

Sunday, August 7, 2022

Jimmie Frise ~ A Canadian Cartoonist Special Exhibit

Date and Time: Sunday, August 7 10:00 a.m. - 4:00 p.m.

July 27th – September 2nd

Available to view 10am-4pm Wednesday to Sunday with general admission.

Best known for his Toronto Star series Birdseye Centre, Jimmie Frise was born and raised on Scugog Island before rising to cartoon fame from the 1920's – 1940's. View a selection of works by famous cartoonist, Jimmie Frise, featuring the newly restored painting The Last Muskie. "The Lake Scugog Historical Society is pleased to have sponsored the recent restoration of this very large watercolour & ink painting by our own renowned cartoonist Jimmie Frise. Scugog Shores Museum has one of the largest collections of Frise paintings and artwork in Ontario and we look forward to seeing this piece displayed for all to see", states LSHS president Marilyn Pearce.

Exhibition: Sutures

Date and Time: Sunday, August 7 10:00 a.m. - 4:00 p.m.

Address: 143 Simpson Ave., Bowmanville, L1C 2H9 143 Simpson Ave., Bowmanville, L1C 2H9

In the exhibition Sutures, Eve Tagny and Emii Alrai have stitched together duelling notions of a wound across explosive times and physical space. After injury, a suture weaves broken pieces back into a whole. Its bands pull together, forcing two lacerations to meet as the body recovers from incision. Though rough and imperfect, these markings imply a severing that at once imprint signifiers of new life and healing.

Plays from the Past

Date and Time: Sunday, August 7 02:00 p.m. - 3:00 p.m.

Address: Scugog Shores Museum Village Scugog Shores Museum Village

This popular mixed staged reading program from 2021 returns to look back at the plays of the early 20th century and finds that comedy, tragedy, social commentary and entertainment abound.

No intermission. General admission seating. Bring your own chairs.

Monday, August 8, 2022

Land Division Committee Virtual Meeting

Date and Time: Monday, August 8 09:00 a.m. - 4:30 p.m.

Kids Expressive Arts Camp

Date and Time: Monday, August 8 09:15 a.m. - 4:00 p.m.

Address: 30 Bellwood Dr, Whitby, ON L1N 8M4 30 Bellwood Dr, Whitby, ON L1N 8M4

Our Expressive Arts Camp Program for children ages 5-12 utilizes a mindfulness-based approach that promotes connection and individual expression. Each week, we get creative with different art forms and produce new art projects daily. We take part in mindfulness activities and energetic games and fun. We create an inclusive, safe space where participants can learn more about themselves and others through the art making process.

We recognize the value of small group sizes to maximize safety, individualization, and a high-quality art-making experiences for our campers.

For more information regarding our Expressive Arts Camp Program, please call us at [905-493-5955](tel:905-493-5955) or email us at info@artwithaheart.ca!

Exhibition: Sutures

Date and Time: Monday, August 8 10:00 a.m. - 4:00 p.m.

Address: 143 Simpson Ave., Bowmanville, L1C 2H9 143 Simpson Ave., Bowmanville, L1C 2H9

In the exhibition Sutures, Eve Tagny and Emii Alrai have stitched together duelling notions of a wound across explosive times and physical space. After injury, a suture weaves broken pieces back into a whole. Its bands pull together, forcing two lacerations to meet as the body recovers from incision. Though rough and imperfect, these markings imply a severing that at once imprint signifiers of new life and healing.

Bloom: Adults with Varying Abilities Summer Camp

Date and Time: Monday, August 8 01:00 p.m. - 3:00 p.m.

Address: 30 Bellwood Dr, Whitby, ON L1N 8M4 30 Bellwood Dr, Whitby, ON L1N 8M4

Bloom: Adults with Varying Abilities/disabilities is a mindful, fun and inclusive summer camp experience. Bloom offers a safe and connected environment to participate in art making through an exploration of a variety of art mediums and processes. We will play, express ourselves, our creativity, and engage within the community. We want our participants to make meaningful connections while having fun with expressive arts.

We focus on a mindful approach to programming to best suit the needs of the individual. We use a low skill high sensitivity approach and require no past art experience before participating in this program.

Our camp sizes are intentionally capped at lower numbers (8 per session) while offering different date options. They also have the option to be in-person for sessions, virtual, or a hybrid of both. We recognize the value of small group sizes to maximize safety and individualization so we can provide a high quality camp experience for everyone attending. All people 18+ with disabilities are welcome.

We are offering Mindful Mondays, Trillium Tuesdays, Wacky Wednesdays, Thoughtful Thursdays and Feel-good Fridays. Every Mindful Monday session is themed around art activities that promote mindfulness and grounding. Tranquil Tuesdays are focused on art and nature. Wacky Wednesdays are focused on abstract and eccentric art activities. Thoughtful Thursdays art activities are focused around gratitude, love and reflection and Feel-good Fridays are focused around our favourite things, interests and happiness!

We will be offering 6 weeks of programming from Monday July 11th to Friday August 19th.

Participants can sign up for individual sessions.

Virtual Bloom Sessions:

- Monday: 1:00pm – 3:00pm
- Wednesday: 1:00pm – 3:00pm
- Friday: 1:00pm – 3:00pm

In-person Bloom Sessions:

- Tuesday 1:00pm – 3:30pm (3:30 – 4 pick-up)
- Thursday 1:00pm – 3:30pm (3:30 – 4 pick-up)

For more information regarding our Bloom and/or schedule, call us at [905-493-5955](tel:905-493-5955) or email us at adultprograms@artwithaheart.ca!

Teen Artists Unite - Summer Camp

Date and Time: Monday, August 8 01:00 p.m. - 4:00 p.m.

Address: 30 Bellwood Dr, Whitby, ON L1N 8M4 30 Bellwood Dr, Whitby, ON L1N 8M4

Our Expressive Arts Camp Program for teens aged 13-17 utilizes a mindfulness-based approach that promotes connection and individual expression. Each week, we get creative with different art forms and produce new art projects daily. We take part in mindfulness activities, energizing games, and fun.

We create an inclusive, safe space where participants can learn more about themselves and others through the art-making process.

We recognize the value of small group sizes to maximize safety, individualization, and a high-quality art-making experience. Therefore, our program sizes are intentionally capped at lower numbers.

Running weekly from July 4th to August 26th, Monday to Friday.

For more information regarding our Teen Artists Unite Summer Camp program, call us at [905-493-5955](tel:905-493-5955) or email us at info@artwithaheart.ca!

Tuesday, August 9, 2022

Kids Expressive Arts Camp

Date and Time: Tuesday, August 9 09:15 a.m. - 4:00 p.m.

Address: 30 Bellwood Dr, Whitby, ON L1N 8M430 Bellwood Dr, Whitby, ON L1N 8M4

Our Expressive Arts Camp Program for children ages 5-12 utilizes a mindfulness-based approach that promotes connection and individual expression. Each week, we get creative with different art forms and produce new art projects daily. We take part in mindfulness activities and energetic games and fun. We create an inclusive, safe space where participants can learn more about themselves and others through the art making process.

We recognize the value of small group sizes to maximize safety, individualization, and a high-quality art-making experiences for our campers.

For more information regarding our Expressive Arts Camp Program, please call us at [905-493-5955](tel:905-493-5955) or email us at info@artwithaheart.ca!

Exhibition: Sutures

Date and Time: Tuesday, August 9 10:00 a.m. - 4:00 p.m.

Address: 143 Simpson Ave., Bowmanville, L1C 2H9143 Simpson Ave., Bowmanville, L1C 2H9

In the exhibition Sutures, Eve Tagny and Emii Alrai have stitched together duelling notions of a wound across explosive times and physical space. After injury, a suture weaves broken pieces back into a whole. Its bands pull together, forcing two lacerations to meet as the body recovers from incision. Though rough and imperfect, these markings imply a severing that at once imprint signifiers of new life and healing.

Bloom: Adults with Varying Abilities Summer Camp

Date and Time: Tuesday, August 9 01:00 p.m. - 3:30 p.m.

Address: 30 Bellwood Dr, Whitby, ON L1N 8M430 Bellwood Dr, Whitby, ON L1N 8M4

Bloom: Adults with Varying Abilities/disabilities is a mindful, fun and inclusive summer camp experience. Bloom offers a safe and connected environment to participate in art making through an exploration of a variety of art mediums and processes. We will play, express ourselves, our creativity, and engage within the community. We want our participants to make meaningful connections while having fun with expressive arts.

We focus on a mindful approach to programming to best suit the needs of the individual. We use a low skill high sensitivity approach and require no past art experience before participating in this program.

Our camp sizes are intentionally capped at lower numbers (8 per session) while offering different date options. They also have the option to be in-person for sessions, virtual, or a hybrid of both. We recognize the value of small group sizes to maximize safety and individualization so we can provide a high quality camp experience for everyone attending. All people 18+ with disabilities are welcome.

We are offering Mindful Mondays, Trillium Tuesdays, Wacky Wednesdays, Thoughtful Thursdays and Feel-good Fridays. Every Mindful Monday session is themed around art activities that promote mindfulness and grounding. Tranquil Tuesdays are focused on art and nature. Wacky Wednesdays are focused on abstract and eccentric art activities. Thoughtful Thursdays art activities are focused around gratitude, love and reflection and Feel-good Fridays are focused around our favourite things, interests and happiness!

We will be offering 6 weeks of programming from Monday July 11th to Friday August 19th.

Participants can sign up for individual sessions.

Virtual Bloom Sessions:

- - Monday: 1:00pm – 3:00pm
 - Wednesday: 1:00pm – 3:00pm
 - Friday: 1:00pm – 3:00pm

In-person Bloom Sessions:

- - Tuesday 1:00pm – 3:30pm (3:30 – 4 pick-up)
 - Thursday 1:00pm – 3:30pm (3:30 – 4 pick-up)

For more information regarding our Bloom and/or schedule, call us at [905-493-5955](tel:905-493-5955) or email us at [adultprograms@artwithaheart.ca!](mailto:adultprograms@artwithaheart.ca)

Teen Artists Unite - Summer Camp

Date and Time: Tuesday, August 9 01:00 p.m. - 4:00 p.m.

Address: 30 Bellwood Dr, Whitby, ON L1N 8M430 Bellwood Dr, Whitby, ON L1N 8M4

Our Expressive Arts Camp Program for teens aged 13-17 utilizes a mindfulness-based approach that promotes connection and individual expression. Each week, we get creative with different art forms and produce new art projects daily. We take part in mindfulness activities, energizing games, and fun.

We create an inclusive, safe space where participants can learn more about themselves and others through the art-making process.

We recognize the value of small group sizes to maximize safety, individualization, and a high-quality art-making experience. Therefore, our program sizes are intentionally capped at lower numbers.

Running weekly from July 4th to August 26th, Monday to Friday.

For more information regarding our Teen Artists Unite Summer Camp program, call us at [905-493-5955](tel:905-493-5955) or email us at [info@artwithaheart.ca!](mailto:info@artwithaheart.ca)

Chamber on Tap (Whitby Chamber of Commerce)

Date and Time: Tuesday, August 9 05:30 p.m. - 7:30 p.m.

Address: Baton Rouge, 25 Consumers Dr., WhitbyBaton Rouge, 25 Consumers Dr., Whitby

Chamber on Tap is back in-person! This time we're visiting proud member, Baton Rouge Restaurant & Bar!

Grab a beverage and connect with professionals in a casual atmosphere. Sample some amazing beverages at your own cost, while included in your price is a choice of light snacks. So, make sure to grab dinner in advance.

Everyone is welcome to join, please connect with our team if you need assistance prior or onsite.

Wednesday, August 10, 2022

Java Jolt (Whitby Chamber of Commerce)

Date and Time: Wednesday, August 10 08:30 a.m. - 9:30 a.m.

We will continue to offer one Java Jolts - Wednesday monthly virtual alongside with in-person!

Three times a month, join members and non-members for a coffee to discuss business-focused topics which will be posted in advance in the Facebook group. For members, by members, this long-standing program continues its primary objective to support the business community and give them an opportunity to network and refer.

Kids Expressive Arts Camp

Date and Time: Wednesday, August 10 09:15 a.m. - 4:00 p.m.

Address: 30 Bellwood Dr, Whitby, ON L1N 8M430 Bellwood Dr, Whitby, ON L1N 8M4

Our Expressive Arts Camp Program for children ages 5-12 utilizes a mindfulness-based approach that promotes connection and individual expression. Each week, we get creative with different art forms and produce new art projects daily. We take part in mindfulness activities and energetic games and fun. We create an inclusive, safe space where participants can learn more about themselves and others through the art making process.

We recognize the value of small group sizes to maximize safety, individualization, and a high-quality art-making experiences for our campers.

For more information regarding our Expressive Arts Camp Program, please call us at [905-493-5955](tel:905-493-5955) or email us at info@artwithaheart.ca!

Jimmie Frise ~ A Canadian Cartoonist Special Exhibit

Date and Time: Wednesday, August 10 10:00 a.m. - 4:00 p.m.

July 27th – September 2nd

Available to view 10am-4pm Wednesday to Sunday with general admission.

Best known for his Toronto Star series Birdseye Centre, Jimmie Frise was born and raised on Scugog Island before rising to cartoon fame from the 1920's – 1940's. View a selection of works by famous cartoonist, Jimmie Frise, featuring the newly restored painting The Last Muskie. "The Lake Scugog Historical Society is pleased to have sponsored the recent restoration of this very large watercolour & ink painting by our own renowned cartoonist Jimmie Frise. Scugog Shores Museum has one of the largest collections of Frise paintings and artwork in Ontario and we look forward to seeing this piece displayed for all to see", states LSHS president Marilyn Pearce.

Exhibition: Sutures

Date and Time: Wednesday, August 10 10:00 a.m. - 4:00 p.m.

Address: 143 Simpson Ave., Bowmanville, L1C 2H9 143 Simpson Ave., Bowmanville, L1C 2H9

In the exhibition Sutures, Eve Tagny and Emii Alrai have stitched together duelling notions of a wound across explosive times and physical space. After injury, a suture weaves broken pieces back into a whole. Its bands pull together, forcing two lacerations to meet as the body recovers from incision. Though rough and imperfect, these markings imply a severing that at once imprint signifiers of new life and healing.

Teen Artists Unite - Summer Camp

Date and Time: Wednesday, August 10 01:00 p.m. - 4:00 p.m.

Address: 30 Bellwood Dr, Whitby, ON L1N 8M4 30 Bellwood Dr, Whitby, ON L1N 8M4

Our Expressive Arts Camp Program for teens aged 13-17 utilizes a mindfulness-based approach that promotes connection and individual expression. Each week, we get creative with different art forms and produce new art projects daily. We take part in mindfulness activities, energizing games, and fun.

We create an inclusive, safe space where participants can learn more about themselves and others through the art-making process.

We recognize the value of small group sizes to maximize safety, individualization, and a high-quality art-making experience. Therefore, our program sizes are intentionally capped at lower numbers.

Running weekly from July 4th to August 26th, Monday to Friday.

For more information regarding our Teen Artists Unite Summer Camp program, call us at [905-493-5955](tel:905-493-5955) or email us at info@artwithaheart.ca!

Bloom: Adults with Varying Abilities Summer Camp

Date and Time: Wednesday, August 10 01:00 p.m. - 3:00 p.m.

Address: 30 Bellwood Dr, Whitby, ON L1N 8M4 30 Bellwood Dr, Whitby, ON L1N 8M4

Bloom: Adults with Varying Abilities/disabilities is a mindful, fun and inclusive summer camp experience. Bloom offers a safe and connected environment to participate in art making through an exploration of a variety of art mediums and processes. We will play, express ourselves, our creativity, and engage within the community. We want our participants to make meaningful connections while

having fun with expressive arts.

We focus on a mindful approach to programming to best suit the needs of the individual. We use a low skill high sensitivity approach and require no past art experience before participating in this program.

Our camp sizes are intentionally capped at lower numbers (8 per session) while offering different date options. They also have the option to be in-person for sessions, virtual, or a hybrid of both. We recognize the value of small group sizes to maximize safety and individualization so we can provide a high quality camp experience for everyone attending. All people 18+ with disabilities are welcome.

We are offering Mindful Mondays, Trillium Tuesdays, Wacky Wednesdays, Thoughtful Thursdays and Feel-good Fridays. Every Mindful Monday session is themed around art activities that promote mindfulness and grounding. Tranquil Tuesdays are focused on art and nature. Wacky Wednesdays are focused on abstract and eccentric art activities. Thoughtful Thursdays art activities are focused around gratitude, love and reflection and Feel-good Fridays are focused around our favourite things, interests and happiness!

We will be offering 6 weeks of programming from Monday July 11th to Friday August 19th.

Participants can sign up for individual sessions.

Virtual Bloom Sessions:

- Monday: 1:00pm – 3:00pm
- Wednesday: 1:00pm – 3:00pm
- Friday: 1:00pm – 3:00pm

In-person Bloom Sessions:

- Tuesday 1:00pm – 3:30pm (3:30 – 4 pick-up)
- Thursday 1:00pm – 3:30pm (3:30 – 4 pick-up)

For more information regarding our Bloom and/or schedule, call us at [905-493-5955](tel:905-493-5955) or email us at adultprograms@artwithaheart.ca!

Wednesday Live Quarter Horse Racing at Ajax Downs Racetrack

Date and Time: Wednesday, August 10 01:30 p.m. - 4:00 p.m.

Address: 50 Alexanders Crossing50 Alexanders Crossing

Join us Wednesdays for Live Quarter Horse Racing at Ajax Downs Racetrack.

Live racing and family fun all season long!

Check out our website at www.ajaxdowns.com or find us on social media!

Also check our other event days - One Sunday a month & Thanksgiving Monday for live racing, prizes, giveaways and special events.

Clarington's Tall Tales! (TD Summer Reading Club)

Date and Time: Wednesday, August 10 02:00 p.m. - 3:00 p.m.

Address: 62 Temperance St., Bowmanville ON62 Temperance St., Bowmanville ON

[All ages]

Sarah Jane Williams Heritage Centre (62 Temperance St., Bowmanville)

Wednesday, August 10

2:00 to 3:00 p.m.

Drop in; no registration required. No charge.

Hear the story of a mysterious creature said to live in Lake Ontario! Discover how stories are passed down through generations and create your own monster mystery!

Music in the Park

Date and Time: Wednesday, August 10 07:00 p.m. - 8:00 p.m.

Come to the park to listen to live, great music by local musicians!

Wednesdays from July 6 to August 17 at Rotary Centennial Park and Thursdays from July 7 to August 18 at Grass Park.

Please visit our website for up to date information: www.whitby.ca/en/play/whitby-live.aspx

Thursday, August 11, 2022

What's Brewing? (Oshawa Chamber of Commerce)

Date and Time: Thursday, August 11 09:00 a.m. - 10:00 a.m.

Address: Berry Hill Food Company, 82 King Street West, OshawaBerry Hill Food Company, 82 King Street West, Oshawa

Come join your Greater Oshawa Chamber of Commerce for an informal coffee and networking event.

Kids Expressive Arts Camp

Date and Time: Thursday, August 11 09:15 a.m. - 4:00 p.m.

Address: 30 Bellwood Dr, Whitby, ON L1N 8M430 Bellwood Dr, Whitby, ON L1N 8M4

Our Expressive Arts Camp Program for children ages 5-12 utilizes a mindfulness-based approach that promotes connection and individual expression. Each week, we get creative with different art forms and produce new art projects daily. We take part in mindfulness activities and energetic games and fun. We create an inclusive, safe space where participants can learn more about themselves and others through the art making process.

We recognize the value of small group sizes to maximize safety, individualization, and a high-quality art-making experiences for our campers.

For more information regarding our Expressive Arts Camp Program, please call us at [905-493-5955](tel:905-493-5955) or email us at info@artwithaheart.ca!

Family Fun Thursdays

Date and Time: Thursday, August 11 10:00 a.m. - 4:00 p.m.

Address: 16210 Island Road16210 Island Road

Family Fun Thursdays are here! Beginning Thursday, May 26th, guests can enjoy additional fun each week! Drop in every Thursday for some extra exploration, included with general admission to the museum.

Programming changes weekly, check the Family Fun Thursday lineup or Scugog Shores Museum social media to see what each week holds! Seek & Find through the village, learn about uses and meanings of flowers and herbs, or play some pioneer games – what will you discover?

Seek & Find and Garden Days are open to drop in visitors. View the schedule here <https://calendar.scugog.ca/default/Detail/2022-05-26-1000-Family-Fun-Thursdays3>

Pioneer Game Days include a special game session at 11:00 am with limited space available. Pre-registration for Pioneer Game Day sessions at www.scugog.ca/museum.

Discovering Trades includes an activity related to 19th century jobs, available at any time during the reserved day. Please pre-register at www.scugog.ca/museum to reserve a spot.

May 26, Seek n' Find (drop-in)

June 2, Garden Days (drop-in)

June 9, Pioneer Games (pre-register)

June 16, Discovering Trades (pre-register)

June 23, Seek n' Find (drop-in)

June 30, Garden Days (drop-in)

July 7, Pioneer Games (pre-register)

July 14, Discovering Trades (pre-register)

July 21, Seek n' Find (drop-in)

July 28, Garden Days (drop-in)

August 4, Pioneer Games (pre-register)

August 11, Discovering Trades (pre-register)

August 18, Seek n' Find (drop-in)

August 25, Garden Days (drop-in)

Jimmie Frise ~ A Canadian Cartoonist Special Exhibit

Date and Time: Thursday, August 11 10:00 a.m. - 4:00 p.m.

July 27th – September 2nd

Available to view 10am-4pm Wednesday to Sunday with general admission.

Best known for his Toronto Star series Birdseye Centre, Jimmie Frise was born and raised on Scugog Island before rising to cartoon fame from the 1920's – 1940's. View a selection of works by famous cartoonist, Jimmie Frise, featuring the newly restored painting The Last Muskie. "The Lake Scugog Historical Society is pleased to have sponsored the recent restoration of this very large watercolour & ink painting by our own renowned cartoonist Jimmie Frise. Scugog Shores Museum has one of the largest collections of Frise paintings and artwork in Ontario and we look forward to seeing this piece displayed for all to see", states LSHS president Marilyn Pearce.

Exhibition: Sutures

Date and Time: Thursday, August 11 10:00 a.m. - 4:00 p.m.

Address: 143 Simpson Ave., Bowmanville, L1C 2H9 143 Simpson Ave., Bowmanville, L1C 2H9

In the exhibition Sutures, Eve Tagny and Emii Alrai have stitched together duelling notions of a wound across explosive times and physical space. After injury, a suture weaves broken pieces back into a whole. Its bands pull together, forcing two lacerations to meet as the body recovers from incision. Though rough and imperfect, these markings imply a severing that at once imprint signifiers of new life and healing.

Teen Artists Unite - Summer Camp

Date and Time: Thursday, August 11 01:00 p.m. - 4:00 p.m.

Address: 30 Bellwood Dr, Whitby, ON L1N 8M4 30 Bellwood Dr, Whitby, ON L1N 8M4

Our Expressive Arts Camp Program for teens aged 13-17 utilizes a mindfulness-based approach that promotes connection and individual expression. Each week, we get creative with different art forms and produce new art projects daily. We take part in mindfulness activities, energizing games, and fun.

We create an inclusive, safe space where participants can learn more about themselves and others through the art-making process.

We recognize the value of small group sizes to maximize safety, individualization, and a high-quality art-making experience. Therefore, our program sizes are intentionally capped at lower numbers.

Running weekly from July 4th to August 26th, Monday to Friday.

For more information regarding our Teen Artists Unite Summer Camp program, call us at [905-493-5955](tel:905-493-5955) or email us at info@artwithaheart.ca!

Bloom: Adults with Varying Abilities Summer Camp

Date and Time: Thursday, August 11 01:00 p.m. - 3:30 p.m.

Address: 30 Bellwood Dr, Whitby, ON L1N 8M4 30 Bellwood Dr, Whitby, ON L1N 8M4

Bloom: Adults with Varying Abilities/disabilities is a mindful, fun and inclusive summer camp experience. Bloom offers a safe and

connected environment to participate in art making through an exploration of a variety of art mediums and processes. We will play, express ourselves, our creativity, and engage within the community. We want our participants to make meaningful connections while having fun with expressive arts.

We focus on a mindful approach to programming to best suit the needs of the individual. We use a low skill high sensitivity approach and require no past art experience before participating in this program.

Our camp sizes are intentionally capped at lower numbers (8 per session) while offering different date options. They also have the option to be in-person for sessions, virtual, or a hybrid of both. We recognize the value of small group sizes to maximize safety and individualization so we can provide a high quality camp experience for everyone attending. All people 18+ with disabilities are welcome.

We are offering Mindful Mondays, Trillium Tuesdays, Wacky Wednesdays, Thoughtful Thursdays and Feel-good Fridays. Every Mindful Monday session is themed around art activities that promote mindfulness and grounding. Tranquil Tuesdays are focused on art and nature. Wacky Wednesdays are focused on abstract and eccentric art activities. Thoughtful Thursdays art activities are focused around gratitude, love and reflection and Feel-good Fridays are focused around our favourite things, interests and happiness!

We will be offering 6 weeks of programming from Monday July 11th to Friday August 19th.

Participants can sign up for individual sessions.

Virtual Bloom Sessions:

- Monday: 1:00pm – 3:00pm
- Wednesday: 1:00pm – 3:00pm
- Friday: 1:00pm – 3:00pm

In-person Bloom Sessions:

- Tuesday 1:00pm – 3:30pm (3:30 – 4 pick-up)
- Thursday 1:00pm – 3:30pm (3:30 – 4 pick-up)

For more information regarding our Bloom and/or schedule, call us at [905-493-5955](tel:905-493-5955) or email us at adultprograms@artwithaheart.ca!

Music in the Park

Date and Time: Thursday, August 11 07:00 p.m. - 8:00 p.m.

Come to the park to listen to live, great music by local musicians!

Wednesdays from July 6 to August 17 at Rotary Centennial Park and Thursdays from July 7 to August 18 at Grass Park.

Please visit our website for up to date information: www.whitby.ca/en/play/whitby-live.aspx

Let there be Light with @jude_anthony_perspective

Date and Time: Thursday, August 11 07:00 p.m. - 10:00 p.m.

Address: 501 Clements Rd W Units 7 & 8, Ajax 501 Clements Rd W Units 7 & 8, Ajax

Is a career in photography something you have been thinking about or maybe as a side -hustle?

OPEN.innovate is lending you our equipment and hosting a workshop series for beginners with the best in the game.

Friday, August 12, 2022

Yoga in the Garden at the Oshawa Museum

Date and Time: Friday, August 12 09:00 a.m. - 10:00 a.m.

Address: 1450 Simcoe Street South 1450 Simcoe Street South

Breathe deep, take a moment, and do a sun salutation in the summer sun with the **Oshawa Museum's** *Yoga in the Garden*. Come down to the Henry House Heritage Gardens and enjoy a morning of *Yoga in the Garden*, in partnership with **Durham Yoga Community**. *Yoga in the Garden* runs Friday mornings, **June 3** through to **August 19** at **9AM**.

Participants are required to bring their own mats & water. Appropriate for all ages, however classes will be geared towards adults.

Yoga in the Garden starts **June 3** from **9AM – 10AM** and will run every Friday morning until **August 19**. Rain or shine!

Admission is FREE; donations to the Oshawa Museum are kindly accepted.

Kids Expressive Arts Camp

Date and Time: Friday, August 12 09:15 a.m. - 4:00 p.m.

Address: 30 Bellwood Dr, Whitby, ON L1N 8M430 Bellwood Dr, Whitby, ON L1N 8M4

Our Expressive Arts Camp Program for children ages 5-12 utilizes a mindfulness-based approach that promotes connection and individual expression. Each week, we get creative with different art forms and produce new art projects daily. We take part in mindfulness activities and energetic games and fun. We create an inclusive, safe space where participants can learn more about themselves and others through the art making process.

We recognize the value of small group sizes to maximize safety, individualization, and a high-quality art-making experiences for our campers.

For more information regarding our Expressive Arts Camp Program, please call us at [905-493-5955](tel:905-493-5955) or email us at info@artwithaheart.ca!

Jimmie Frise ~ A Canadian Cartoonist Special Exhibit

Date and Time: Friday, August 12 10:00 a.m. - 4:00 p.m.

July 27th – September 2nd

Available to view 10am-4pm Wednesday to Sunday with general admission.

Best known for his Toronto Star series Birdseye Centre, Jimmie Frise was born and raised on Scugog Island before rising to cartoon fame from the 1920's – 1940's. View a selection of works by famous cartoonist, Jimmie Frise, featuring the newly restored painting The Last Muskie. "The Lake Scugog Historical Society is pleased to have sponsored the recent restoration of this very large watercolour & ink painting by our own renowned cartoonist Jimmie Frise. Scugog Shores Museum has one of the largest collections of Frise paintings and artwork in Ontario and we look forward to seeing this piece displayed for all to see", states LSHS president Marilyn Pearce.

Exhibition: Sutures

Date and Time: Friday, August 12 10:00 a.m. - 4:00 p.m.

Address: 143 Simpson Ave., Bowmanville, L1C 2H9143 Simpson Ave., Bowmanville, L1C 2H9

In the exhibition Sutures, Eve Tagny and Emii Alrai have stitched together duelling notions of a wound across explosive times and physical space. After injury, a suture weaves broken pieces back into a whole. Its bands pull together, forcing two lacerations to meet as the body recovers from incision. Though rough and imperfect, these markings imply a severing that at once imprint signifiers of new life and healing.

Teen Artists Unite - Summer Camp

Date and Time: Friday, August 12 01:00 p.m. - 4:00 p.m.

Address: 30 Bellwood Dr, Whitby, ON L1N 8M430 Bellwood Dr, Whitby, ON L1N 8M4

Our Expressive Arts Camp Program for teens aged 13-17 utilizes a mindfulness-based approach that promotes connection and individual expression. Each week, we get creative with different art forms and produce new art projects daily. We take part in mindfulness activities, energizing games, and fun.

We create an inclusive, safe space where participants can learn more about themselves and others through the art-making process.

We recognize the value of small group sizes to maximize safety, individualization, and a high-quality art-making experience. Therefore, our program sizes are intentionally capped at lower numbers.

Running weekly from July 4th to August 26th, Monday to Friday.

For more information regarding our Teen Artists Unite Summer Camp program, call us at [905-493-5955](tel:905-493-5955) or email us at info@artwithaheart.ca!

Bloom: Adults with Varying Abilities Summer Camp

Date and Time: Friday, August 12 01:00 p.m. - 3:00 p.m.

Address: 30 Bellwood Dr, Whitby, ON L1N 8M430 Bellwood Dr, Whitby, ON L1N 8M4

Bloom: Adults with Varying Abilities/disabilities is a mindful, fun and inclusive summer camp experience. Bloom offers a safe and connected environment to participate in art making through an exploration of a variety of art mediums and processes. We will play, express ourselves, our creativity, and engage within the community. We want our participants to make meaningful connections while having fun with expressive arts.

We focus on a mindful approach to programming to best suit the needs of the individual. We use a low skill high sensitivity approach and require no past art experience before participating in this program.

Our camp sizes are intentionally capped at lower numbers (8 per session) while offering different date options. They also have the option to be in-person for sessions, virtual, or a hybrid of both. We recognize the value of small group sizes to maximize safety and individualization so we can provide a high quality camp experience for everyone attending. All people 18+ with disabilities are welcome.

We are offering Mindful Mondays, Trillium Tuesdays, Wacky Wednesdays, Thoughtful Thursdays and Feel-good Fridays. Every Mindful Monday session is themed around art activities that promote mindfulness and grounding. Tranquil Tuesdays are focused on art and nature. Wacky Wednesdays are focused on abstract and eccentric art activities. Thoughtful Thursdays art activities are focused around gratitude, love and reflection and Feel-good Fridays are focused around our favourite things, interests and happiness!

We will be offering 6 weeks of programming from Monday July 11th to Friday August 19th.

Participants can sign up for individual sessions.

Virtual Bloom Sessions:

- ◦ Monday: 1:00pm – 3:00pm
- ◦ Wednesday: 1:00pm – 3:00pm
- ◦ Friday: 1:00pm – 3:00pm

In-person Bloom Sessions:

- ◦ Tuesday 1:00pm – 3:30pm (3:30 – 4 pick-up)
- ◦ Thursday 1:00pm – 3:30pm (3:30 – 4 pick-up)

For more information regarding our Bloom and/or schedule, call us at [905-493-5955](tel:905-493-5955) or email us at adultprograms@artwithaheart.ca!

Movies in the Park

Date and Time: Friday, August 12 08:30 p.m. - 11:00 p.m.

Address: Whitby Civic Park - Parking Lot behind Town Hall Whitby Civic Park - Parking Lot behind Town Hall

A modern reincarnation of the drive-in without the cars, Movies in the Park is a great free evening for families. The films are shown using an inflatable screen, a powerful video projector and concert quality sound. Visitors are encouraged to bring their lawn chairs and blankets, popcorn and treats and enjoy the movie outside under the stars.

Check out our website for up to date information.

Night-Time Laser Tag Manhunt

Date and Time: Friday, August 12 09:30 p.m. - 11:30 p.m.

Address: 690 Taunton Road West, Oshawa, ON, L1L 0N9690 Taunton Road West, Oshawa, ON, L1L 0N9

Ever played Laser Tag Outdoors under the Moonlight ?

Battle City in Oshawa will be offering Laser Tag Manhunt every Friday & Saturday night in July and August from 9:30pm-11-30pm.

Unlimited Play for \$29.99 + Tax Per Player.

Terms & Conditions Apply.

Durham College Farmer's Market

Date and Time: Saturday, August 13 09:00 a.m. - 12:00 p.m.

Address: 1604 Champlain Ave, Whitby 1604 Champlain Ave, Whitby

Durham College student workers host a weekly farmers market and garden tours at Durham College Whitby Campus under the outdoor classroom, Fridays 2pm-5pm and Saturdays 9am-12pm. Join us for garden tours and browse our selection of fresh produce, baked goods, and more!

Exhibition: Sutures

Date and Time: Saturday, August 13 10:00 a.m. - 4:00 p.m.

Address: 143 Simpson Ave., Bowmanville, L1C 2H9 143 Simpson Ave., Bowmanville, L1C 2H9

In the exhibition Sutures, Eve Tagny and Emii Alrai have stitched together duelling notions of a wound across explosive times and physical space. After injury, a suture weaves broken pieces back into a whole. Its bands pull together, forcing two lacerations to meet as the body recovers from incision. Though rough and imperfect, these markings imply a severing that at once imprint signifiers of new life and healing.

Jimmie Frise ~ A Canadian Cartoonist Special Exhibit

Date and Time: Saturday, August 13 10:00 a.m. - 4:00 p.m.

July 27th – September 2nd

Available to view 10am-4pm Wednesday to Sunday with general admission.

Best known for his Toronto Star series Birdseye Centre, Jimmie Frise was born and raised on Scugog Island before rising to cartoon fame from the 1920's – 1940's. View a selection of works by famous cartoonist, Jimmie Frise, featuring the newly restored painting The Last Muskie. "The Lake Scugog Historical Society is pleased to have sponsored the recent restoration of this very large watercolour & ink painting by our own renowned cartoonist Jimmie Frise. Scugog Shores Museum has one of the largest collections of Frise paintings and artwork in Ontario and we look forward to seeing this piece displayed for all to see", states LSHS president Marilyn Pearce.

Handmade & Local Market at Newcastle Community Town Hall

Date and Time: Saturday, August 13 11:00 a.m. - 5:00 p.m.

Address: Clarington Clarington

SierraHandMade is hosting its third 'Handmade & Local' market featuring Clarington & Area's own locally owned small businesses on August 13th from 11AM - 5PM

We are planning free face painting, raffle prizes, free treats and lots of amazing vendors.

VENDOR SPOTS ARE FULL!

We are using the beautiful community town hall located at the busiest intersection in Newcastle on HWY 2. We will be utilizing inside, and outside.

This venue is very popular, very beautiful!

Songs of the Summer

Date and Time: Saturday, August 13 12:00 p.m. - 2:30 p.m.

Address: Port Perry Post Office, 192 Queen St Port Perry Post Office, 192 Queen St

10 Saturdays, 10 Artists — Saturdays from July 16th to September 17th enjoy Songs of the Summer across Downtown Port Perry.

The Port Perry BIA has put together an incredible lineup of local musicians to provide ambiance while you shop and stroll Queen Street. Stroll, shop, sightsee, selfie, sing along if you know the words — it's the Songs of the Summer!

Live music brought to you in partnership with Central Counties Tourism.

Learn more and see the full lineup, here: <https://discoverportperry.ca/songs-of-the-summer/>

Summer Union Cemetery Tours

Date and Time: Saturday, August 13 02:00 p.m. - 4:00 p.m.

Address: Union Cemetery, 760 King Street West Union Cemetery, 760 King Street West

Join the **Oshawa Museum** on the second **Saturday afternoon** in **May, June, July and August** to tour through Oshawa's largest cemetery, Union Cemetery. Each month, a different section or theme will be explored; Oshawa Museum guides share stories of well-known citizens and of everyday people who made Oshawa the community it is. The tours begin at 2pm at the front gates of Union Cemetery.

Led by staff of the **Oshawa Museum**, in partnership with Union Cemetery, on the **Second Saturday in May, June, July and August**: May 14, June 11, July 9, August 13; tours start at 2pm

Oshawa Union Cemetery, located at 760 King Street West. It is recommended that participants park at the nearby Oshawa Civic Recreation Complex (99 Thornton Road South) as parking at Union Cemetery is very limited (5 minute walk)

Cost: \$5/person or **free** for members of the Oshawa Historical Society.

This tour runs rain or shine!

Night-Time Laser Tag Manhunt

Date and Time: Saturday, August 13 09:30 p.m. - 11:30 p.m.

Address: 690 Taunton Road West, Oshawa, ON, L1L 0N9 690 Taunton Road West, Oshawa, ON, L1L 0N9

Ever played Laser Tag Outdoors under the Moonlight ?

Battle City in Oshawa will be offering Laser Tag Manhunt every Friday & Saturday night in July and August from 9:30pm-11-30pm.

Unlimited Play for \$29.99 + Tax Per Player.

Terms & Conditions Apply.

<https://calendar.durham.ca>