Sunday, March 3, 2024

Kendra Yee: Exhibition Opening + Artist Talk

Date and Time: Sunday, March 3 1:00 pm - 4:00 pm

Address: 72 Queen St. Civic Centre Oshawa, ON

Please join us to celebrate the opening of a new exhibition by RBC Emerging Artist in Residence, Kendra Yee. Let us know you're coming with an RSVP.

Kendra Yee is an arts practitioner who seeks to materialize the truths and fictions of memory. Yee pulls from personal and collective narratives to develop site-specific installations that function as alternative archives. Her exhibition at the RMG will feature new ceramic pieces inspired by local community members and collaborators.

Refreshments will be served. Join us in the exhibition space at 2pm for an artist talk with Kendra Yee.

Seating will be available. If there is anything else we can do to support your participation, please reach out to H annah at hkeating@rmg.on.ca.

Monday, March 4, 2024

Clarington - 2025 Strategic Plan Community Engagement

Date and Time: Monday, March 4 4:00 pm - 8:00 pm

Address: Garnet B. Rickard Recreation Complex, 2440 Highway 2, Bowmanville

Your voice matters! Share your thoughts and ideas for what you would like to see reflected in Durham Region's 2025 Strategic Plan. Please visit our display booth and share your ideas with Regional staff.

We encourage everyone to complete the online survey, open from March 1 until March 31. Visit <u>durham.ca/Stra</u> tPlan2025 for more information.

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Planning and Economic Development Committee Meeting

Date and Time: Tuesday, March 5 9:30 am

Homeschool Art Class Winter 2024

Date and Time: Tuesday, March 5 10:00 am - 11:30 am

Address: 72 Queen St. Civic Centre Oshawa, ON

Tuesdays, January 16 to March 5, 2024 (8 weeks)

Ages 9 to 12 from 10 to 11:30 a.m.

Ages 5 to 8 class is full.

\$80 Members | \$90 Non-Members

New! Ages 9 to 12 class along with ages 5 to 8 class will ensure we program to streamline programming suitab le for students of vary abilities and skills development. These programs are inspired by our exhibitions and pers onal responses to the art on the walls! We foster a multi-dimensional approach that encourages individuality an d imaginative problem solving skills using quality fine art materials. Spaces are limited.

Uxbridge - 2025 Strategic Plan Community Engagement

Date and Time: Tuesday, March 5 10:00 am - 1:00 pm

Address: Uxbridge Library, 9 Toronto Street South, Uxbridge

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BACD Business Fundamentals: Business Planning

Date and Time: Tuesday, March 5 2:00 pm - 4:00 pm

Find out the differences between a business plan, a business model canvas and the planning required in starting your own business.

Tuesday Trivia at The Second Wedge

Date and Time: Tuesday, March 5 7:00 pm - 9:00 pm

Address: The Second Wedge Brewing Co., 14 Victoria Street, Uxbridge

Mark your calendars, and gather your teams: Trivia returns to the tasting room Tuesday, February 6! This 12-we ek season is for teams of up to 6, no registration required, first-come, first-served, drop-ins welcome.

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Wednesday, March 6, 2024

Java Jolt (Whitby Chamber of Commerce)

Date and Time: Wednesday, March 6 8:30 am - 9:30 am

Address: The Goodberry, 55 Baldwin Street, Brooklin

Java Jolts are a great way to connect! Come join us!

Twice a month, join members and non-members for a coffee to discuss business-focused topics which will be posted in advance in the Facebook group. For members, by members, this long-standing program continues its primary objective to support the business community and give them an opportunity to network and refer.

Works Committee Meeting

Date and Time: Wednesday, March 6 9:30 am

Transit Executive Committee Meeting

Date and Time: Wednesday, March 6 1:30 pm

She Means Business - A Women's Networking Event (BACD)

Date and Time: Wednesday, March 6 5:00 pm - 7:00 pm

Address: Brunch & Co 163 Brock St N., Whitby,

Calling all female ENTREPRENEURS & BUSINESS OWNERS! Join us at Brunch & Co. Whitby for a Wome n's Networking Event.

Thursday, March 7, 2024

Industry-University Connection and Commercialization Event (Trent University)

Date and Time: Thursday, March 7 8:00 am - 5:00 pm

Address: BOND|ST Event Center, 44 Bond Street East, Oshawa

Showcasing Ontario's collective academic and industry expertise in critical minerals, electric vehicles, and clea ntech.

Using Google Ads to Boost Your Business (BACD)

Date and Time: Thursday, March 7 9:30 am - 10:30 am

In this workshop you will learn how to reach more customers and grow your business with Google Ads.

Health and Social Services Committee Meeting

Date and Time: Thursday, March 7 9:30 am

Meet Up Mash Up for Autistic Adults

Date and Time: Thursday, March 7 10:00 am - 3:00 pm

Address: 95 Magill Drive, Ajax, ON

Drop in from 10 - 3pm for games & crafts

Multi-sport in the gym from 12:15 - 1:30

Group swim 1:30 - 2:30

*For Adults 18 + and your families to get out of the house, active, and connected to a supportive community.

\$100 annual fee

Become a member by clicking here

Connectivity Conference: Maximizing Outcomes (Whitby Chamber of Commerce)

Date and Time: Thursday, March 7 10:00 am - 3:30 pm

Address: Deer Creek Golf & Banquet Facility, 2700 Audley Road, Ajax

Welcome to the 13th annual Connect Women conference: Maximizing Outcomes

Get unstuck. Bring your business outcomes and let's learn how to re-focus our energy and activities to win!

Winning could be advancing your business, your career or personal goals; none of which come easy if you're not clear on what you're trying to achieve.

Pickering - 2025 Strategic Plan Community Engagement

Date and Time: Thursday, March 7 10:00 am - 1:00 pm

Address: Chestnut Hill Developments Recreation Centre, 1867 Valley Farm Rd, Pickering

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Drink and Draw in the Loft at The Second Wedge

Date and Time: Thursday, March 7 7:00 pm - 9:00 pm

Address: The Second Wedge Brewing Co., 14 Victoria Street, Uxbridge

Calling all experienced and budding artists and creatives: Join us for our Drink and Draw sketch jam every othe r Thursday evening! This informal gathering is open to those aged 19+ interested in starting or maintaining sket ching or drawing practice, for fun and creative growth. (More into stitching, making or writing? Come on over – you can practice your craft among friends here too!) Bring your own supplies. Drop-ins are welcome! About your host: From time to time, John Allen is seen backed into a corner sketching at the Wedge. He's an avid sket chbook keeper always having several going at any one time. He sees it akin to an artist's physical training progr am. Designing for TV/film and new media demanded him to swap his pens for a mouse, and despite his passion for staying current with the latest digital tools, he maintains the practice of hand sketching for a variety of reaso ns, not least for the pure joy of it.

Drink and Draw Uxbridge at The Second Wedge

Date and Time: Thursday, March 7 7:00 pm - 9:00 pm

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Durham Active Transportation Committee Meeting

Date and Time: Thursday, March 7 7:00 pm

Friday, March 8, 2024

Purple Woods Maple Syrup Festival

Date and Time: Friday, March 8 9:30 am - 2:30 pm

Address: Purple Woods Conservation Area, 38 Coates Road East, Oshawa

Come out and experience a Canadian tradition in our sugarbush at Purple Woods Conservation Area in Oshawa! Sap collected from hundreds of sugar maple trees is boiled on-site into delicious maple syrup. On your self-gu ided tour, you can visit our modern evaporator, enjoy games, activities, horse-drawn wagon rides, and, of cours e, pancakes with real maple syrup. Don't forget to stop by our Heritage Store to purchase some maple treats to t ake home!

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Pre-purchase tickets online.

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Pre-purchase tickets online.

Scugog - 2025 Strategic Plan Community Engagement

Date and Time: Friday, March 8 5:00 pm - 8:00 pm

Address: Scugog Arena, 1655 Reach Street, Port Perry

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RMG Fridays: International Women's Day

Date and Time: Friday, March 8 7:00 pm - 10:00 pm

Address: 72 Queen St. Civic Centre Oshawa, ON

We're celebrating International Women's Day at the RMG! Half of the people on this planet. That's who we are. It's taking us forever to feel like we deserve to have a single day to get recognition. Some still do not get voting rights, nor independence, or choice to out of fear to be themselves. This is this night to hear leading voices in D urham Region of women owned businesses and see performances of young and dedicated talent. Come to buy I ocally owned food prepared and crafts made with passion and perseverance.

Order of Events

7:00pm: Doors open. Art Activity with Farah in the Art Studio and yoga class with Kimmel Alcide in Arthur's

7:15pm: DRIFF screening in the Lookout

7:30pm: Wise Women with Liz Oke, Mathilda Irawan, and Georgia Fullerton

8:00pm: First session of Chair'ography Workshop with Inferno Pole Studio

8:15pm: DRIFF screening in the Lookout

8:30pm: Tour with Associate Curator, Public Programs, Hannah Keating. Learn more about our <u>exhibitions</u> that feature female and queer artists.

8:45pm: Let's DANCE! DJ Lynz's crew will be spinning tunes to raise your hands, sing along and feel the joy!

9:00pm: Second session of Chair'ography Workshop with Inferno Pole Studio

Saturday, March 9, 2024

Purple Woods Maple Syrup Festival

Date and Time: Saturday, March 9 9:30 am - 2:30 pm

Address: 38 Coates Road East, Oshawa ON

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Women's Circle Sound Healing and Meditation Mini Retreat

Date and Time: Saturday, March 9 6:00 pm - 8:00 pm

Address: 103 Mary Street W, Whitby

Welcome to our Women's Circle Sound Healing and Meditation Mini Retreat, a sacred gathering designed to no urish your mind, body, and spirit in the embrace of sisterhood and serenity.

Our mini retreat is a sanctuary where women come together to honor the divine feminine within themselves and each other. Led by experienced facilitators, this intimate gathering offers a blend of ancient practices and moder n healing modalities to foster deep connection, inner peace, and rejuvenation.

*Women's Circle:

In our Women's Circle, we create a safe and supportive space for authentic sharing, heartfelt connection, and co llective healing. Through guided discussions, reflective exercises, and ceremonial rituals, we explore themes rel ated to femininity, self-discovery, empowerment, and spiritual growth. Whether you're seeking guidance, inspir ation, or simply a listening ear, our circle provides a nurturing environment to be seen, heard, and held by your s isters.

*Sound Healing Meditation:

Immerse yourself in the healing vibrations of sound as you embark on a transformative journey of meditation a nd relaxation. Guided by the soothing tones of crystal singing bowls, chimes, and other sacred instruments, you

will experience a profound sense of harmony and inner alignment. The gentle resonance of sound waves helps to release tension, quiet the mind, and awaken your body's natural healing abilities, allowing you to enter a state of deep peace and serenity.

*Meditation Practices:

Explore various meditation techniques, breathwork exercises, and mindfulness practices to cultivate presence, c larity, and inner calm. Whether you're new to meditation or an experienced practitioner, our retreat offers access ible tools and guidance to deepen your practice and enhance your well-being.

*Tea Ceremony:

Savor the sensory delight of a traditional tea ceremony, where each sip becomes a moment of mindfulness and r everence. Delight your palate with a selection of herbal teas chosen for their soothing properties and healing be nefits. As you connect with the natural world through the ritual of tea-drinking, you'll nourish your body and so ul, inviting a sense of grounding and vitality into your being.

Benefits:

- Deepen your connection to yourself and others
- Release stress, tension, and emotional blockages
- Cultivate a sense of inner peace, balance, and resilience
- Tap into your intuition, creativity, and inner wisdom
- Renew your spirit and awaken your heart's desires

Join us for a transformative journey of self-discovery, healing, and sisterhood at our Women's Circle Sound He aling and Meditation Mini Retreat. Together, let us create a sacred space where you can replenish your soul, aw aken your spirit, and shine your radiant light into the world.

Gridiron Youth Football Training Winter Camp

Date and Time: Saturday, March 9 7:00 pm - 9:00 pm

https://calendar.durham.ca