 #pickering #clarington #newcastle #DurhamRegion #swimming #gym #fitness #basketball #pickleball #soccer

## M. NourbeSe Philip Poetry Reading

Date and Time: Wednesday, February 27 5:00 pm - 6:00 pm

Address: 55 Thornton Road South, Oshawa ON (Front Atrium)

Renowned Caribbean Canadian author and poet M. NourbeSe Philip joins us this Wednesday, February 27th for a poetry reading in the Durham Region at the Trent University Durham Greater Toronto Area campus. Join us for an evening of poetry with this distinguished figure in Canadian literature.

## Sunderland Lions Music Festival

Date and Time: Wednesday, February 27 6:30 pm - 9:30 pm

Address: Sunderland Town Hall, St. Andrews Church (Sunderland) and Port Perry High School - depending on the designated session schedules

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## About the Festival.....



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The *Sunderland Lions Music Festival* is open to all residents of the Townships of Brock, Scugog, Uxbridge, Eldon, Mariposa and former Georgina as of the entry closure dates listed (ANY requests for extensions of this area must have been submitted in writing to the Festival Committee for consideration.) Contestants, other than those in the Piano, Trained Voice and Trained Instrumental Classes must be residents of the above-mentioned areas. For Piano and Trained Voice/Instrumental Classes, either the pupil or teacher must reside in these areas. Students of the designated adjudicators are not eligible.

**Each year our festival has...** helped to raise the bar of performance as countless aspiring young musicians perform publicly. Additionally, the opportunity to pursue one's dreams and to share /develop one's musical talents in an enjoyable atmosphere is of primary importance to the organizers of this festival. The cultural life of this area has clearly been enriched by the contributions of the Festival as we continue to see many second and third generation participants listed in the program each year. It is our hope that this fine family tradition will continue and that we will endeavour to make the efforts of all our participants a rewarding and educational experience.

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## Venues....

All Music Festival classes are open to the public and are held in 1 of 3 locations: Sunderland Town Hall, St. Andrews United Church (*just around the corner from the Sunderland Town Hall*) and Port Perry High School (*just 20 minutes south of Sunderland*). All locations are wheelchair accessible and parking is available at all locations. Street level parking is usually available near the Sunderland Town Hall on River Street or at the arena, just behind St. Andrews United Church. Parking is readily available in the school parking lot and on the streets in Port Perry. Delicious light lunches including homemade soups, sandwiches and desserts are served daily in the downstairs hall of the church by the ladies of St. Andrews United Church.

The **2019 Festival Program** is available for viewing/download on the Sunderland Lions Music Festival website where the daily schedules for each of the STARS concerts are posted by noon on the day of each concert.

## Jeff Dunham - Passively Aggressive Tour

Date and Time: Wednesday, February 27 7:00 pm - 10:00 pm

Address: Tribute Communities Centre

Comedian Jeff Dunham has announced the fall leg of his PASSIVELY AGGRESSIVE Tour, with his delightfully twisted cohorts; Peanut, Walter, José Jalapeño, Bubba J, and of course, Achmed the Dead Terrorist. The 56-city tour, which includes stops in the US, Canada and Saudi Arabia, will unveil a brand-new character... Or two!

Dunham has built an entertainment empire over years of non-stop touring and innovation. With 10 million followers on Facebook and 1.8 million YouTube subscribers amassing over a billion views, Jeff has carved out his own unique space in the comedy world leading to record-breaking viewership with his comedy specials on Comedy Central and NBC. His astonishing arena packing power has put him on par with major music acts like Kendrick Lamar and Bruno Mars.

Dunham's most recent stand-up special filmed in Ireland, *Relative Disaster*, features Dunham along with his ill-behaved and slightly demented posse of characters for a hilarious skewering of family and politics. *Relative Disaster* is now streaming on Netflix.

Tickets for his shows are available for purchase now at [jeffdunham.com](http://jeffdunham.com)

Join us for Achmed's Famous Feast Dinner Buffet before the show. Call for details.

## Thursday, February 28, 2019

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### Jane Eccles - In These Threads

Date and Time: Thursday, February 28 10:00 am - 9:00 pm

Address: Visual Arts Centre of Clarington, 143 Simpson Ave., Bowmanville, ON, L1C 3K8

For over 35 years Bowmanville based artist, Jane Eccles has devoted her artistic practice to painting and performance. *In These Threads* is an exhibition that looks at Eccles practice of painting dresses lent to her by women from all walks of life. As part of her process, Eccles researches their stories, producing archival paintings that explore the narratives of women from Canadian writer, Margaret Atwood to farm woman and civic leader, Helen Liss.

## Chili Festival

Date and Time: Thursday, February 28 5:00 pm - 6:00 pm

Address: Downtown Oshawa

Get your Chili passport and check out all the locations that are serving an 8 ounce bowl of chili and a bun/bread. Come out and try the signature chili at the participating locations. Enter your name in the draw via the passport or by liking and sharing the event page on Facebook.

## ®Art School is Worth It! (9-12)

Date and Time: Thursday, February 28 6:00 pm - 7:00 pm

Address: One The Esplanade Pickering, ON L1V 6K7

Have you ever wondered how some of the most famous art in the world was made? Explore a new artist each week and try your hand at their medium. Attendance for all six weeks is encouraged.

## Sunderland Lions Music Festival

Date and Time: Thursday, February 28 6:30 pm - 9:30 pm

Address: Sunderland Town Hall, St. Andrews Church (Sunderland) and Port Perry High School - depending on the designated session schedules

The *Sunderland Lions Music Festival* is intended to promote higher standards of musical awareness and achievement in our community by providing young musicians with opportunities for public performance and professional assessment.

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## John Primer & The Real Deal Blues Band

Date and Time: Thursday, February 28 8:00 pm - 11:30 pm

Address: Town Hall 1873; 302 Queen Street, Port Perry L9L 1J9

You can't paint the blues without the Primer

As the bandleader and lead guitarist for Muddy Waters, Willie Dixon, Magic Slim & The Teardrops, John Primer's virtuosity as a blues musician was forged by legends. John started playing on Maxwell Street, the birthplace of Chicago blues and soon became the house bandleader at the infamous Theresa's Lounge for seven years alongside Sammy Lawhorn, Junior Wells, James Cotton and others.

John Primer has undisputedly helped build the sound and style of Chicago blues as we know it today. The echoes of tradition bellowing from the birthplaces he played such as: Maxwell Street, Theresa's, Checkerboard and Rosa's Lounges, pulse from every chord in his fingers today. Having played or recorded with a who's who of blues greats including Gary Clark Jr., Derek Trucks, Johnny Winter, and Buddy Guy to name a few, John Primer's personal accolades, including Lifetime Achievement Awards, reflect his countless contributions to the history of the blues.

There are very few blues fans, critics or musicians who will deny the fact that John Primer is the real deal and a Chicago Blues Living Legend.

<https://calendar.durham.ca>